



School Health Advisory Council Meeting

February 4, 2026

- I. Welcome.....Chris Hecker
- II. Approval of Minutes.....Essence Castro
- III. Harris County Public Health Presentation.....Stephanie Villanueva
- IV. CFISD Health Expo Recap.....Dawn Tryon
- V. SHAC By-Laws Subcommittee.....Chris Hecker
- VI. Physical Activity & Fitness Planning Subcommittee Update.....Elaine Waier
- VII. Wellness Subcommittee Update.....Emmy Durand
- VIII. Adjournment.....Essence Castro
- IX. Physical Activity & Fitness Planning Subcommittee Meeting.....Elaine Waier
- X. Wellness Subcommittee Meeting.....Emmy Durand