



Zionsville Elementary School Menu

(Boone Meadow, Eagle, Union)

2025-2026

Students may take 3-5 components to make a meal.

Components are: Entrée (Meat/Meat Alternate and Grain) 1-2 Vegetables, 1-2 Fruits, and a Milk. All meals must include at least 1 Fruit or Vegetable.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<h2 style="margin: 0;">INTERNATIONAL MENU</h2>				
2	3	4	5	6
<p>Choice of 1 Entrée:</p> <ul style="list-style-type: none"> • Corn Dog Nuggets ^{SWE} • Fruit & Yogurt Parfait ^{MSW} • Protein Pack w/String Cheese ^M and Sunflower Seeds ^{GF} • Bagel ^w and Yogurt ^M w/Sunflower Seeds • PB&J Sandwich ^{PW} <p>Choice of 1 or 2 Vegetables:</p> <ul style="list-style-type: none"> • Green Beans • 100% Vegetable Juice • Salsa Cups <p>Choice of 1 or 2 Fruits:</p> <ul style="list-style-type: none"> • Applesauce • Dried Fruits • 100% Fruit Juice <p>Choice of 1 Milk:</p> <ul style="list-style-type: none"> • Milk Variety ^M 	<p style="text-align: center;">China</p> <p>Choice of 1 Entrée:</p> <ul style="list-style-type: none"> • Potstickers (Dumplings) ^{SS} w/ Fried Rice ^{SW SS} • Fruit & Yogurt Parfait ^{MSW} • Protein Pack w/String Cheese ^M and Sunflower Seeds ^{GF} • Bagel ^w and Yogurt ^M w/Sunflower Seeds • PB&J Sandwich ^{PW} <p>Choice of 1 or 2 Vegetables:</p> <ul style="list-style-type: none"> • Steamed Broccoli • 100% Vegetable Juice • Salsa Cups <p>Choice of 1 or 2 Fruits:</p> <ul style="list-style-type: none"> • Mandarin Oranges • Dried Fruits • 100% Fruit Juice <p>Choice of 1 Milk:</p> <ul style="list-style-type: none"> • Milk Variety ^M 	<p style="text-align: center;">Latin America</p> <p>Choice of 1 Entrée:</p> <ul style="list-style-type: none"> • Chicken Flauta ^{MW} w/ Plantains • Grilled Cheese ^{MSW} • Protein Pack w/String Cheese ^M and Sunflower Seeds ^{GF} • Bagel ^w and Yogurt ^M w/Sunflower Seeds • PB&J Sandwich ^{PW} <p>Choice of 1 or 2 Vegetables:</p> <ul style="list-style-type: none"> • Fiesta Black Beans • Assorted Fresh Vegetables • Mixed Greens Salad • Salsa Cups <p>Choice of 1 or 2 Fruits:</p> <ul style="list-style-type: none"> • Peaches • Assorted Fresh Fruits • Dried Fruits <p>Choice of 1 Milk:</p> <ul style="list-style-type: none"> • Milk Variety ^M 	<p>Choice of 1 Entrée:</p> <ul style="list-style-type: none"> • Deep Dish Pizza ^{MSW} • Grilled Cheese ^{MSW} • Protein Pack w/String Cheese ^M and Sunflower Seeds ^{GF} • Bagel ^w and Yogurt ^M w/Sunflower Seeds • PB&J Sandwich ^{PW} <p>Choice of 1 or 2 Vegetables:</p> <ul style="list-style-type: none"> • Steamed Corn • Assorted Fresh Vegetables • Mixed Greens Salad • Salsa Cups <p>Choice of 1 or 2 Fruits:</p> <ul style="list-style-type: none"> • Pears • Assorted Fresh Fruits • Dried Fruits <p>Choice of 1 Milk:</p> <ul style="list-style-type: none"> • Milk Variety ^M 	<p style="text-align: center;">Germany</p> <p>Choice of 1 Entrée:</p> <ul style="list-style-type: none"> • Soft Pretzel ^w w/ Cheese ^M • Grilled Cheese ^{MSW} • Protein Pack w/String Cheese ^M and Sunflower Seeds ^{GF} • Bagel ^w and Yogurt ^M w/Sunflower Seeds • PB&J Sandwich ^{PW} <p>Choice of 1 or 2 Vegetables:</p> <ul style="list-style-type: none"> • Steamed Peas and Carrots • Assorted Fresh Vegetables • Mixed Greens Salad • Salsa Cups <p>Choice of 1 or 2 Fruits:</p> <ul style="list-style-type: none"> • Fruit Cocktail • Assorted Fresh Fruits • Dried Fruits <p>Choice of 1 Milk:</p> <ul style="list-style-type: none"> • Milk Variety ^M
