



Zionsville Pre-K Menu

(Boone Meadow, Eagle, Union)

2025-2026

Students may take 3-5 components to make a meal.

Components are: Entrée (Meat/Meat Alternate and Grain) 1-2 Vegetables, 1-2 Fruits, and a Milk. All meals must include at least 1 Fruit or Vegetable.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<h2 style="margin: 0;">INTERNATIONAL MENU</h2>				
2	3	4	5	6
<p>Choice of 1 Entrée:</p> <ul style="list-style-type: none"> • Corn Dog Nuggets ^{SWE} • Fruit & Yogurt Parfait ^{MSW} • Protein Pack w/String Cheese ^M and Sunflower Seeds ^{GF} • Bagel ^w and Yogurt ^M w/Sunflower Seeds • PB&J Sandwich ^{PW} <p style="text-align: center;">Green Beans Applesauce 1% White Milk ^M</p>	<p style="text-align: center;">China</p> <p>Choice of 1 Entrée:</p> <ul style="list-style-type: none"> • Potstickers (Dumplings) ^{SW} ^{SS} w/ Fried Rice ^{SW} ^{SS} • Fruit & Yogurt Parfait ^{MSW} • Protein Pack w/String Cheese ^M and Sunflower Seeds ^{GF} • Bagel ^w and Yogurt ^M w/Sunflower Seeds • PB&J Sandwich ^{PW} <p style="text-align: center;">Steamed Broccoli Mandarin Oranges 1% White Milk ^M</p>	<p style="text-align: center;">Latin America</p> <p>Choice of 1 Entrée:</p> <ul style="list-style-type: none"> • Chicken Flauta ^{MW} w/ Plantains • Grilled Cheese ^{MSW} • Protein Pack w/String Cheese ^M and Sunflower Seeds ^{GF} • Bagel ^w and Yogurt ^M w/Sunflower Seeds • PB&J Sandwich ^{PW} <p style="text-align: center;">Fiesta Black Beans Peaches 1% White Milk ^M</p>	<p>Choice of 1 Entrée:</p> <ul style="list-style-type: none"> • Deep Dish Pizza ^{MSW} • Grilled Cheese ^{MSW} • Protein Pack w/String Cheese ^M and Sunflower Seeds ^{GF} • Bagel ^w and Yogurt ^M w/Sunflower Seeds • PB&J Sandwich ^{PW} <p style="text-align: center;">Steamed Corn Apple Slices 1% White Milk ^M</p>	<p style="text-align: center;">Germany</p> <p>Choice of 1 Entrée:</p> <ul style="list-style-type: none"> • Soft Pretzel ^w w/ Cheese ^M • Grilled Cheese ^{MSW} • Protein Pack w/String Cheese ^M and Sunflower Seeds ^{GF} • Bagel ^w and Yogurt ^M w/Sunflower Seeds • PB&J Sandwich ^{PW} <p style="text-align: center;">Baby Carrots Fruit Cocktail 1% White Milk ^M</p>
9	10	11	12	13
<p>Choice of 1 Entrée:</p> <ul style="list-style-type: none"> • Rotini in Meat Sauce ^{EW} w/ Garlic Toast ^{MSW} • Fruit & Yogurt Parfait ^{MSW} • Protein Pack w/String Cheese ^M and Sunflower Seeds ^{GF} • Bagel ^w and Yogurt ^M w/Sunflower Seeds • PB&J Sandwich ^{PW} <p style="text-align: center;">Steamed Broccoli Mandarin Oranges 1% White Milk ^M</p>	<p>Choice of 1 Entrée:</p> <ul style="list-style-type: none"> • Pizza Cheese Crunchers ^{MW} • Fruit & Yogurt Parfait ^{MSW} • Protein Pack w/String Cheese ^M and Sunflower Seeds ^{GF} • Bagel ^w and Yogurt ^M w/Sunflower Seeds • PB&J Sandwich ^{PW} <p style="text-align: center;">Steamed Carrots Fruit Cocktail 1% White Milk ^M</p>	<p>Choice of 1 Entrée:</p> <ul style="list-style-type: none"> • All Beef Cheeseburger ^{MS} or Hamburger on Bun ^W • Grilled Cheese ^{MSW} • Protein Pack w/String Cheese ^M and Sunflower Seeds ^{GF} • Bagel ^w and Yogurt ^M w/Sunflower Seeds • PB&J Sandwich ^{PW} <p style="text-align: center;">BBQ Baked Beans Pears 1% White Milk ^M</p>	<p>Choice of 1 Entrée:</p> <ul style="list-style-type: none"> • Chicken Nuggets ^{MSW} w/ Corn Muffin ^{MEW} • Grilled Cheese ^{MSW} • Protein Pack w/String Cheese ^M and Sunflower Seeds ^{GF} • PB&J Sandwich ^{PW} <p style="text-align: center;">Green Beans Pineapple 1% White Milk ^M</p>	<p>Choice of 1 Entrée:</p> <ul style="list-style-type: none"> • Cereal Bowl ^{VARIES} w/Pork Sausage Patty • Grilled Cheese ^{MSW} • Protein Pack w/String Cheese ^M and Sunflower Seeds ^{GF} • PB&J Sandwich ^{PW} <p style="text-align: center;">Tri-Taters Peaches 1% White Milk ^M</p>

