



CBSD FID WORKBOOK KINDERGARTEN

Name: _____



FLEXIBLE INSTRUCTION DAY 5





What is a **Flexible Instructional Day** also known as a “FID” Day?

In Pennsylvania, a flexible instructional day, as defined by the Department of Education, refers to a day when schools can deliver instruction remotely rather than canceling school due to inclement weather or other unforeseen circumstances.

What is the **purpose** of a Flexible Instructional Day?

The purpose of implementing flexible instructional days is to ensure that students continue to receive meaningful instruction even when traditional “in-person” learning is not possible. Flexible instructional days allow schools to maintain continuity in the educational process, ensuring that students can continue their learning without interruption. By utilizing technology and remote learning workbooks/resources, schools can provide students with access to instructional materials, assignments, and teacher support, regardless of physical location.

How will I know when Central Bucks is having a “FID” day?

- Central Bucks School District will send notifications to families via email, website, text notification, social media, etc. to communicate the “FID” day.
- Your child’s teacher will publish the FID content in Canvas:
 - Link to an online survey for attendance.
 - Link to an **optional** live Teams call for teacher “Office Hours.”

How will my child use the “Flexible Instructional Books” on these “FID” days?

This “flexible instructional book” is your child’s workbook that outlines the procedures, expectations, and resources for completing the work for a flexible instructional day. Here’s how such a book will be used:

- The **Flexible Instructional Book** provides approximately *4 hours* of instructional activities.
- Your child will complete reading, math, writing, and specials (*P.E., Music, Library, Art, or QUEST*) during the “FID” day.
- Your child will then return the “FID” book to their homeroom teacher when school resumes “in-person.”

How will my child use Canvas on these “FID” days?

- Students will access Canvas via Classlink on district provided device
- Attendance will be submitted via Canvas
- Office Hours will be offered via a Teams call linked in Canvas from 12:00-12:30
- Digital workbooks will be linked to Canvas

What if I need to use a personal device and can’t find my students Username and password?

- Student usernames can be found in the Parent Portal of Infinite Campus. It is located in the “More” section of the Main Menu under “Family Information”. The username is the student’s full email address. Ex: Smith.J123@student.cbsd.org. The password for new students is Uppercase first initial, lowercase last initial, and their 6 digit birthday. Ex: James Smith born on 07/08/2009 a password of Js070809



CBSD FID WORKBOOK KINDERGARTEN



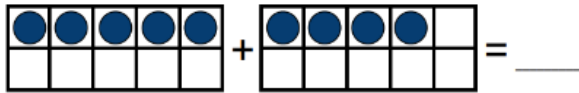
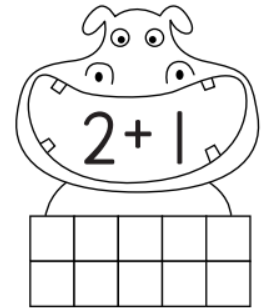
MATH DAY 5



FLEXIBLE INSTRUCTIONAL DAY 5: MATH

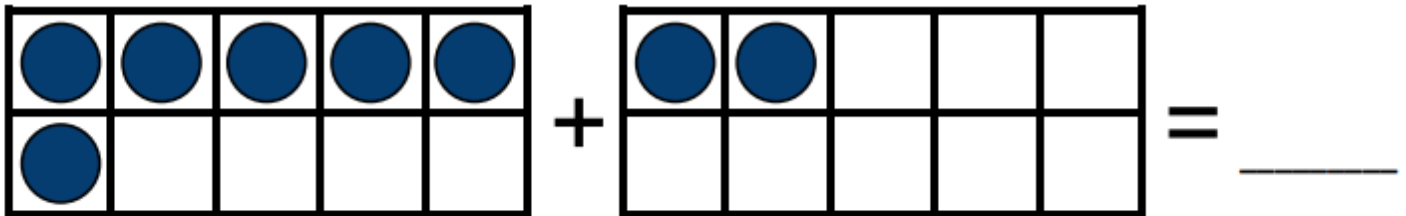
MATH LESSON SUMMARY

Addition with Ten Frames
Addition Stories
(30 minutes)

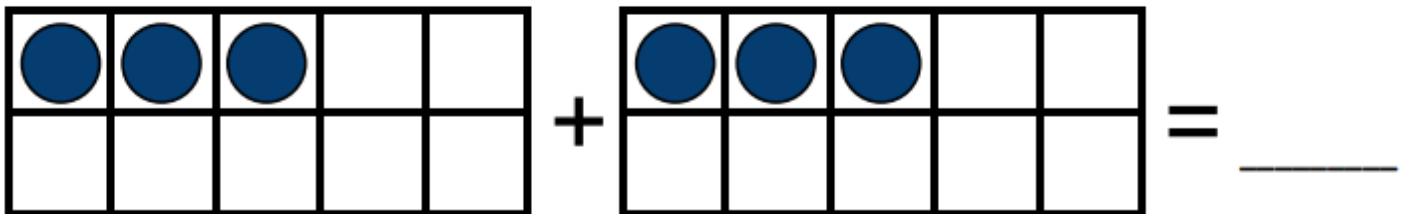


Addition with Ten Frames: Add the counters to tell the sum.