9	10	11	12	13
<p>Choice of 1 Entrée:</p> <ul style="list-style-type: none"> • Rotini in Meat Sauce ^{EW w/} Garlic Toast ^{MSW} • Fruit & Yogurt Parfait ^{MSW} • Protein Pack w/String Cheese ^M and Sunflower Seeds ^{GF} • Bagel ^w and Yogurt ^M w/Sunflower Seeds • PB&J Sandwich ^{PW} <p>Choice of 1 or 2 Vegetables:</p> <ul style="list-style-type: none"> • Steamed Broccoli • 100% Vegetable Juice • Salsa Cups <p>Choice of 1 or 2 Fruits:</p> <ul style="list-style-type: none"> • Mandarin Oranges • Dried Fruits • 100% Fruit Juice <p>Choice of 1 Milk:</p> <ul style="list-style-type: none"> • Milk Variety ^M 	<p>Choice of 1 Entrée:</p> <ul style="list-style-type: none"> • Pizza Cheese Crunchers ^{MW} • Fruit & Yogurt Parfait ^{MSW} • Protein Pack w/String Cheese ^M and Sunflower Seeds ^{GF} • Bagel ^w and Yogurt ^M w/Sunflower Seeds • PB&J Sandwich ^{PW} <p>Choice of 1 or 2 Vegetables:</p> <ul style="list-style-type: none"> • Steamed Carrots • 100% Vegetable Juice • Salsa Cups <p>Choice of 1 or 2 Fruits:</p> <ul style="list-style-type: none"> • Fruit Cocktail • 100% Fruit Juice Slushie • Dried Fruits <p>Choice of 1 Milk:</p> <ul style="list-style-type: none"> • Milk Variety ^M 	<p>Choice of 1 Entrée:</p> <ul style="list-style-type: none"> • All Beef Cheeseburger ^{MS} or Hamburger on Bun ^w • Grilled Cheese ^{MSW} • Protein Pack w/String Cheese ^M and Sunflower Seeds ^{GF} • Bagel ^w and Yogurt ^M w/Sunflower Seeds • PB&J Sandwich ^{PW} <p>Choice of 1 or 2 Vegetables:</p> <ul style="list-style-type: none"> • BBQ Baked Beans • Relish Boats • Assorted Fresh Vegetables • Mixed Greens Salad • Salsa Cups <p>Choice of 1 or 2 Fruits:</p> <ul style="list-style-type: none"> • Pears • Assorted Fresh Fruits • Dried Fruits <p>Choice of 1 Milk:</p> <ul style="list-style-type: none"> • Milk Variety ^M 	<p>Choice of 1 Entrée:</p> <ul style="list-style-type: none"> • Chicken Nuggets ^{MSW w/} Corn Muffin ^{MEW} • Grilled Cheese ^{MSW} • Protein Pack w/String Cheese ^M and Sunflower Seeds ^{GF} • PB&J Sandwich ^{PW} <p>Choice of 1 or 2 Vegetables:</p> <ul style="list-style-type: none"> • Green Beans • Assorted Fresh Vegetables • Mixed Green Salad • Salsa Cups <p>Choice of 1 or 2 Fruits:</p> <ul style="list-style-type: none"> • Pineapple • Assorted Fresh Fruits • Dried Fruits <p>Choice of 1 Milk:</p> <ul style="list-style-type: none"> • Milk Variety ^M 	<p>Choice of 1 Entrée:</p> <ul style="list-style-type: none"> • Cereal Bowl ^{VARIES w/} Pork Sausage Patty • Grilled Cheese ^{MSW} • Protein Pack w/String Cheese ^M and Sunflower Seeds ^{GF} • PB&J Sandwich ^{PW} <p>Choice of 1 or 2 Vegetables:</p> <ul style="list-style-type: none"> • Tri-Taters • Assorted Vegetables • Salsa Cups <p>Choice of 1 or 2 Fruits:</p> <ul style="list-style-type: none"> • Peaches • Assorted Fruits • Dried Fruits <p>Choice of 1 Milk:</p> <ul style="list-style-type: none"> • Milk Variety ^M

