



Manteca High School

2026 Summer Flag Football workouts

Date	Time	Location
June 2, 2026	5:00pm-7:15 pm	Weight room/ Practice Field (behind west side of the stadium)
June 4, 2026	5:00pm-7:15 pm	Weight room/ Practice Field
June 9, 2026	5:00pm-7:15 pm	Weight room/ Practice Field
June 11, 2026	5:00pm-7:15 pm	Weight room/ Practice Field
June 16, 2026	5:00pm-7:15 pm	Weight room/ Practice Field
June 18, 2026	5:00pm-7:15 pm	Weight room/ Practice Field
June 20, 2026	TBD	Vacaville High School <u>100 W Monte Vista Ave, Vacaville, CA 95688</u>
June 23, 2026	5:00pm-7:15 pm	Weight room/ Practice Field
June 25, 2026	5:00pm-7:15 pm	Weight room/ Practice Field
June 30, 2026	5:00pm-7:15 pm	Weight room/ Practice Field
July 16, 2026	5:00pm-7:15 pm	Weight room/ Practice Field
July 21, 2026	5:00pm-7:15 pm	Weight room/ Practice Field
July 23, 2026	5:00pm-7:15 pm	Weight room/ Practice Field
July 28, 2026	5:00pm-7:15 pm	Weight room/ Practice Field
July 30, 2026	5:00pm-7:15 pm	Weight room/ Practice Field

*All dates and locations are subject to change based on availability.

Please wear appropriate workout/ training attire and **BRING WATER!!!**

FLAG FOOTBALL TRYOUTS: August 4th -7th from 4:00 pm-6:15 pm on the practice field at MHS.

If you have any questions please reach out to Coach Priscilla Riddick by email, priddick@musd.net.