



Zionsville Pre-K Menu

(Pleasant View, Stonegate, Trailside)

2025-2026

Students may take 3-5 components to make a meal.

Components are: Entrée (Meat/Meat Alternate and Grain) 1-2 Vegetables, 1-2 Fruits, and a Milk. All meals must include at least 1 Fruit or Vegetable.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2	3	4	5	6
Choice of 1 Entrée: <ul style="list-style-type: none"> • Rotini in Meat Sauce ^{EW}/ Garlic Toast ^{MSW} • Fruit & Yogurt Parfait ^{MSW} • Protein Pack w/String Cheese ^M and Sunflower Seeds ^{GF} • Bagel ^w and Yogurt ^M w/Sunflower Seeds • PB&J Sandwich ^{PW} Steamed Broccoli Mandarin Oranges 1% White Milk ^M	Choice of 1 Entrée: <ul style="list-style-type: none"> • Chicken Poppers ^{MSW} w/ Biscuit ^{MW} • Fruit & Yogurt Parfait ^{MSW} • Protein Pack w/String Cheese ^M and Sunflower Seeds ^{GF} • Bagel ^w and Yogurt ^M w/Sunflower Seeds • PB&J Sandwich ^{PW} Mashed Potatoes Peaches 1% White Milk ^M	Choice of 1 Entrée: <ul style="list-style-type: none"> • Corn Dog Nuggets ^{SWE} • Grilled Cheese ^{MSW} • Protein Pack w/String Cheese ^M and Sunflower Seeds ^{GF} • Bagel ^w and Yogurt ^M w/Sunflower Seeds • PB&J Sandwich ^{PW} BBQ Baked Beans Applesauce 1% White Milk ^M	Choice of 1 Entrée: <ul style="list-style-type: none"> • French Toast Sticks ^{MESW} • w/Pork Sausage • Grilled Cheese ^{MSW} • Protein Pack w/String Cheese ^M and Sunflower Seeds ^{GF} • Bagel ^w and Yogurt ^M w/Sunflower Seeds • PB&J Sandwich ^{PW} Tri-Taters Apple Slices 1% White Milk ^M	Choice of 1 Entrée: <ul style="list-style-type: none"> • Deep Dish Pizza ^{MSW} • Grilled Cheese ^{MSW} • Protein Pack w/String Cheese ^M and Sunflower Seeds ^{GF} • Bagel ^w and Yogurt ^M w/Sunflower Seeds • PB&J Sandwich ^{PW} Baby Carrots Fruit Cocktails 1% White Milk ^M
9	10	11	12	13
Choice of 1 Entrée: <ul style="list-style-type: none"> • All Beef Hot Dog on Bun ^W • Fruit & Yogurt Parfait ^{MSW} • Protein Pack w/String Cheese ^M and Sunflower Seeds ^{GF} • Bagel ^w and Yogurt ^M w/Sunflower Seeds • PB&J Sandwich ^{PW} BBQ Baked Beans Mandarin Oranges 1% White Milk ^M	Choice of 1 Entrée: <ul style="list-style-type: none"> • Pizza Cheese Crunchers ^{MW} • Fruit & Yogurt Parfait ^{MSW} • Protein Pack w/String Cheese ^M and Sunflower Seeds ^{GF} • Bagel ^w and Yogurt ^M w/Sunflower Seeds • PB&J Sandwich ^{PW} Steamed Carrots Fruit Cocktail 1% White Milk ^M	Choice of 1 Entrée: <ul style="list-style-type: none"> • All Beef Cheeseburger ^{MS} or Hamburger on Bun ^W • Grilled Cheese ^{MSW} • Protein Pack w/String Cheese ^M and Sunflower Seeds ^{GF} • Bagel ^w and Yogurt ^M w/Sunflower Seeds • PB&J Sandwich ^{PW} Steamed Corn Pears 1% White Milk ^M	Choice of 1 Entrée: <ul style="list-style-type: none"> • Chicken Nuggets ^{MSW} w/ Corn Muffin ^{MEW} • Grilled Cheese ^{MSW} • Protein Pack w/String Cheese ^M and Sunflower Seeds ^{GF} • PB&J Sandwich ^{PW} Green Beans Apple Slices 1% White Milk ^M	Choice of 1 Entrée: <ul style="list-style-type: none"> • Cereal Bowl ^{VARIES} w/Pork Sausage Patty • Grilled Cheese ^{MSW} • Protein Pack w/String Cheese ^M and Sunflower Seeds ^{GF} • PB&J Sandwich ^{PW} Tri-Taters Peaches 1% White Milk ^M