Allergen Legend:

W – Contains Wheat	SF – Contains Shellfish
S – Contains Soy	T – Contains Tree Nuts
M – Contains Milk/Dairy	P – Contains Peanuts
E – Contains Eggs	F – Contains Fish
SS – Contains Sesame	

GF – Naturally Gluten Free (Packaged in kitchens that prepare items containing gluten.)
Please speak with your school's café manager to obtain a Special Dietary Needs Medical Form if your child requires a special menu or meal modification due to a disability or impairment.

Pricing

1 Student Lunch	\$2.65
1 Student Reduced Lunch	\$0.40
Adult Purchases	A la Carte
Milk	\$0.65

Additional items beyond the first meal are charged as a la carte.

16	17	18	19	20
FEBRUARY BREAK - NO SCHOOL				
23	24	25	26	27
<p>Choice of 1 Entrée:</p> <ul style="list-style-type: none"> All Beef Hot Dog on Bun ^W Fruit & Yogurt Parfait ^{MSW} Protein Pack w/String Cheese ^M and Sunflower Seeds ^{GF} PB&J Sandwich ^{PW} <p>BBQ Baked Beans Mandarin Oranges 1% White Milk ^M</p>	<p>Choice of 1 Entrée:</p> <ul style="list-style-type: none"> Waffles ^{MESW} w/Cheese Omelet ^{ME} Fruit & Yogurt Parfait ^{MSW} Protein Pack w/String Cheese ^M and Sunflower Seeds ^{GF} PB&J Sandwich ^{PW} <p>Emoticons Peaches 1% White Milk ^M</p>	<p>Choice of 1 Entrée:</p> <ul style="list-style-type: none"> Breaded Chicken Sandwich ^{MSW} on Bun ^W Grilled Cheese ^{MSW} Protein Pack w/String Cheese ^M and Sunflower Seeds ^{GF} Bagel ^w and Yogurt ^M w/Sunflower Seeds PB&J Sandwich ^{PW} <p>Steamed Corn Pears 1% White Milk ^M</p>	<p>Choice of 1 Entrée:</p> <ul style="list-style-type: none"> Walking Taco Grilled Cheese ^{MSW} Protein Pack w/String Cheese ^M and Sunflower Seeds ^{GF} Bagel ^w and Yogurt ^M w/Sunflower Seeds PB&J Sandwich ^{PW} <p>Cucumber Slices Applesauce 1% White Milk ^M</p>	<p>Choice of 1 Entrée:</p> <ul style="list-style-type: none"> 4X6 Pizza ^{MW} Grilled Cheese ^{MSW} Protein Pack w/String Cheese ^M and Sunflower Seeds ^{GF} Bagel ^w and Yogurt ^M w/Sunflower Seeds PB&J Sandwich ^{PW} <p>Cherry Tomatoes Apple Slices 1% White Milk ^M</p>

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Visit the Food Service link at www.zcs.k12.in.us where you will find info on:

- Contact names
- Meal assistance
- Nutritional / allergen information
- Cafeteria pricing
- School Pay and More

> You can also learn about our ZCS Family Portal where you can view current balances, food purchase histories and MORE! <