

THE HORIZONS WAY

NEWSLETTER

JANUARY
2026

Principal/Dean News

Hello Families,

As we move further into the winter season, we have several exciting and important events coming up that we'd like to share with you.

Parent-Teacher Conferences are right around the corner. These conferences are a valuable opportunity to connect with teachers, discuss student progress, and set goals for the remainder of the school year. Please be sure to sign up for a conference time.

We're also excited to host our annual Book Fair, which encourages a love of reading and supports our school programs. We hope you'll have the opportunity to visit the fair during conferences with your child and help foster their enthusiasm for books.

Thank you for your continued partnership and support. We look forward to a busy and successful winter season ahead.

MR. OLSON, Principal
MR. PULS, Dean

HFN

Horizons Family Network is a group of Horizons families and staff that come together for the common goal to support students, staff, teachers and school needs.

Next Meeting: February 9, 6:00

Email:

Horizonsfamilynetworkpto@gmail.com

Upcoming Events

- Feb 3 and 5 Conferences
- Feb 3 and 5 Book Fair
- Feb 16 No School
- Feb 27 Bing Night

Contact Info

Email:

Horizons-Elementary@aad.k12.wi.us

Phone: 920-852-5485

THE HORIZONS WAY

HOJA INFORMATIVA ENERO 2026

Noticias del director/decano

Hola familias,

A medida que nos adentramos en la temporada de invierno, tenemos varios eventos interesantes e importantes que nos gustaría compartir con ustedes.

Las reuniones de padres y maestros están a la vuelta de la esquina. Estas reuniones son una valiosa oportunidad para conectar con los profesores, hablar sobre el progreso de los estudiantes y establecer objetivos para lo que resta del año escolar. No olviden inscribirse para programar una cita.

También nos complace organizar nuestra Feria del Libro anual, que fomenta el amor por la lectura y apoya nuestros programas escolares. Esperamos que tengan la oportunidad de visitar la feria durante las reuniones con sus hijos y ayudarles a fomentar su entusiasmo por los libros.

Gracias por su continua colaboración y apoyo. Esperamos que la temporada de invierno sea muy agra y exitosa.

Sr. Ohlson, director

Sr. Puls, Decano

HFN

Horizons Family Network es un grupo de familias y personal que se unen con el objetivo común de apoyar a los estudiantes, el personal, los maestros y las necesidades escolares.

Next Meeting: 9 de febrero, 6:00

Email:

Horizonsfamilynetworkpto@gmail.com

Upcoming Events

- 3 y 5 de febrero Conferencias
- 3 y 5 de febrero feria del libro
- 16 de febrero No hay clases
- 27 de febrero Noche de bingo

Contact Info

Email:

Horizons-Elementary@aasd.k12.wi.us

Phone: 920-852-5485



APPLETON AREA SCHOOL DISTRICT OPERATIONAL REFERENDUM

REFERENDUM INFO SESSIONS

The Appleton Area School District invites all community members to attend an upcoming Referendum Information Session. Each session will feature a brief presentation explaining the April 7 operational referendum, followed by time for questions and discussion.


DATE / TIME	LOCATION
Wednesday, Feb. 4, 6:30 p.m.	Madison Middle School Auditorium 2020 S. Carpenter St.
Thursday, Feb. 5, 6:30 p.m.	Kaleidoscope Academy Commons 318 E. Brewster St.
Friday, Feb. 13, 6:30 p.m.	Einstein Middle School Auditorium 324 E. Florida Ave.
Sunday, Feb. 22, 1:00 p.m.	AASD Welcome Center 2701 North Oneida St., Suite C3
Thursday, March 12, 6:30 p.m.	Location to be determined
Sunday, March 15, 1:00 p.m.	Location to be determined
Wednesday, March 25, 6:30 p.m.	Location to be determined

These sessions are designed to share clear, factual information and help community members feel informed and prepared ahead of the spring election. **Open to all staff, families, and community residents.**

Find more info at www.aasd.k12.wi.us/referendum.

Accessibility requests should be directed to Kayla Malott at malottkayla@asd.k12.wi.us or (920)852-5300 ext. 60111 at least 24 hours before the session.





Appleton Area School District

Summer School 2026: Horizons Elementary

June 9 – July 3 (No classes on June 19)

Daily Schedule

8:00–8:30 AM — Free Breakfast
 8:30–11:30 AM — Summer School Classes
 11:30 AM–12:00 PM — Free Lunch
 11:30 AM–5:30 PM — YMCA after care: to enroll, schoolage@ymcafoxcities.org

Contacts

School Site Coordinator: Pam West • westpamela@asds.k12.wi.us
Coordination Specialist: Karrie Kadolph • kadolphkarrie@asds.k12.wi.us
Summer School Director: Todd Kadolph • kadolphtodd@asds.k12.wi.us
Summer School Office: (920) 852-5332

Registration Details

Current AASD Students & Returning Private School Students

- Families will receive an email or message on the parent portal on **April 13** with assigned summer school site access.
- Enrollment will be open to the school the student will attend the next school year.
- Private school students will have access to their previous summer school site.
- To request a different site, please contact kadolphkarrie@asds.k12.wi.us or call (920) 852-5332.