Allergen Legend:

- W – Contains Wheat
- S – Contains Soy
- M – Contains Milk/Dairy
- E – Contains Eggs
- SS – Contains Sesame
- SF – Contains Shellfish
- T – Contains Tree Nuts
- P – Contains Peanuts
- F – Contains Fish

GF – Naturally Gluten Free (Packaged in kitchens that prepare items containing gluten.)

Please speak with your school's café manager to obtain a Special Dietary Needs Medical Form if your child requires a special menu or meal modification due to a disability or impairment.

Pricing

- 1 Student Lunch \$2.65
- 1 Student Reduced Lunch \$0.40
- Adult Purchases A la Carte
- Milk \$0.65

Additional items beyond the first meal are charged as a la carte.

16	17	18	19	20
FEBRUARY BREAK - NO SCHOOL				
23	24	25	26	27
<p>Choice of 1 Entrée:</p> <ul style="list-style-type: none"> All Beef Hot Dog on Bun ^W Fruit & Yogurt Parfait ^{MSW} Protein Pack w/String Cheese ^M and Sunflower Seeds ^{GF} PB&J Sandwich ^{PW} <p>Choice of 1 or 2 Vegetables:</p> <ul style="list-style-type: none"> BBQ Baked Beans 100% Vegetable Juice Salsa Cups <p>Choice of 1 or 2 Fruits:</p> <ul style="list-style-type: none"> Mandarin Oranges Dried Fruits 100% Fruit Juice <p>Choice of 1 Milk:</p> <ul style="list-style-type: none"> Milk Variety ^M 	<p>Choice of 1 Entrée:</p> <ul style="list-style-type: none"> Waffles ^{MESW} w/Cheese Omelet ^{ME} Fruit & Yogurt Parfait ^{MSW} Protein Pack w/String Cheese ^M and Sunflower Seeds ^{GF} PB&J Sandwich ^{PW} <p>Choice of 1 or 2 Vegetables:</p> <ul style="list-style-type: none"> Emoticons 100% Vegetable Juice Salsa Cups <p>Choice of 1 or 2 Fruits:</p> <ul style="list-style-type: none"> Peaches Dried Fruits 100% Fruit Juice <p>Choice of 1 Milk:</p> <ul style="list-style-type: none"> Milk Variety ^M 	<p>Choice of 1 Entrée:</p> <ul style="list-style-type: none"> Breaded Chicken Sandwich ^{MSW} on Bun ^W Grilled Cheese ^{MSW} Protein Pack w/String Cheese ^M and Sunflower Seeds ^{GF} Bagel ^w and Yogurt ^M w/Sunflower Seeds PB&J Sandwich ^{PW} <p>Choice of 1 or 2 Vegetables:</p> <ul style="list-style-type: none"> Steamed Corn Relish Boat Assorted Fresh Vegetables Mixed Greens Salad Salsa Cups <p>Choice of 1 or 2 Fruits:</p> <ul style="list-style-type: none"> Pears Assorted Fresh Fruits Dried Fruits <p>Choice of 1 Milk:</p> <ul style="list-style-type: none"> Milk Variety ^M 	<p>Choice of 1 Entrée:</p> <ul style="list-style-type: none"> Walking Taco Grilled Cheese ^{MSW} Protein Pack w/String Cheese ^M and Sunflower Seeds ^{GF} Bagel ^w and Yogurt ^M w/Sunflower Seeds PB&J Sandwich ^{PW} <p>Choice of 1 or 2 Vegetables:</p> <ul style="list-style-type: none"> Refried Beans Fiesta Relish Boat Assorted Fresh Vegetables Mixed Greens Salad Salsa Cups <p>Choice of 1 or 2 Fruits:</p> <ul style="list-style-type: none"> Applesauce Assorted Fresh Fruits Dried Fruits <p>Choice of 1 Milk:</p> <ul style="list-style-type: none"> Milk Variety ^M 	<p>Choice of 1 Entrée:</p> <ul style="list-style-type: none"> 4X6 Pizza ^{MW} Grilled Cheese ^{MSW} Protein Pack w/String Cheese ^M and Sunflower Seeds ^{GF} Bagel ^w and Yogurt ^M w/Sunflower Seeds PB&J Sandwich ^{PW} <p>Choice of 1 or 2 Vegetables:</p> <ul style="list-style-type: none"> Steamed California Blend Assorted Fresh Vegetables Mixed Greens Salad Salsa Cups <p>Choice of 1 or 2 Fruits:</p> <ul style="list-style-type: none"> Pineapple Assorted Fresh Fruits Dried Fruits <p>Choice of 1 Milk:</p> <ul style="list-style-type: none"> Milk Variety ^M <p>Meal includes Mini Rice  Krispies Treat ^{MS}</p>

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Adult Purchases	A la Carte
Milk	\$0.65
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Visit the Food Service link at www.zcs.k12.in.us where you will find info on:

- Contact names
- Meal assistance
- Nutritional / allergen information
- Cafeteria pricing
- School Pay and More

> You can also learn about our ZCS Family Portal where you can view current balances, food purchase histories and MORE! <