4.



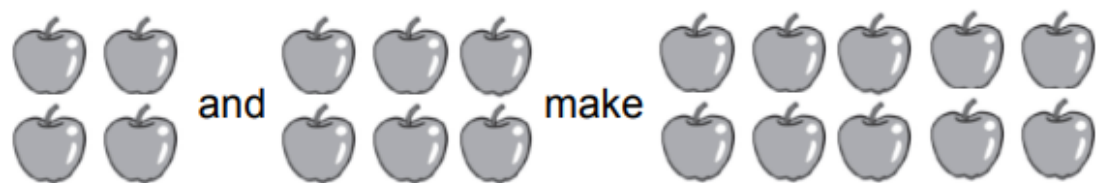
5.



Challenge:



1. Count and write.



and make .

2. Write.

and make 5.

and make 5.

3. Write.

and 5 make 8.

4 and make 6.

2 and make 2.

Draw in each ten frame to match the sum of the numbers. The first one is done for you.

$5+4$

●	●	●	●	●
X	X	X	X	X

$2+4$

$6+4$

$3+5$

$4+3$

$3+3$

$2+1$

$3+2$

$5+1$



CBSD FID WORKBOOK KINDERGARTEN



READING AND WRITING DAY 5



FLEXIBLE INSTRUCTIONAL DAY 5: READING AND WRITING

READING AND WRITING LESSON SUMMARY

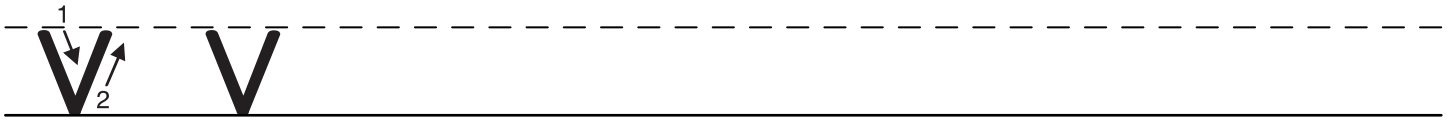
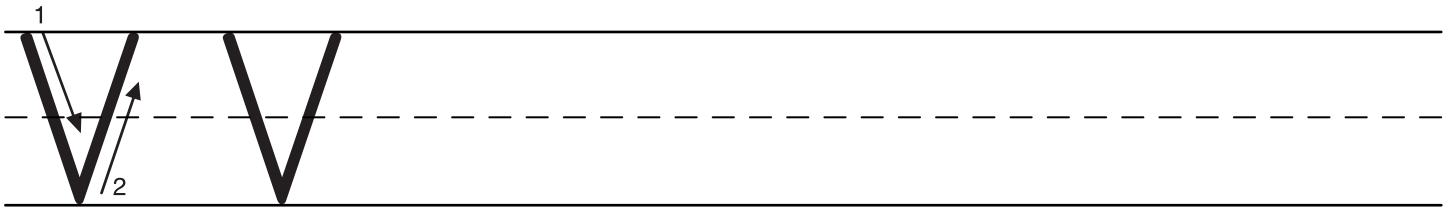
Total Time – 40 Minutes		
Time	Focus	Description
10 Minutes	Reading Horizons Phonics	Review reading slides and words.
10 Minutes	Reading	Read a book to review letters, slides, and words.
10 Minutes	Writing	Draw and/ or write about your day.
10 Minutes	Handwriting	Practice letter formation.