New Private School Students

- Families should complete the registration form on the next page and return to the school you'd like the student to attend.

Course Registration Opens: April 20

- Families register through the **Infinite Campus Parent Portal:** <https://portal.asds.k12.wi.us>
- Student's finalized schedules and fees will also be available for viewing in the Portal within one week after registering the student.
- Fees may be paid online, also through the portal.
- Online registration will close on June 1st; however, registration forms may be dropped off at the school site after that time.

Need help logging in? Contact the Helpdesk: helpdesk@asds.k12.wi.us • (920) 852-5555 ext. 63159.

Class Offerings

Students should enroll in classes for the grade they will enter next fall.

8:30AM - 9:30AM Class (grade next fall)	9:30AM – 10:30AM Class (grade next fall)	10:30AM – 11:30AM Class (grade next fall)
Marvelous Math Minds (3)	Marvelous Math Minds (4-6)	Marvelous Math Minds (2)
Reading Adventures (2)	Reading Adventures (3)	Reading Adventures (4-6)
Curiosity Quest(2-4)	Little Scientists Lab (2-4)	STEM Innovators Challenge (3-6)
Crafty Kids Art Lab (2-3)	Jewels & Craft Creation (2-3)	Creative Craft Studio (4-6)
Gym & Playground Games (4-6)	Gym & Playground Games (2-3)	Teamwork & Games (2-6)
Tasty Travel Adventures (3-6)	Tasty Travel Adventures (3-6)	Stories & Snack-Time Fun (2-3)
Board Game Bonanza (2-5)	Home Alone Heroes (4-6)	Around-the-World Adventures (2-4)
Page-to-Performance Club (3-6)	Page-to-Performance Club (3-6)	Pom Dance (3-5)
Countdown to Kindergarten (entering 5K in the fall) (\$15) 8:30-11:30		
First Grade Bound (entering 1 st Grade in the fall) (\$15) 8:30-11:30		

Summer classes do not implement IEP services per WI DPI: <https://www.asds.k12.wi.us/programs-services/services/special-education/current-families/summer-school-participation-for-students-with-disabilities>



Appleton Area School District

Summer School 2026: Madison Middle

June 9 – July 3 (No classes on June 19)

Daily Schedule

8:15–8:45 AM — Free Breakfast
 8:45–11:45 AM — Summer School Classes
 11:45 AM–12:15 PM — Free Lunch
 11:45 AM–5:30 PM — Boys & Girls Club Program: to enroll, <https://www.bgclubfoxvalley.org/appleton/>

Contacts

School Site Coordinator: Tony Sonetti • sonettiantony@aasd.k12.wi.us
Coordination Specialist: Karrie Kadolph • kadolphkarrie@aasd.k12.wi.us
Summer School Director: Todd Kadolph • kadolphtodd@aasd.k12.wi.us
Summer School Office: (920) 852-5332

Registration Details

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Class Offerings

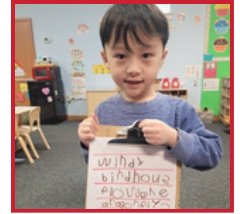
Students should enroll in classes for the grade they will enter next fall.

8:45AM - 9:45AM Class (grade next fall)	9:45AM – 10:45AM Class (grade next fall)	10:45AM – 11:45AM Class (grade next fall)
Math Reinforcement (7)	Math Reinforcement (6)	Math Reinforcement (8-9)
English Language Arts (8-9)	English Language Arts (7)	English Language Arts (6)
Middle School 101 (6)	Middle School 101 (6)	Middle School 101 (6)
Cooking (6-9)	Cooking (6-9)	Cooking (6-9)
Weave, Knot & Stitch (6-9)	Art Studio (6-9)	Let's Get Crafting! (6-9)
Summer STEM Lab (6-9)	Summer STEM Lab (6-9)	Summer STEM Lab (6-9)
Mystery Science (6-9)	Rocket Building & Launch Lab (6-9)	Rocket Building & Launch Lab (6-9)
Volleyball (6-9)	Gym & Outdoor Games (6-9)	Gym & Outdoor Games (6-9)
Fitness Fun & Circuits (6-9)	Fitness Fun & Circuits (6-9)	Sports Science (6-9)
Authors & Actors (6-9)	Forensics- Speech and Debate (6-9)	Authors & Actors (6-9)
Math Puzzles & Brain Games (6-9)	Mindful Moves(6-9)	Life Hacks: Skills for Everyday Living (6-9)
Video Game Design (6-9)	Video Game Design (6-9)	Video Game Design (6-9)
Kindness Crew: Leadership & Service (6-9)	Board Game Builders (6-9)	Kindness Crew: Leadership & Service (6-9)
Group Drumming & Gamelan Experience (6-9)	Keyboards, Boomwhackers & Handbells (6-9)	Ukulele & Guitar Jam (6-9)

