



Flag Football Information:

Cost: \$195 per player

Registration details:

Registration deadline March 15th

Coach/ player request available on registration form

(We will try to honor all requests, but no guarantees can be made)

Teams:

- Pee wee: K^t-2nd grade
- 89er: 3rd-4th grade
- Junior: 5th-6th grade
- Senior: 7th-8th grade
- *NEW* Highschool (all grades)

Pee wees will play 5v5

89er, juniors, seniors and up will play 7v7

Flag Football Rules:

USA Flag Football 7v7 rules will be applied to all levels with a few exceptions for the pee wee level

SPJFA will provide:

- Flag Football belts
- Footballs
- Jerseys and shorts are included in registration cost

Parent requirements:

- Mouth guards- must be worn during practice and games
- Metal cleats are not allowed on the fields

Practice Information:

Practices will be held on Thursdays

Location:

Lake Stevens Community Park
1601 N Machias Road
Lake Stevens, WA 98258

Dates and times:

3/26/2026

4/9/2026

4/16/2026

4/23/2026

4/30/2026

5/7/2026

5/14/2026

*All practices at 5pm

Game Information:

Games will be held on Sundays

Game dates:

3/29/2026

4/12/2026

4/19/2026

4/26/2026

5/3/2026

5/10/2026

5/17/2026 - Championship weekend

May be several games

Game locations:

Lake Stevens Community Park

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