Name _____

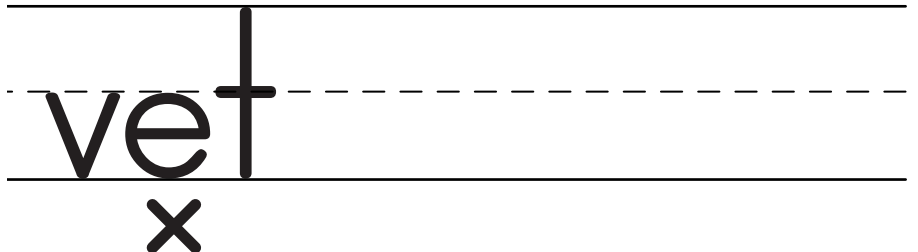
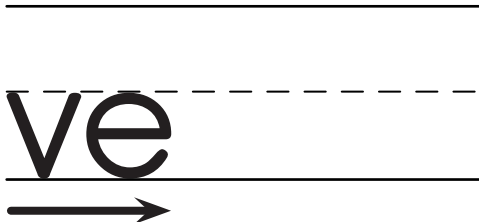
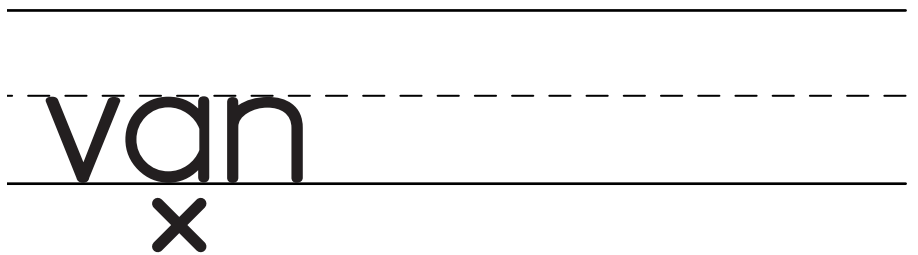
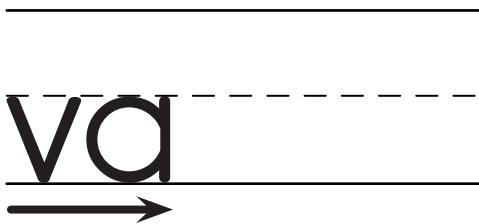
The name of this letter is v. V is a consonant. The sound of v is /v/, as in van.

Consonant V

Write rows of the letter v matching the example at the beginning of each row. Each time you write a letter, say the name and the sound: v, /v/; v, /v/.



Write each slide with the slide arrow. Read each slide, and then write each word one time. Mark an x under the vowel. Then read the word.



Name _____

This activity provides practice reading and writing words using previously taught letters.

Consonant V

Read these words. Each word begins with a vowel.

at

Ed

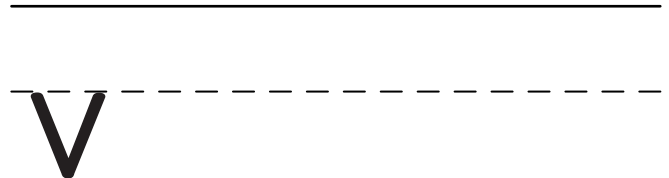
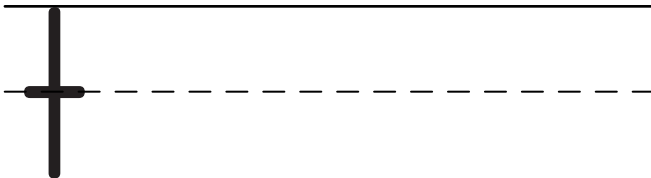
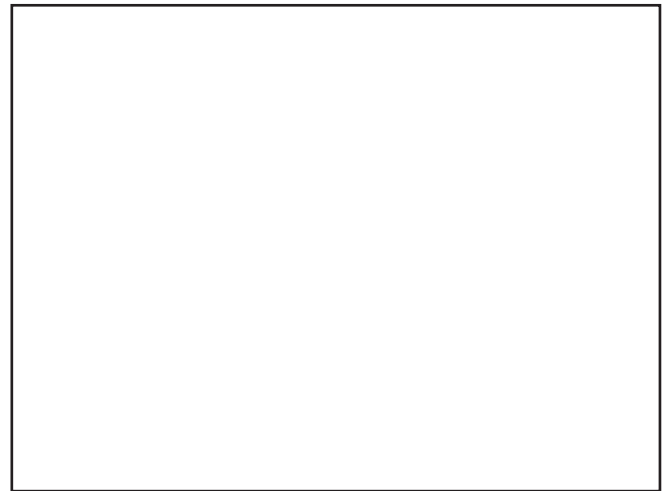
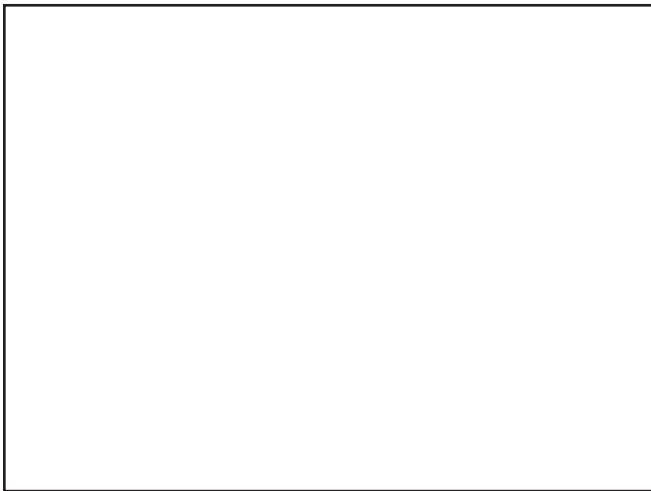
egg

and

on

am

Draw a picture of something that begins with the letter you see on the line. Write the letter three more times.



