Spring Family Guidance Night

11th Grade – Class of 2027

Meet Your School Counseling Team



Sandy Woosley
Last Name:
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(408) 522-2459



Vanessa Goulart
Last Name:
A-C
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Sherry Fazzio
Last Name:
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Last Name:
Mel-Rom
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Eric Medeiros
Last Name:
Ron-Z
(408) 522-2423



Susan Rocha
Assistant Principal
A-GO
(408) 522-2411



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Guidance Support
(408) 522-2412



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Registrar
(408) 522-2405



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College & Career Center
(408) 522-2404



Syvees Sazon
Data Tech
(408) 522-2406



Phyllis Flanagan
Intervention Specialist
(408) 522-2439

Tonight's Agenda

6:00-6:30

Overview of course selection process presented by guidance counselors

6:30-7:30

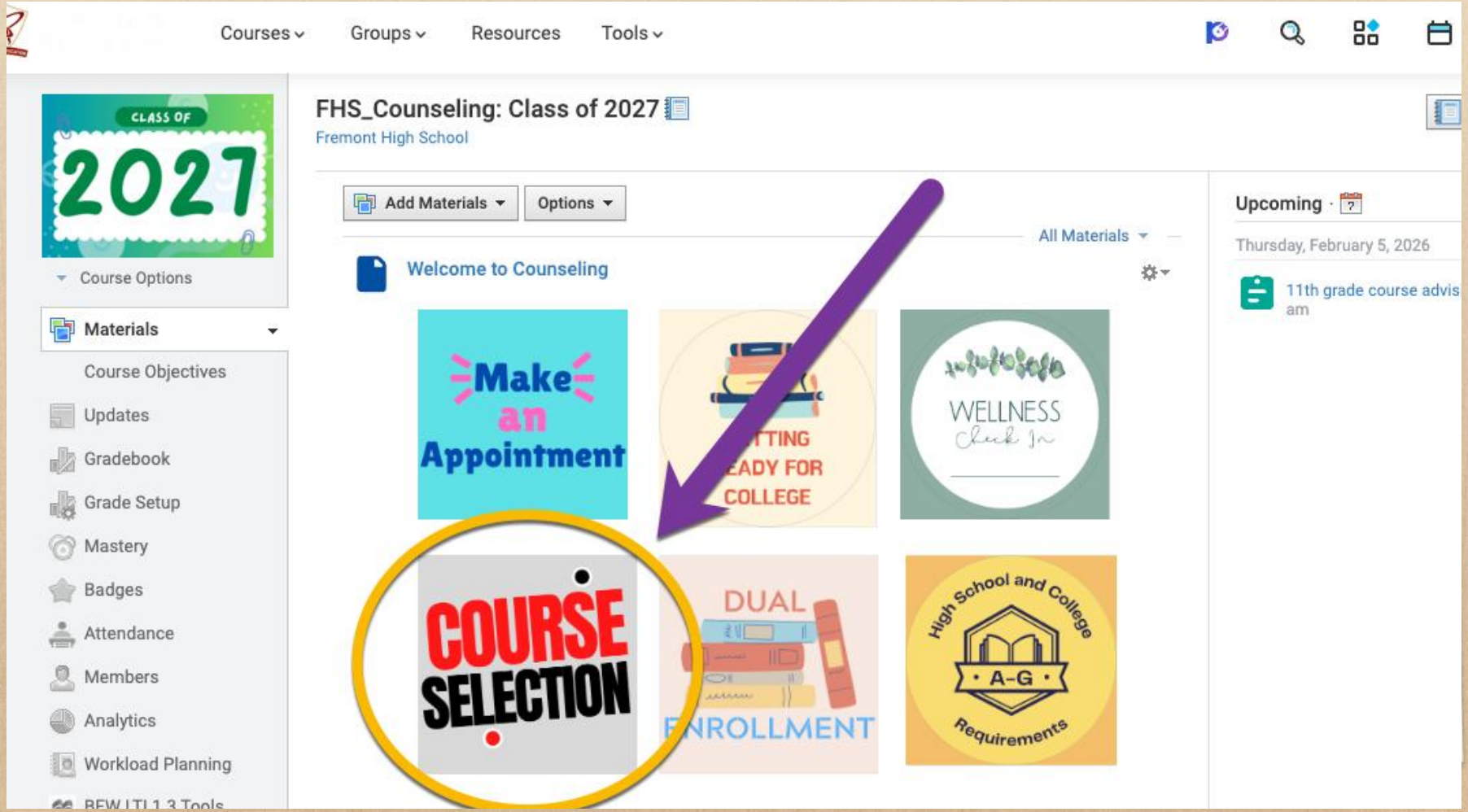
Brief presentations by teachers about 12th grade course options



