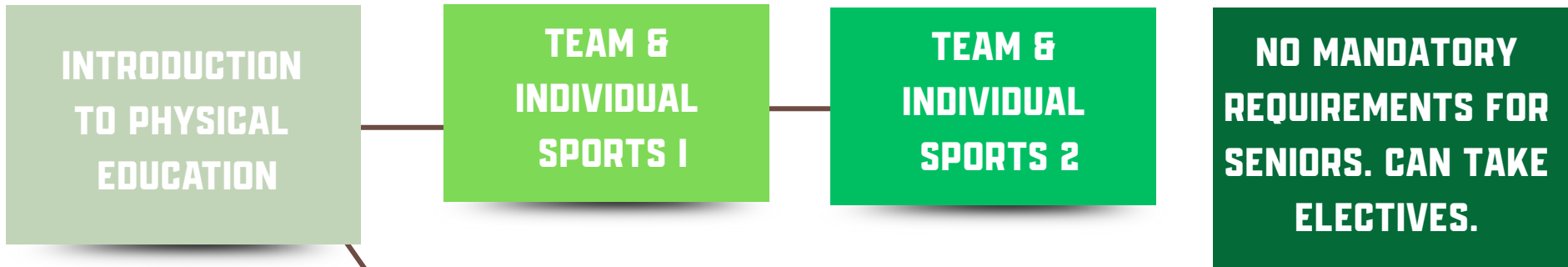






# WATERFORD UNION HIGH SCHOOL -PHYSICAL EDUCATION SEQUENCE



## OPTIONAL ELECTIVES

-   
 Sports Officiating & Coaching  
 (Grades 11-12)
-   
 Sports Medicine  
 (Grades 10-12)
-   
 Strength and Conditioning  
 (Grades 10-12)
-   
 Lifetime Activities  
 (Grade 12)

 =Offers College Credit

**1.5 CREDITS PHYSICAL EDUCATION AND .5 CREDIT HEALTH NEEDED FOR GRADUATION**