



Central Mountain Middle School



Students are required to log in at the listed times for **Block** classes. Each block is 30 minutes broken into 2 parts: 1) 20 minutes of instruction. 2) 10 minutes for teachers to answer questions(Zoom/Google). Students will then be given the afternoon to complete assignments and, if needed, students would need to contact teachers via email, for additional help.

2025-2026 CMMS FID SCHEDULE				
	5 th	6 th	7 th	8 th
Block 1	8:30-9:00 (30)	8:30-9:00 (30)	8:30-9:00 (30)	8:30-9:00 (30)
Block 2	9:05-9:35 (30)	9:05-9:35 (30)	9:05-9:35 (30)	9:05-9:35 (30)
Block 3	9:40-10:10 (30)	9:40-10:10 (30)	9:40-10:10 (30)	9:40-10:10 (30)
Block 4	10:15-10:45 (30)	10:15-10:45 (30)	10:15-10:45 (30)	10:15-10:45 (30)
Block 5	10:50-11:20 (30)	10:50-11:20 (30)	10:50-11:20 (30)	10:50-11:20 (30)
Teacher Lunch and Office Hours	11:20-3:40	11:20-3:40	11:20-3:40	11:20-3:40

2025-2026 CMMS 2-hour Delay FID SCHEDULE				
<i>To be used in the event that we call a 2 hour delay in the morning, and then have to switch to a flexible instructional day.</i>				
	5 th	6 th	7 th	8 th
Block 1	10:30-11:00 (30)	10:30-11:00 (30)	10:30-11:00 (30)	10:30-11:00 (30)
Block 2	11:05-11:35 (30)	11:05-11:35 (30)	11:05-11:35 (30)	11:05-11:35 (30)
Block 3	11:40-12:10 (30)	11:40-12:10 (30)	11:40-12:10 (30)	11:40-12:10 (30)
Block 4	12:15-12:45 (30)	12:15-12:45 (30)	12:15-12:45 (30)	12:15-12:45 (30)
Block 5	12:50-1:20 (30)	12:50-1:20 (30)	12:50-1:20 (30)	12:50-1:20 (30)
Teacher Lunch and Office Hours	1:20-3:40	1:20-3:40	1:20-3:40	1:20-3:40

2025-2026 CMMS 3-hour Delay FID SCHEDULE				
<i>To be used in the event that we call a 3 hour delay in the morning, and then have to switch to a flexible instructional day.</i>				
	5 th	6 th	7 th	8 th
Block 1	11:30-12:00 (30)	11:30-12:00 (30)	11:30-12:00 (30)	11:30-12:00 (30)
Block 2	12:05-12:35 (30)	12:05-12:35 (30)	12:05-12:35 (30)	12:05-12:35 (30)
Block 3	12:40-1:10 (30)	12:40-1:10 (30)	12:40-1:10 (30)	12:40-1:10 (30)
Block 4	1:15-1:45 (30)	1:15-1:45 (30)	1:15-1:45 (30)	1:15-1:45 (30)
Block 5	1:50-2:20 (30)	1:50-2:20 (30)	1:50-2:20 (30)	1:50-2:20 (30)
Teacher Lunch and Office Hours	2:20-3:40	2:20-3:40	2:20-3:40	2:20-3:40