Zionsville Elementary School Menu
(Pleasant View, Trailside, Stonegate)
2025-2026

Students may take 3-5 components to make a meal.
Components are: Entrée (Meat/Meat Alternate and Grain) 1-2 Vegetables,
1-2 Fruits, and a Milk. All meals must include at least 1 Fruit or Vegetable.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 Choice of 1 Entrée: • Rotini in Meat Sauce EW w/ Garlic Toast MSW • Fruit & Yogurt Parfait MSW • Protein Pack w/String Cheese M and Sunflower Seeds GF • Bagel w and Yogurt M w/Sunflower Seeds • PB&J Sandwich PW Choice of 1 or 2 Vegetables: • Steamed Broccoli • 100% Vegetable Juice • Salsa Cups Choice of 1 or 2 Fruits: • Mandarin Oranges • Dried Fruits • 100% Fruit Juice Choice of 1 Milk: • Milk Variety M	**3** Choice of 1 Entrée: • Chicken Poppers MSW w/ Biscuit MW • Fruit & Yogurt Parfait MSW • Protein Pack w/String Cheese M and Sunflower Seeds GF • Bagel w and Yogurt M w/Sunflower Seeds • PB&J Sandwich PW Choice of 1 or 2 Vegetables: • Mashed Potatoes M • 100% Vegetable Juice • Salsa Cups Choice of 1 or 2 Fruits: • Peaches • Dried Fruits • 100% Fruit Juice Choice of 1 Milk: • Milk Variety M	**4** Choice of 1 Entrée: • Corn Dog Nuggets SWE • Grilled Cheese MSW • Protein Pack w/String Cheese M and Sunflower Seeds GF • Bagel w and Yogurt M w/Sunflower Seeds • PB&J Sandwich PW Choice of 1 or 2 Vegetables: • BBQ Baked Beans • Assorted Fresh Vegetables • Mixed Greens Salad • Salsa Cups Choice of 1 or 2 Fruits: • Applesauce • Assorted Fresh Fruits • Dried Fruits Choice of 1 Milk: • Milk Variety M	**5** Choice of 1 Entrée: • French Toast Sticks MESW w/Pork Sausage • Grilled Cheese MSW • Protein Pack w/String Cheese M and Sunflower Seeds GF • Bagel w and Yogurt M w/Sunflower Seeds • PB&J Sandwich PW Choice of 1 or 2 Vegetables: • Tri-Taters • Assorted Fresh Vegetables • Mixed Greens Salad • Salsa Cups Choice of 1 or 2 Fruits: • Pears • Assorted Fresh Fruits • Dried Fruits Choice of 1 Milk: • Milk Variety M	**6** Choice of 1 Entrée: • Deep Dish Pizza MSW • Grilled Cheese MSW • Protein Pack w/String Cheese M and Sunflower Seeds GF • Bagel w and Yogurt M w/Sunflower Seeds • PB&J Sandwich PW Choice of 1 or 2 Vegetables: • Green Beans • Assorted Fresh Vegetables • Mixed Greens Salad • Salsa Cups Choice of 1 or 2 Fruits: • Fruit Cocktail • Assorted Fresh Fruits • Dried Fruits Choice of 1 Milk: • Milk Variety M
9 Choice of 1 Entrée: • All Beef Hot Dog on Bun W • Fruit & Yogurt Parfait MSW • Protein Pack w/String Cheese M and Sunflower Seeds GF • Bagel w and Yogurt M w/Sunflower Seeds • PB&J Sandwich PW Choice of 1 or 2 Vegetables: • BBQ Baked Beans • 100% Vegetable Juice • Salsa Cups Choice of 1 or 2 Fruits: • Mandarin Oranges • Dried Fruits • 100% Fruit Juice Choice of 1 Milk: • Milk Variety M	**10** Choice of 1 Entrée: • Pizza Cheese Crunchers MW • Fruit & Yogurt Parfait MSW • Protein Pack w/String Cheese M and Sunflower Seeds GF • Bagel w and Yogurt M w/Sunflower Seeds • PB&J Sandwich PW Choice of 1 or 2 Vegetables: • Steamed Carrots • 100% Vegetable Juice • Salsa Cups Choice of 1 or 2 Fruits: • Fruit Cocktail • 100% Fruit Juice Slushie • Dried Fruits Choice of 1 Milk: • Milk Variety M	**11** Choice of 1 Entrée: • All Beef Cheeseburger MS or Hamburger on Bun W • Grilled Cheese MSW • Protein Pack w/String Cheese M and Sunflower Seeds GF • Bagel w and Yogurt M w/Sunflower Seeds • PB&J Sandwich PW Choice of 1 or 2 Vegetables: • Steamed Corn • Relish Boats • Assorted Fresh Vegetables • Mixed Greens Salad • Salsa Cups Choice of 1 or 2 Fruits: • Pears • Assorted Fresh Fruits • Dried Fruits Choice of 1 Milk: • Milk Variety M	**12** Choice of 1 Entrée: • Chicken Nuggets MSW w/ Corn Muffin MEW • Grilled Cheese MSW • Protein Pack w/String Cheese M and Sunflower Seeds GF • PB&J Sandwich PW Choice of 1 or 2 Vegetables: • Green Beans • Assorted Fresh Vegetables • Mixed Green Salad • Salsa Cups Choice of 1 or 2 Fruits: • Pineapple • Assorted Fresh Fruits • Dried Fruits Choice of 1 Milk: • Milk Variety M	**13** Choice of 1 Entrée: • Cereal Bowl VARIES w/Pork Sausage Patty • Grilled Cheese MSW • Protein Pack w/String Cheese M and Sunflower Seeds GF • PB&J Sandwich PW Choice of 1 or 2 Vegetables: • Tri-Taters • Assorted Vegetables • Salsa Cups Choice of 1 or 2 Fruits: • Peaches • Assorted Fruits • Dried Fruits Choice of 1 Milk: • Milk Variety M