Allergen Legend:

W – Contains Wheat	SF – Contains Shellfish
S – Contains Soy	T – Contains Tree Nuts
M – Contains Milk/Dairy	P – Contains Peanuts
E – Contains Eggs	F – Contains Fish
SS – Contains Sesame	

GF – Naturally Gluten Free (Packaged in kitchens that prepare items containing gluten.)
 Please speak with your school's café manager to obtain a Special Dietary Needs Medical Form if your child requires a special menu or meal modification due to a disability or impairment.

Pricing

1 Student Lunch	\$2.65
1 Student Reduced Lunch	\$0.40
Adult Purchases	A la Carte
Milk	\$0.65

Additional items beyond the first meal are charged as a la carte.

16	17	18	19	20
FEBRUARY BREAK - NO SCHOOL				
23	24	25	26	27
<p>Choice of 1 Entrée:</p> <ul style="list-style-type: none"> Bosco Bread Sticks^{MW} Fruit & Yogurt Parfait^{MSW} Protein Pack w/String Cheese^M and Sunflower Seeds^{GF} PB&J Sandwich^{PW} <p style="text-align: center;">Steamed Corn Mandarin Oranges 1% White Milk^M</p>	<p>Choice of 1 Entrée:</p> <ul style="list-style-type: none"> Waffles^{MESW} w/Cheese Omelet^{ME} Fruit & Yogurt Parfait^{MSW} Protein Pack w/String Cheese^M and Sunflower Seeds^{GF} PB&J Sandwich^{PW} <p style="text-align: center;">Emoticons Peaches 1% White Milk^M</p>	<p>Choice of 1 Entrée:</p> <ul style="list-style-type: none"> Breaded Chicken Sandwich^{MSW} on Bun^W Grilled Cheese^{MSW} Protein Pack w/String Cheese^M and Sunflower Seeds^{GF} Bagel^w and Yogurt^M w/Sunflower Seeds PB&J Sandwich^{PW} <p style="text-align: center;">Steamed Peas and Carrots Pears 1% White Milk^M</p>	<p>Choice of 1 Entrée:</p> <ul style="list-style-type: none"> Walking Taco Grilled Cheese^{MSW} Protein Pack w/String Cheese^M and Sunflower Seeds^{GF} Bagel^w and Yogurt^M w/Sunflower Seeds PB&J Sandwich^{PW} <p style="text-align: center;">Baby Carrots Apple Slices 1% White Milk^M</p>	<p>Choice of 1 Entrée:</p> <ul style="list-style-type: none"> 4X6 Pizza^{MW} Grilled Cheese^{MSW} Protein Pack w/String Cheese^M and Sunflower Seeds^{GF} Bagel^w and Yogurt^M w/Sunflower Seeds PB&J Sandwich^{PW} <p style="text-align: center;">Cucumber Slices Pineapple 1% White Milk^M</p>

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Visit the Food Service link at www.zcs.k12.in.us where you will find info on:

- Contact names
- Meal assistance
- Nutritional / allergen information
- Cafeteria pricing
- School Pay and More

} You can also learn about our **ZCS Family Portal** where you can view current balances, food purchase histories and **MORE!** {