

Irvington High School and Middle School Menu



Breakfast Menu

Available every day!

- ***Made to Order Omelet Station**- toppings Diced Tomatoes, Onions, Peppers, Chicken Sausage, Mozzarella or Cheddar Cheese
- ***Bacon, Egg & Cheese Sandwich**- on Wheat Bread
- ***Meatless Egg & Cheese Sandwich**- on Sliced Wheat Bread
- ***Wheat French Toast Sticks**- Served with 100% Maple Syrup
- ***Wheat Pancakes** – Served with 100% Maple Syrup
- ***Yogurt Parfait**- Greek Vanilla Yogurt, Fresh Blueberries & Granola
- ***Bagel Meal** - Bagel, 2 Cheese Stick and Fruit
- ***Daily Vegetables**–Hash Brown/Tater Tots offered daily
- ***Available Daily** –Orange, Apple and Banana

Coffee Station available for High School Students in both Atrium and Cafeteria locations

Menus are subject to change. Items with a (P) contain pork. Bread or breaded items contain milk or soy.



All Breakfast **Must** Include Choice of:
One Grain, Fruit
And May Include:

Choice of Fat Free or 1% Low-Fat Milk with no rBST or artificial hormones

All food is free from hydrogenated oils, high fructose corn syrup, preservatives, and artificial dyes. Grains served are whole grain per National School Lunch guidelines.

If you have any Question/Concerns
Special Dietary Needs Please email
gloria.estrada@irvingtonschools.org

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STUDENT
NUTRITION

This institution is an equal opportunity provider.



Irvington High School and Middle School Menu



Daily Offerings

Available every day!

- * **ACTION STATION**- Lo Mein Noodles Sautéed Fresh & Hot! Add vegetables of choice and diced chicken.
- * **Grab n Go STATION**- Burgers & Chicken Sandwiches on a Bun
- * **SMOOTHIE STATION**- Yogurt blended with fruit and granola
- * **Acai Bar**- Acai berry with choice of various toppings
- * **DELI STATION** - Made to Order Sandwiches with Boars Head products. Panini press option for a hot variation.
- * **DAILY VEGETABLES** -Carrot Sticks and Celery Sticks offered daily
- * **GOURMET PIZZA STATION**-Specialty Pizzas Daily along with Cheese, Pepperoni (P) and Turkey, Salami (P)
- * **ROTATION**- Wk 1. Quesadilla Bar Wk 2. Pasta Bar Wk 3. Quesadilla Bar Wk 4. Pasta Bar
- * **SALADS** – Grilled Chicken Caesar Salad
- * **Soup- Chicken Soup, Tomato Soup, Pea Soup**
- * **Apple, Oranges, Banana**



All Lunches **Must** Include Choice of:
Fruits and/or Vegetable
And May Include:

Choice of Fat Free or 1% Low-Fat Milk with no rBST
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February 2026

IRVINGTON HIGH/MIDDLE SCHOOL WEEKLY LUNCH MENU

February 2-6

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Gluten Free items are available. Please ask servers to identify items.

[Adult Lunch](#)
\$5.50 (Includes tax)

MONDAY

Meatless Monday
Grilled Cheese
Tomato Sauce

Roasted Broccoli
Apple

TUESDAY

Beef Nachos
Brown Rice

Roasted Butternut
Cantaloupe

WEDNESDAY

Wing Bar
(Buffalo, BBQ and Plain)
Brown Rice

Celery
Apple

THURSDAY

Cuban Sandwich
with Pork

Baked Sweet Potatoes
Orange

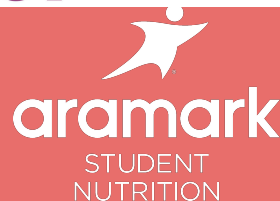
FRIDAY

Alfredo Pasta*
Chicken
Breadstick

Steamed Broccoli
Watermelon

All Lunches Must Include Choice of:
Fruits and/or Vegetable
And May Include:
Choice of Fat Free or 1% Low-Fat
Milk with no rBST or artificial
hormones

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February 2026

IRVINGTON HIGH/MIDDLE SCHOOL WEEKLY LUNCH MENU

February 9-13

MONDAY

Meatless Monday
Fish Stick
Brown Rice

Kidney Beans
Apple

TUESDAY

Beef Tacos
Served with Sour Cream and
Salsa

Baked Sweet Potato
Banana

WEDNESDAY

**Beef Sauteed with
Peppers and Onion**
Brown Rice

Spinach Salad
Sliced Apple

THURSDAY

**Buffalo Chicken
Quesadilla**
Salsa and Sour Cream

Butternut Squash
Orange

FRIDAY

Mac and Cheese*
Dinner Roll
Chicken Tender

Rainbow Vegetables
Banana

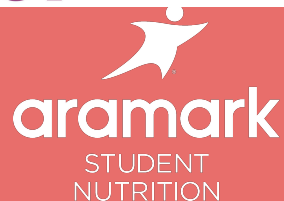
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February 2026

IRVINGTON HIGH/MIDDLE SCHOOL WEEKLY LUNCH MENU

February 23-27

MONDAY

**Pulled Pork Sandwich with
Swiss cheese and Pickles**

**Steamed Broccoli
Sliced Apple**

TUESDAY

**Cheesy Pasta *
Garlic Breadstick**

**Steamed Carrots
Banana**

WEDNESDAY

**Beef Nachos
Sour Cream and Salsa
Brown Rice**

**Roasted Broccoli
Banana**

THURSDAY

**Grilled Cheese
Tomato Soup**

**Cucumber
Apple**

FRIDAY

**Wing Bar
(Buffalo, BBQ and Plain)
Rice**

**Roasted Zucchini
Apple**

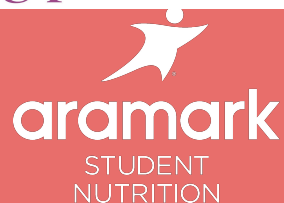
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