Allergen Legend:

W – Contains Wheat
S – Contains Soy
M – Contains Milk/Dairy
E – Contains Eggs
SS – Contains Sesame

SF – Contains Shellfish
T – Contains Tree Nuts
P – Contains Peanuts
F – Contains Fish

GF – Naturally Gluten Free (Packaged in kitchens that prepare items containing gluten.)
Please speak with your school's café manager to obtain a Special Dietary Needs Medical Form if your child requires a special menu or meal modification due to a disability or impairment.

Pricing

1 Student Lunch	$2.65
1 Student Reduced Lunch	$0.40
Adult Purchases	A la Carte
Milk	$0.65

Additional items beyond the first meal are charged as a la carte.

This institution is an equal opportunity provider.

16	17	18	19	20

FEBRUARY BREAK ~ NO SCHOOL

23	24	25	26	27

23

Choice of 1 Entrée:
- Bosco Bread Sticks MW
- Fruit & Yogurt Parfait MSW
- Protein Pack w/String Cheese M and Sunflower Seeds GF
- PB&J Sandwich PW

Choice of 1 or 2 Vegetables:
- Steamed Corn
- 100% Vegetable Juice
- Salsa Cups

Choice of 1 or 2 Fruits:
- Mandarin Oranges
- Dried Fruits
- 100% Fruit Juice

Choice of 1 Milk:
- Milk Variety M

24

Choice of 1 Entrée:
- Waffles MESW w/Cheese Omelet ME
- Fruit & Yogurt Parfait MSW
- Protein Pack w/String Cheese M and Sunflower Seeds GF
- PB&J Sandwich PW

Choice of 1 or 2 Vegetables:
- Emoticons
- 100% Vegetable Juice
- Salsa Cups

Choice of 1 or 2 Fruits:
- Peaches
- Dried Fruits
- 100% Fruit Juice

Choice of 1 Milk:
- Milk Variety M

25

Choice of 1 Entrée:
- Breaded Chicken Sandwich MSW on Bun W
- Grilled Cheese MSW
- Protein Pack w/String Cheese M and Sunflower Seeds GF
- Bagel W and Yogurt M w/Sunflower Seeds
- PB&J Sandwich PW

Choice of 1 or 2 Vegetables:
- Steamed Peas and Carrots
- Relish Boat
- Assorted Fresh Vegetables
- Mixed Greens Salad
- Salsa Cups

Choice of 1 or 2 Fruits:
- Pears
- Assorted Fresh Fruits
- Dried Fruits

Choice of 1 Milk:
- Milk Variety M

26

Choice of 1 Entrée:
- Walking Taco
- Grilled Cheese MSW
- Protein Pack w/String Cheese M and Sunflower Seeds GF
- Bagel W and Yogurt M w/Sunflower Seeds
- PB&J Sandwich PW

Choice of 1 or 2 Vegetables:
- Refried Beans
- Fiesta Relish Boat
- Assorted Fresh Vegetables
- Mixed Greens Salad
- Salsa Cups

Choice of 1 or 2 Fruits:
- Applesauce
- Assorted Fresh Fruits
- Dried Fruits

Choice of 1 Milk:
- Milk Variety M

27

Choice of 1 Entrée:
- 4X6 Pizza MW
- Grilled Cheese MSW
- Protein Pack w/String Cheese M and Sunflower Seeds GF
- Bagel W and Yogurt M w/Sunflower Seeds
- PB&J Sandwich PW

Choice of 1 or 2 Vegetables:
- Steamed California Blend
- Assorted Fresh Vegetables
- Mixed Greens Salad
- Salsa Cups

Choice of 1 or 2 Fruits:
- Pineapple
- Assorted Fresh Fruits
- Dried Fruits

Choice of 1 Milk:
- Milk Variety M

Meal includes Mini Rice Krispies Treat MS

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Visit the Food Service link at www.zcs.k12.in.us where you will find info on:
- Contact names
- Meal assistance
- Nutritional / allergen information
- Cafeteria pricing
- School Pay and More

You can also learn about our **ZCS Family Portal** where you can view current balances, food purchase histories and MORE!