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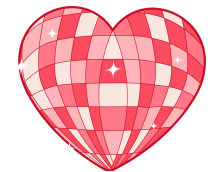
 @ucfsdnutrition

Variety of fresh fruit and milk offered daily.

Celebrate Lunar New Year!
-Feb 18



Allergen Free Valentine's Day Treat
- Feb 13th



National Chili Day! Enjoy local beef chili - Feb 26th



Lunch - \$3.35

USDA is an equal opportunity provider and employer. Menu Subject to change.

<p>Chicken Penne Pesto Turkey Hoagie Chicken Caesar Salad Muffin Yogurt Pack Apple Slices Caesar Side Salad Cucumber Coins 2</p>	<p>Chicken Tikka Masala & Naan <u>OR</u> Hot Dog Chicken Caesar Wrap Chef Salad Uncrustable Kit Mandarin Orange Cup Indian Spiced Cauliflower Baby Carrots 3</p>	<p>Pizza Slice Turkey Hoagie Chicken Caesar Salad Build Your Own Pizza Box Frozen Juice Cup Tomato Cucumber Salad Celery Sticks 4</p>	<p>Beef Walking Tacos Chicken Caesar Wrap Chef Salad Muffin Yogurt Pack Apple Sauce Seasoned Black Beans Salsa Cup 5</p>	<p>Crispy Chicken Sandwich Cheese Sandwich Hummus Flatbread Box Uncrustable Kit Fresh Grapes Curly Fries Fresh Side Salad 6</p>
<p>Chicken & Waffles Turkey Hoagie Chicken Caesar Salad Muffin Yogurt Pack Apple Slices Steamed Corn Cucumber Coins 9</p>	<p>French Toast Sticks Chicken Caesar Wrap Chef Salad Uncrustable Kit Orange Juice Tater Tots Celery Sticks 10</p>	<p>Macaroni & Cheese w/ Garlic Knot Turkey Hoagie Chicken Caesar Salad Build Your Own Pizza Box Fresh Grapes Garlic Green Beans Baby Carrots 11</p>	<p>Cheeseburger <u>OR</u> Veggie Burger Chicken Caesar Wrap Chef Salad Muffin Yogurt Pack Frozen Juice Cup Sweet Potato Fries Baked Beans 12</p>	<p>Bosco Sticks Cheese Sandwich Hummus Flatbread Box Uncrustable Kit Sweetheart Ice Cup Caesar Side Salad Marinara Cup 13</p>
		<p>Chicken Potstickers Turkey Hoagie Chicken Caesar Salad Muffin Yogurt Pack Mandarin Orangs Edamame Baby Carrots Fortune Cookie 18</p>	<p>Personal Pan Pizza Chicken Caesar Wrap Chef Salad Build Your Own Pizza Box Apple Slices Side Caesar Salad Broccoli Florets & Dip 19</p>	<p>Pancakes & Omelette Cheese Sandwich Hummus Flatbread Box Uncrustable Kit Orange Juice Tater Tots Celery Sticks 20</p>
<p>Chicken Penne Pesto Turkey Hoagie Chicken Caesar Salad Muffin Yogurt Pack Apple Slices Caesar Side Salad Cucumber Coins 23</p>	<p>Chicken Tikka Masala & Naan <u>OR</u> Hot Dog Chicken Caesar Wrap Chef Salad Uncrustable Kit Pineapple Cup Indian Spiced Cauliflower Baby Carrots 24</p>	<p>Chicken Sandwich Turkey Hoagie Chicken Caesar Salad Build Your Own Pizza Box Fresh Grapes Curly Fries Side Salad 25</p>	<p>Homemade Chili w/ Cornbread Chicken Caesar Wrap Chef Salad Muffin Yogurt Pack Apple Slices Roasted Broccoli 26</p>	<p>Pizza Slice Cheese Sandwich Hummus Flatbread Box Uncrustable Kit Frozen Juice Cup Tomato Cucumber Salad Chickpea Salad 27</p>

F E B R U A R Y

WEEKLY ELEMENTARY BREAKFAST MENU

MON

Egg & Cheese
English Muffin
Cereal Variety
Apple Slices
Fresh Fruit
Low Fat & Fat
Free Milk

TUE

Whole Grain
Muffin
Cereal Variety
Orange Juice
Fresh Fruit
Low Fat & Fat
Free Milk

WED

Breakfast Pizza
Cereal Variety
Apple Juice
Fresh Fruit
Low Fat & Fat
Free Milk

THU

Apple Cinnamon
Breakfast Bites
Cereal Variety
Orange Juice
Fresh Fruit
Low Fat & Fat
Free Milk

FRI

Mini Waffles
Cereal Variety
Orange Juice
Fresh Fruit
Low Fat & Fat
Free Milk

**ALL CEREALS ARE
ARTIFICIAL DYE FREE,
WHOLE GRAIN &
REDUCED SUGAR**

**Breakfast meals are free! A meal must include a fruit.
Separate items can be purchased a la carte.**

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