Summer classes do not implement IEP services per WI DPI: <https://www.aasd.k12.wi.us/programs-services/services/special-education/current-families/summer-school-participation-for-students-with-disabilities>

*Do you know a child who will be 4 years old
on or before September 1st?*

APPLETON COMMUNITY 4K ENROLLMENT BEGINS ON FEBRUARY 9, 2026!



Why Appleton Community 4K?

- District-aligned curriculum for a seamless transition to kindergarten
- Highly qualified, 4-year-degree licensed teachers
- Morning, afternoon, and extended day classes
- 4-Day and 5-Day options
- Childcare available before and after classes at many locations
- Access to individualized supports for student success and early intervention

Appleton Community 4K builds a lifelong love of learning through creativity, curiosity, problem-solving, and exploration.

Our students learn through purposeful play guided by highly qualified teachers who engage in ongoing professional development. We embrace well-established research that play allows young learners to make connections and solidify newly learned skills. We carefully monitor and measure student growth, and our results consistently demonstrate that we meet or exceed the widely held expectations for 4K students. Aligned with the AASD Kindergarten curriculum, our curriculum includes early literacy, math, and social-emotional learning, such as kindness, making friends, and playing together.

We meet students with the skills they have when they arrive in 4K and use a positive, engaging classroom to build a lifelong love of learning through creativity, curiosity, problem-solving, and exploration.

2026-27 4K enrollment begins on February 9, 2026, at [4k.aasd.k12.wi.us!](https://4k.aasd.k12.wi.us)



Find more information here!
¡Encuentra más información aquí!
Yog koj xav paub ntxiv txog kev kawm
ntawv hauv 4K mus ntawm no!



HEALTH SERVICES * P.O. Box 2019, Appleton, WI 54911 * 920-852-5344

Healthy Sleep



Like eating well and being physically active, getting a good night's sleep is essential to the well-being of students and staff. A number of vital tasks carried out during sleep help maintain good health and enable people to function at their best. Not getting enough sleep can be dangerous and contribute to poor health.

Both the amount and quality of sleep affect how well people learn and remember as well as perform tasks like problem-solving and staying focused. Insufficient sleep causes people to be irritable and adversely affects behavior. Poor quality sleep on a regular basis increases the risk of having high blood pressure, obesity, heart disease, and other medical conditions.

Here is the CDC's recommended hours of sleep:

Preschool	3–5 years	10–13 hours per 24 hours (including naps)
School Age	6–12 years	9–12 hours per 24 hours
Teen	13–18 years	8–10 hours per 24 hours
Adult	18–60 years	7 or more hours per night
	61–64 years	7–9 hours
	65 years and older	7–8 hours

Here are some of their suggestions to improve sleep health:

- Be consistent. Go to bed at the same time each night and get up at the same time each morning, including on the weekends
- Make sure your bedroom is quiet, dark, relaxing, and at a comfortable temperature
- Remove electronic devices, such as TVs, computers, and smartphones, from the bedroom
- Avoid large meals, caffeine, and alcohol before bedtime
- Get some exercise. Being physically active during the day can help you fall asleep more easily at night.

HEALTH SERVICES * P.O. Box 2019, Appleton, WI 54911 * 920-852-5344

Sueño saludable



Al igual que alimentarse bien y mantenerse físicamente activo, dormir bien por la noche es esencial para el bienestar de los estudiantes y el personal. Durante el sueño se llevan a cabo numerosas funciones vitales que ayudan a mantener una buena salud y permiten que las personas rindan al máximo. No dormir lo suficiente puede ser peligroso y contribuir a una mala salud.

Tanto la cantidad como la calidad del sueño afectan qué tan bien las personas aprenden y recuerdan, así como su desempeño en tareas como la resolución de problemas y la capacidad de mantenerse enfocados. La falta de sueño provoca irritabilidad y afecta negativamente el comportamiento. Dormir mal con regularidad aumenta el riesgo de presión arterial alta, obesidad, enfermedades cardíacas y otras condiciones médicas.