READING - 10 Minutes

Directions:

Read the story to a family member, a pet, or a stuffed animal.

Letter Review



Kindergarten Chapter 1
Letter Review



Reading Horizons Discovery® Kindergarten Little Books for Chapter 1 focus on a single alphabet letter. These books contain images of each letter's upper and lowercase formation, the target letter in a slide, and simple words (with illustrations) that begin with the letter.

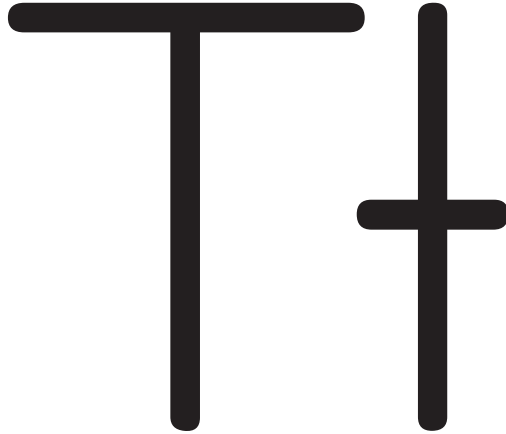
Letter Group books review the last five to six letters students have learned. Books will include decodable phrases and sentences. Decodability is based on the letters and high-frequency words students have already learned at that point in the sequence of instruction.

Teachers can use these books to help reinforce vital print concepts such as book orientation, print movement from left to right, spacing between words, and distinguishing features of a sentence.

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This is the letter T.

ta



tag
xg



This is the letter V.



ve



vet

x



This is the letter W.

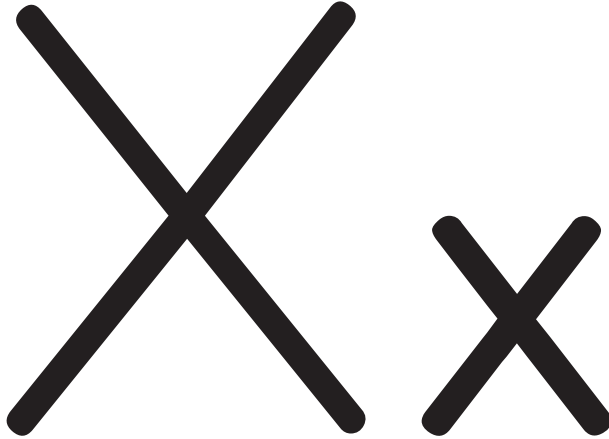


we



wet

x



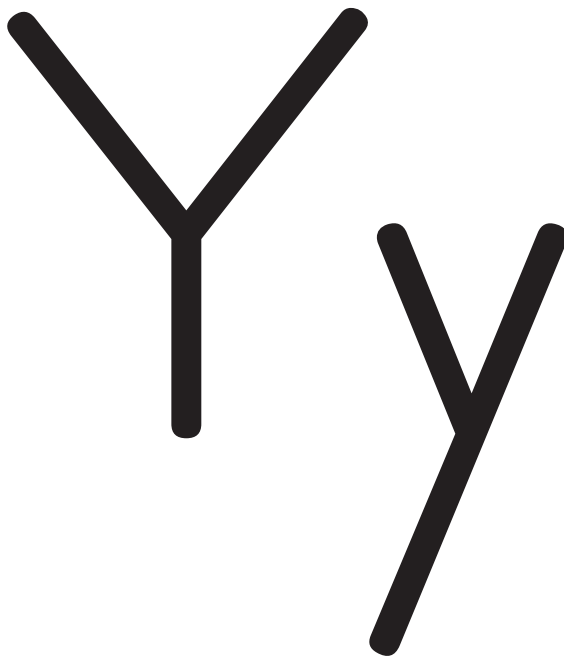
This is the letter X.

fo




fox

x



This is the letter Y.

