THE DISTRICT OF INNOVATION

COMMITTED, **L**EARNER-CENTERED, **I**NNOVATIVE, **N**URTURING, **T**RANSPARENT

School Health Advisory Council



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School Health Advisory Council

January 21, 2026
9:00-11:00 AM
Clint ISD Central Office
Board Room 700

Rodrigo Hernandez
Assistant Director of Special Education

CLINT INDEPENDENT SCHOOL DISTRICT
CORE VALUES

Committed to student success as a shared responsibility among students, parents, educators, the School Board and the community.

Learner-Centered by ensuring that all students receive quality teaching and engaging instruction.

Innovative in using global thinking and technology to empower students to become lifelong learners.

Nurturing by creating an educational environment where all students are socially and emotionally supported, safe and valued.

Transparent through open communication, leadership, accountability and integrity.



Agenda

- Welcome
- Family Survey (QR)
- SHAC Overview
- Presentations:
  - Mrs. Juliana Aguilar - Crime Stoppers of Houston
    - Mental Health
    - Child Nutrition Updates
- Questions & Answers
- Conclusion: Next Meeting-March 25, 2026

Our meeting will be recorded. Minutes will be taken and posted. Spanish translation available.

Family Survey

- Welcome
- Please scan the QR code to answer a few questions on our family survey.

SHAC

SCHOOL HEALTH ADVISORY COUNCIL



SHAC Overview

Mr. Hernandez

2025/2026 District SHAC Team

- Rodrigo Hernandez, Assistant Director Special Education
- William Swanson, Project Director ACE CCLC
- Miriam Marquez, Family Engagement Specialist CCLC
- Deborah Meza, Public Relations Manager
- Silvia Castro, Secondary Curriculum & Instruction Clerk
- Amanda Rueda, Assistant Director Data & Accountability
- Crystal Fuentes, District Testing Coordinator
- Carlos Villalobos, Director Child Nutrition Program
- Sergio Chairez, Child Nutrition Program Finance Director
- Idalia Valdez, Clint ISD Head Nurse
- Gisela Lucero, Chief Technology Officer
- Adriana Maciel, SPED Coordinator
- JaiLynne Cho, Public Relations Secretary
- Valerie Martinez, Benefits Coordinator



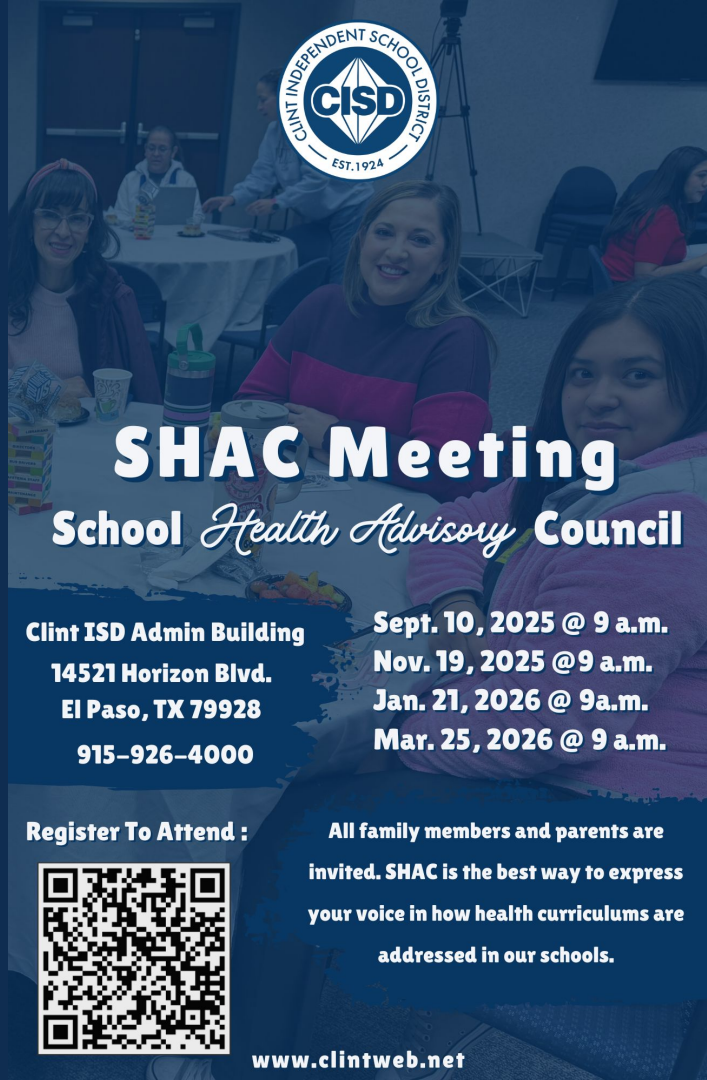
What is SHAC?

