



Returners Summer Soccer Program and Tryout Information 2026

Summer Camp: June 8 – 11 6:30 – 8:45 p.m.

The Returners SLUH Summer camp will be held on the soccer field at SLUH and is open to ANY SLUH student who is a rising sophomore, junior, or senior and has an interest in playing soccer for SLUH. Camp will be an essential part of our preparation for the upcoming Fall season. Guest coaches from SLU, UMSL and WASH U have been invited and will participate as their schedules allow. The program will enhance your fitness level and your technical and tactical abilities.

July Contact Days

We will meet for training and scrimmages on Tuesday, Wednesday, and Thursday for 3 consecutive weeks in July (see below for dates and times). These days will be **key** to our season in the fall. Every effort should be made to attend. Contact Days will focus on fitness, technical, and tactical training. On July 21, 22, 23, 28, 29, 30 all players should report at 4:30 p.m. and train until 6 p.m. At 6 p.m. all returning Varsity players plus other invited players will stay and scrimmage other schools on July 21 (Webster Groves), 22 (Clayton), 23 (Rockwood Summit), 28 (TBD), 29 (Kirkwood), 30 (TBD).

July 14, 15, 16 7:30 a.m. – 9:30 a.m. July 21, 22, 23 4:30 – 7 p.m. July 28, 29, 30 4:30 – 7 p.m.

Captain Practices Any returning Varsity players and anyone trying out for the Varsity will be allowed to train under the leadership / organization of the senior class for optional training in the soccer stadium. Players will gather Aug 3 – 7th 8:00 – 10:00am in the soccer stadium. There will be no coaches present.

Tryout Information for B, JV, and Varsity Teams

All juniors, seniors, and *invited* sophomores and freshmen will practice from 6:30 – 9 a.m. on August 10, 11, 12 in the soccer stadium. On Aug 13 practice will be 5:30 – 7:30 p.m. Tryouts on each of these days will begin with a timed 2 mile run or similar type of fitness on the track. Please prepare accordingly.

Sophomores not invited to tryout for Varsity will tryout for the B Team from 9:30 – 11:30 a.m. on Aug 10, 11, 12. Due to Class Meetings practice on Aug 13 will be after school from 4:30 – 6 p.m. All practices are in the soccer stadium.

Teams will be announced after Aug 13

Registration and Cost: \$155

Please complete the online registration [at sluh.org/summer](https://sluh.org/summer) and click Returners Camp and Summer Program