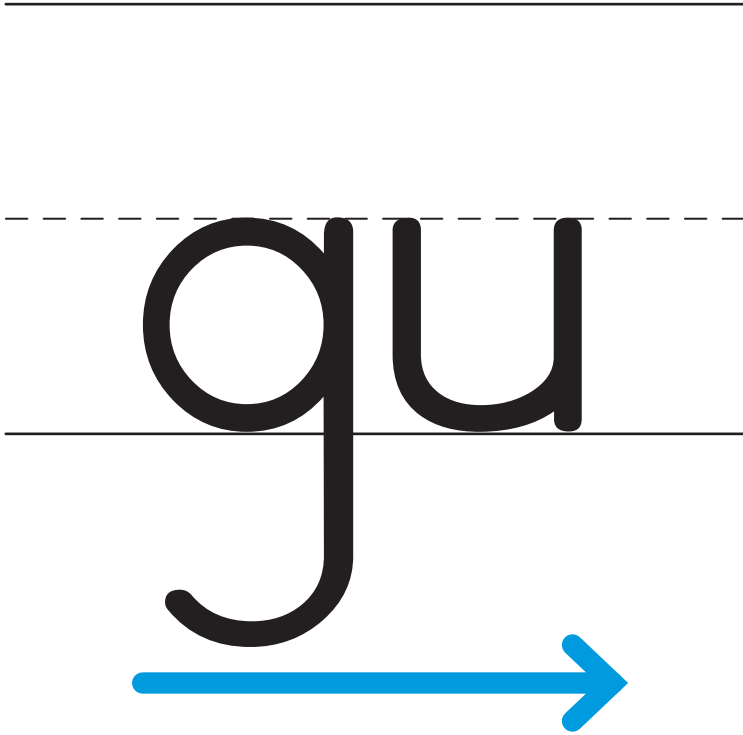
ye



yes
x

U u

This is the letter U.



gum
x



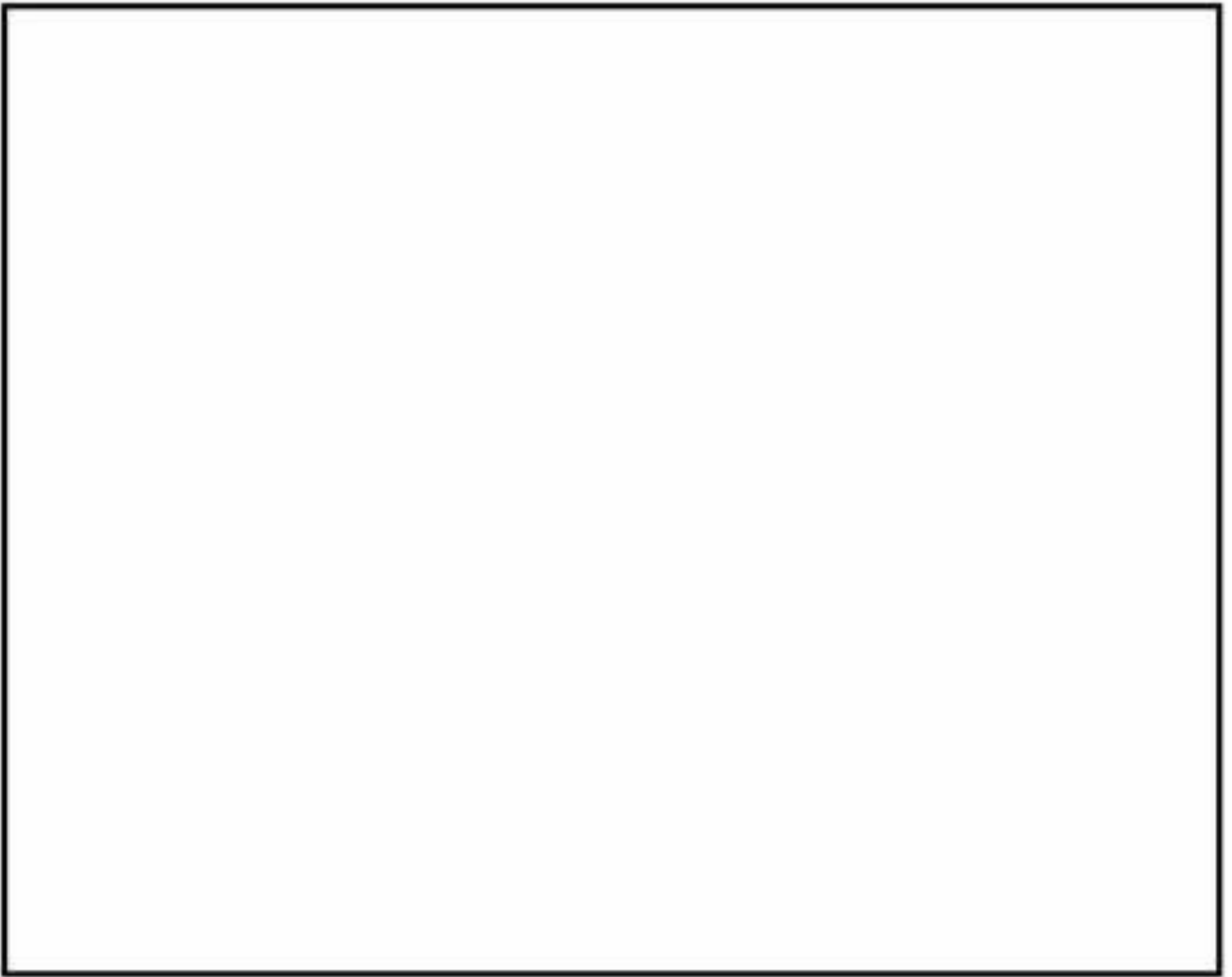
It is fun to hug
Tux the pup.