School Health Advisory Councils (SHACs) help parents and the community have a voice in issues that impact child health. Whether it is about school meals, staff wellness, vaping, recess or bullying; SHACs can provide input and resources to District leadership as they work to find solutions to the health challenges they face.



SHAC - Meeting Requirements

- SHAC must hold at least four public meetings each school year.
- "Public meeting" requirements:
  - Must post notice of date, hour, place and subject 72 hours prior
  - Must make an audio or video recording of the meeting and maintain minutes
  - Must submit the recording and minutes within 10 days for posting on the district website



SHAC District Website

Visit our website for more information:



https://www.clintweb.net/students/student-health-advisory-committee-shac/about-shac

Mental Health

Mental Health presented by Juliana Aguilar, Statewide Education Specialist, Safe School Institute, Crime Stoppers of Houston.

Child Nutrition Program Updates

Menu Planning Committee Meetings

- We invite parents, students, administrators, and experts to help review and shape our school meals. As part of the meetings, attendees will have the chance to sample some of the foods we serve, giving first-hand insight into the flavors and quality that impact our students' daily meals.

- **Meetings per area**
  - **Clint Area:** W.D. Surratt Elementary Cafeteria – February 19, 2026
  - **Horizon Area:** Frank Macias Elementary Cafeteria – February 26, 2026
  - **Montana Vista Area:** Montana Vista Elementary Cafeteria – March 5, 2026

Child Nutrition Program Updates

USDA School Milk Update

- Recent federal guidance now allows schools participating in the National School Lunch Program to offer whole and 2% milk in addition to low-fat and fat-free options, as well as approved milk alternatives for students who are lactose intolerant. We are currently working with the district to review this update and determine next steps. This information is being shared to keep families informed as we evaluate future plans for our school meal program.



Child Nutrition Program Updates

Fresh Fruit and Vegetable Program (FFVP)

The Fresh Fruit and Vegetable Program provides students with a free, healthy snack during the school day. Its purpose is to help children explore a wide variety of fresh produce, build healthy eating habits, and learn that fruits and vegetables can be fun, flavorful, and exciting to try.

Beginning in February, our district will implement the program three times a week as part of students' afternoon snack. We will have more information to follow for staff. The following campuses were selected to participate based on income need:

- Carroll T. Welch Elementary
- Frank Macias Elementary
- Montana Vista Elementary
- Red Sands Elementary
- W.D. Surratt Elementary



Through FFVP, students will have the chance to taste seasonal fruits, unique vegetables, and items they may not normally encounter at home. For families, this program supports better nutrition, encourages children to try new foods, and reinforces healthy choices that can carry over into meals at home.

Child Nutrition Program Updates

Limited Time Offer:
Spicy Chicken & Street Corn Macaroni and Cheese

- Macaroni & cheese with roasted corn, spicy popcorn chicken, crumbled feta, green onions, and a drizzle of sriracha ranch was featured as a limited-time offer for our secondary students last week. Students loved the spiciness, the street corn flavor, and how all the ingredients blended together to create a bold Southwest-inspired taste.
- These limited-time offerings allow us to introduce students to new recipes outside of their usual palate.
- Due to the positive feedback received, we plan to feature this dish again later in the semester.



Questions & Answers

Mr. Hernandez

Thank You!

Clint ISD Contact Information:

- Rodrigo Hernandez
  915-926-4186 (Office)
  915-472-1135 (Cell)

- Next meeting:
  March 25, 2026
  9:00 a.m. at Central Office