Aquí están las horas de sueño recomendadas por los CDC:

Preescolar	3–5 años	10–13 horas por cada 24 horas (incluyendo siestas)
Edad escolar	6–12 años	9–12 horas por cada 24 horas
Adolescentes	13–18 años	8–10 horas por cada 24 horas
Adultos	18–60 años	7 o más horas por noche
	61–64 años	7–9 horas
	65 años en adelante	7–8 horas

Aquí hay algunas de sus sugerencias para mejorar la salud del sueño:

- Sea constante. Acuéstese a la misma hora todas las noches y levántese a la misma hora cada mañana, incluso los fines de semana.
- Asegúrese de que su dormitorio sea silencioso, oscuro, relajante y tenga una temperatura cómoda.
- Retire los dispositivos electrónicos, como televisores, computadoras y teléfonos inteligentes, del dormitorio.
- Evite comidas abundantes, cafeína y alcohol antes de acostarse.
- Haga algo de ejercicio. Mantenerse físicamente activo durante el día puede ayudarle a conciliar el sueño más fácilmente por la noche.

WHAT SHOULD I WEAR TO RECESS

LABEL ALL ITEMS TO ENSURE EASY RETURN IF LOST

If the "feels like" temperature is...

You should be wearing...

This looks like...

32 degrees and below

Must have all 3 things: Jacket, hat and mittens/gloves

If there is snow-
You need snow pants and boots to leave the blacktop



33 - 44 degrees

Must have an outer layer with a zipper.

If there is snow on the ground, must have snow pants and boots to leave the blacktop



45 degrees and above

Wear a sweatshirt or light jacket if you are chilly, you will not be able to go back inside to get one if you are cold.



LO QUE DEBO USAR EN EL RECREO

PONGA EL NOMBRE DEL ALUMNO EN CADA ARTÍCULO, POR SI SE
PIERDE, ASEGURARUNA FÁCIL DEVOLUCIÓN

Si la sensación térmica es
de...

Tú debes usar...

Así es como se ve ...

<p>0° centígrados o menos</p>	<p>Debes usar las tres cosas: Chamarra, gorro y guantes</p> <hr/> <p>Si hay nieve - Debes usar pantalones y botas para nieve para salir del asfalto (<i>blacktop</i>)</p>	 <p>if snow</p>
<p>1° - 6° Centígrados</p>	<p>Debes usar una capa exterior con cierre (cremallera)</p> <hr/> <p>Si hay nieve en suelo, debes usar pantalones y botas para nieve para salir del asfalto.</p>	
<p>Por encima de 7° centígrados</p>	<p>Usar sudadera o chamarra ligera. Si no usas cualquiera de las dos opciones y sientes frío, no podrás regresar adentro para traer una.</p>	

Success for
Every Student,
Every Day



Project ADAM
SAVES LIVES

Heart Safe School Designation Letter to School Community

Dear Community,

Horizons Elementary School is pleased to inform you that we have joined a community effort to implement a sustainable and comprehensive CPR and AED program. This decision is the result of our wish to make our buildings safe for our students, visitors and employees.

Sudden Cardiac Arrest (SCA) occurs when the heart suddenly and unexpectedly stops beating, cutting off blood flow to the brain and other vital organs. SCA is fatal if not treated immediately. Having access to an AED as well as having a written plan and a team of CPR/AED-trained staff ready to act in an emergency can save the life of someone suffering a SCA during those critical first few minutes. Through our cooperative efforts with **Project ADAM** and **Children's Hospital of Wisconsin**, we have joined hundreds of schools throughout the state of Wisconsin and beyond in preparing our school for a life-threatening emergency. This program enables us to offer any person who may experience a Sudden Cardiac Arrest during regular school hours, the best chance for survival.

Horizons currently has an AED in the building. The AED is stored in a wall cabinet. When the cabinet door is opened, a loud alarm will sound. This alerts everyone that there is a potential emergency. Our school has a maintenance plan in place for the units. The AEDs are designed to work effectively unless they are tampered with. Additionally, the AED will not shock a person unless it detects a shockable rhythm (ventricular fibrillation).

Staff has been trained to assist with an emergency during regular school hours. After school hours and during the summer, this is a Public Access Defibrillation (PAD) program. If you suspect someone is experiencing a Sudden Cardiac Arrest, please feel free to use the equipment at our school. Good Samaritan laws protect the layperson in a life-saving attempt, although we recommend becoming trained in CPR/AED use as an investment in your health and the health of others. Our local Emergency Medical Services and AASD Medical Director are aware of our procedures for the program.

"Project ADAM is a national, non-profit organization committed to saving lives through advocacy, education, preparedness and collaboration to prevent sudden cardiac death. Our affiliate programs improve the cardiac chain of survival in schools and communities in memory of Adam Lemel, a 17-year-old Whitefish Bay, WI, high school student who collapsed and died while playing basketball at school."

Many thanks for your participation in this important Heart Safe initiative in our school. To see our school on the Project ADAM map, visit www.projectadamwi.com.

Sincerely,

AASD District Nursing Staff