The End

WRITING - 10 Minutes

Directions:

1. Using the writing paper provided, draw a picture of your day in the box.
2. Optional: On the lines, write about your day using words or sentences.

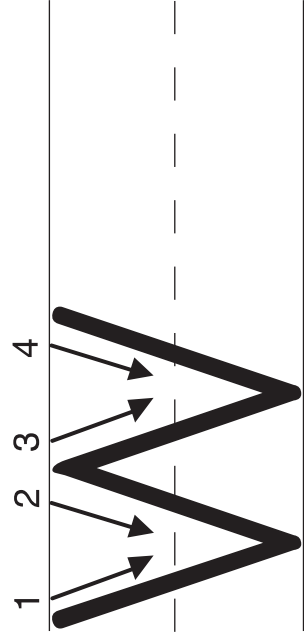
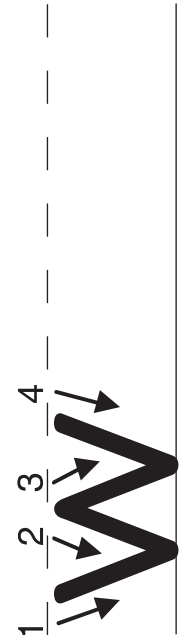
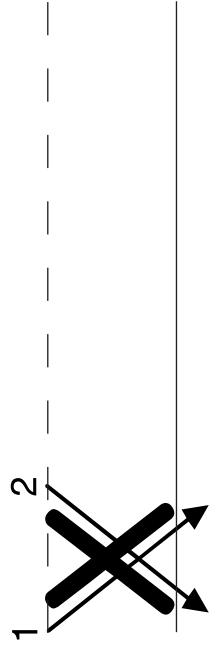
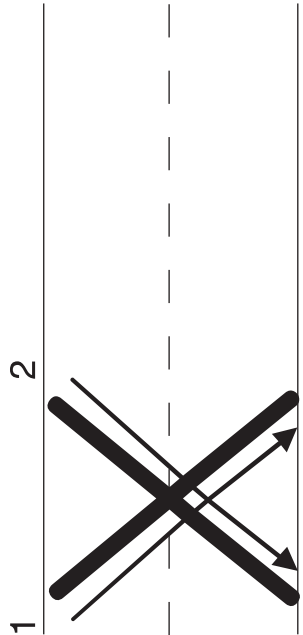


HANDWRITING - 10 Minutes

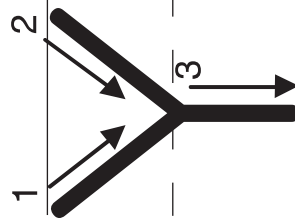
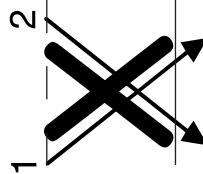
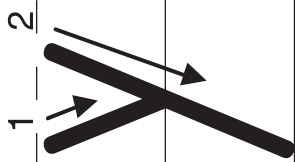
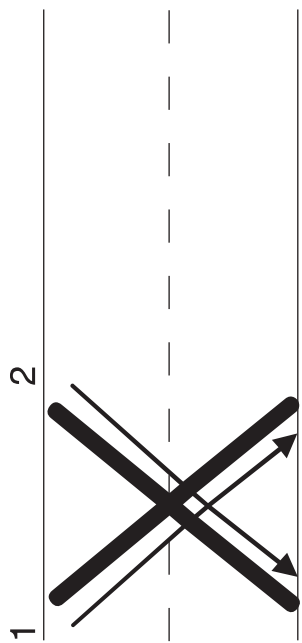
Directions:

1. Hold your pencil correctly.
2. Trace each letter using the lines provided.
3. Write each letter one time on the dotted lines.
4. Name each letter and say the sound as you write it.

Kindergarten Quick Start Dictation Board: Consonant X



Kindergarten Quick Start Dictation Board: Consonant Y





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SPECIALS DAY 5



P.E.- Kindergarten

TIME

20 minutes

🎯 Learning Goal:

I will explore how my body moves.

FID 5

Materials

- Sneakers
- A safe space
- a writing utensil

Welcome to P.E.! Before you get started, make sure you are wearing sneakers and have cleared the floor around you to safely participate in class. As you finish each section, check the box to mark it complete.

Have fun!

1

Warm-up



2

Activity 1



3

Cool Down



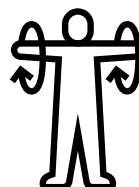
1 Warm-up

Directions: Complete each of the following exercises to warm-up. Hold each stretch for 10 seconds.



10

Jumping Jacks



10

Arm Circles



Butterfly
Stretch



Hamstring
Stretch

2 Activity- Locomotor movements and Pathways

Directions:

- Review the Vocabulary List below.
- Then draw 2 different pathways on the open blocks on the next page.
 - Follow each pathway using 2 different locomotor movements and write the locomotor movements used on the lines next to the blocks.
- Finally, create an obstacle course utilizing:
 - 3 different types of pathways
 - 3 different locomotor movements
 - Draw your obstacle course in the open block labeled "obstacle course" on the next page and write the locomotor movements on the lines next to the block. Be creative!
 - Follow your obstacle course 3 times.

Vocabulary List:

Locomotor Movements- movements that move the body from one place to another.

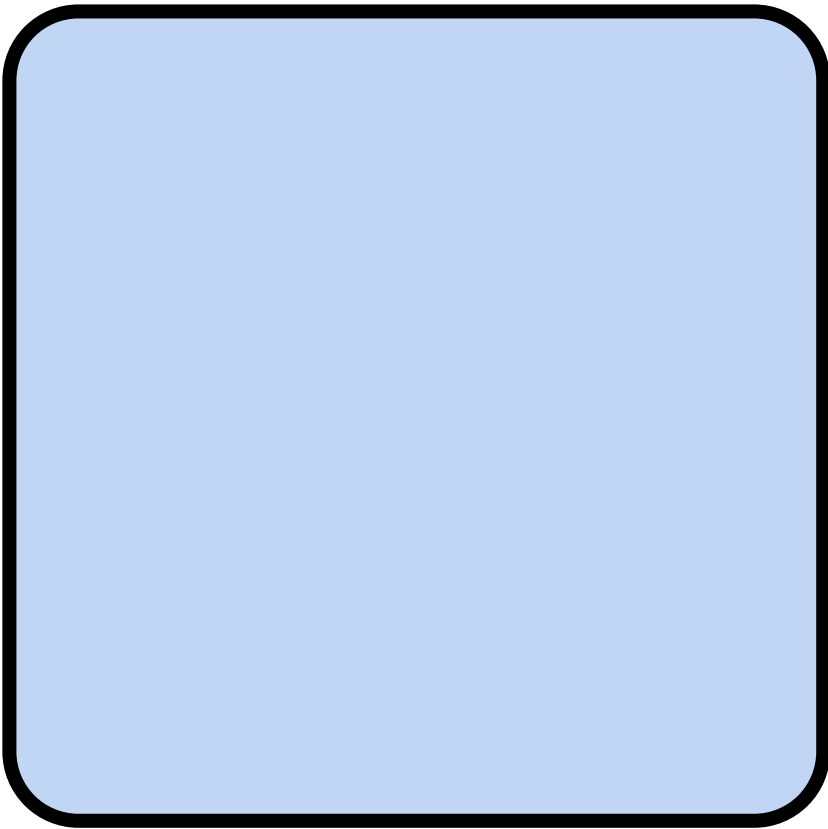
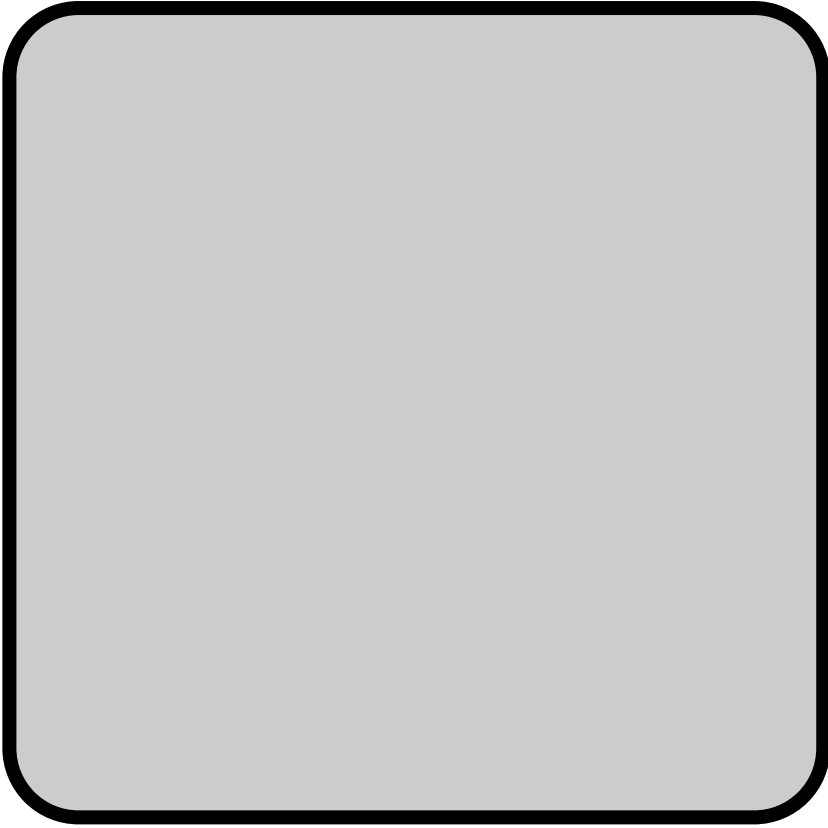
- **Examples**
 - **Walking**
 - **Skipping**
 - **Galloping**
 - **Jumping**
 - **Hopping**
 - **Leaping**

Pathways- A route or path to get from one place to another.

- **Examples**
 - straight
 - curved
 - zig zag

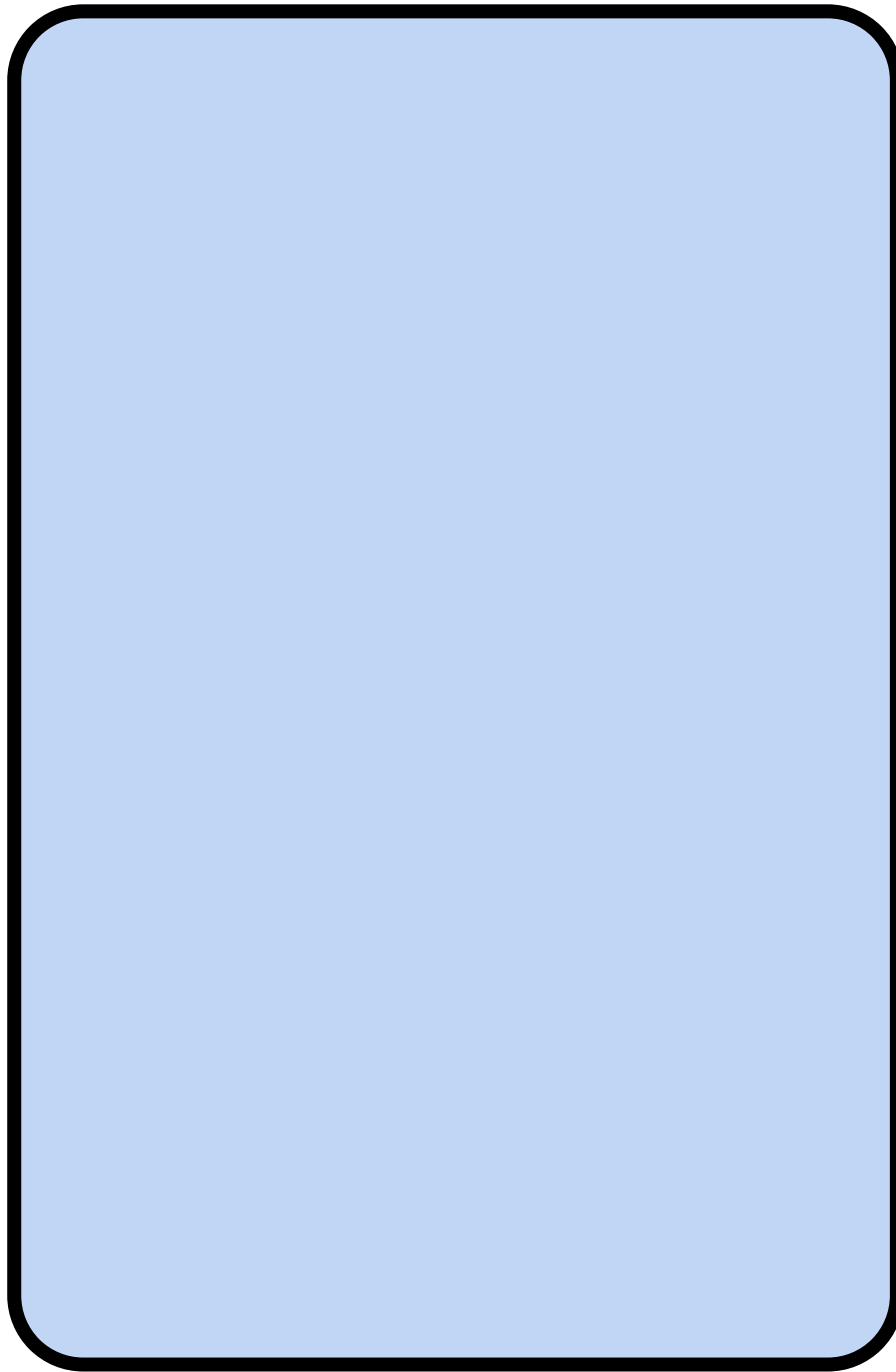
Pathways

Locomotor Movements



Obstacle Course

Locomotor Movements



3 Cool Down

Directions: Hold each stretch for 10 seconds. Complete the stretch on the right and left side.



Shoulder Stretch



Side Stretch



Quadriceps Stretch