Course Selection Roadmap

1. Course Selection Advisory (1/12)
2. Research Elective Options
3. Talk with your current teachers about options and recommendations
   Talk to your parents too
4. Choose courses on
   11th: Feb 5 & 6
   10th: Feb 10 & 11
   9th: Feb 12 & 13
5. Receive Course Verification on **March 31st**
   Request any changes if needed
6. Final schedule will be given out in August




Courses
Groups
Resources
Tools
CLASS OF
2027
Course Options
Materials
Course Objectives
Updates
Gradebook
Grade Setup
Mastery
Badges
Attendance
Members
Analytics
Workload Planning
FHS_Counseling: Class of 2027
Fremont High School
Add Materials
Options
All Materials
Welcome to Counseling
Make an Appointment
WELLNESS
COURSE SELECTION
DUAL ENROLLMENT
High School and College
A-G
Requirements
Upcoming
Thursday, February 5, 2026
11th grade course advis
am

Graduation Requirements and College Eligibility

Subject Requirements	High School Graduation Requirements	University Admission Requirements
English	40 = 4 years	40 = 4 years
Math	20 (Algebra I and Geometry)	30 (4 years recommended)
Science	20	20 (2-4 years recommended)
Social Science	30	20
World Language*	10	20 (3-4 years recommended)
Fine Art/ Visual & Performing Arts*	10	10
Applied Academics*	10	
Physical Education	20	
Electives	60	10 (approved College Prep elective)
Other Requirements		SAT/ACT VARIES BY CAMPUS
Subject Credits	220	150

Graduation/College Requirements

Balanced Schedule

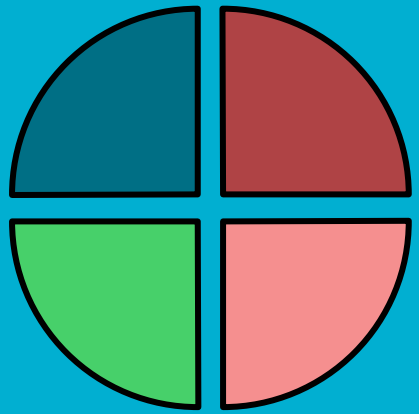


REQUIRED CLASSES

Make sure you have what you need for graduation

Have you considered other commitments next year (ex: college apps)

ACTIVITIES



AP/HONORS

Did you sign up for too many or have you challenged yourself to try one?

Make sure you have time for healthy habits such as rest and exercise

SELF-CARE

ELECTIVES AT FHS

Course List with Links



12th Grade Schedule

ALL students - 5+ classes recommended

- English (Story & Style, ERWC, AP Literature)
- Government/Economics
  - AP Gov/Econ
  - AP Econ/Gov
- Math (4th year HIGHLY recommended)
- Science (if needed)
- PE (if needed)
- World Language (if needed)
- Any extra electives

12th Grade Schedule

Additional options



- **7 total classes?**
  - We guarantee 6 classes
  - Add Lottery - 2nd week of school
  - Student Tutor / TA could be an option
- **No 7th block**
  - Students can request no 7th block
    - Not guaranteed but we'll work with you if there is a serious issue
  - We will prioritize class choice over block choice
- **De Anza / Foothill Dual Enrollment**
  - Marketing, Kinesiology, Statway, Psychology
    - Statway / Kinesiology in person
    - Psychology / Marketing online

Summer Classes



- Summer Academy (make up for Ds and Fs)
  - Term 1: June 15 - July 2, 8:30am - 12:50pm

    (no class 6/19)
  - Term 2: July 6 - 23, 8:30am - 12:50pm
- Summer Classes for Enrichment
  - Typically these courses do not go on FHS transcript
  - Any college class taken will be on a student's college transcript FOREVER
  - You need to communicate with us if your summer plans change
  - You must do your own research on outside schools

College Eligibility Information

CSU - 22

You need:

-A-G COURSES

- MINIMUM 2.5 A-G GPA

NO SAT/ACT

UC - 9

You need:

-A-G COURSES

- MINIMUM 3.0 A-G GPA
- ACTIVITIES & EXTRACURRICULARS
- VOLUNTEERING & COMMUNITY SERVICE
- PERSONAL INSIGHT QUESTIONS (PIQ)

NO SAT/ACT

Private/Out of State

You need:

-REQUIRED COURSES VARY

- GPA VARIES (USUALLY 3.0+)
- LETTERS OF REC
- PERSONAL STATEMENTS
- PORTFOLIO (art/performance programs)

-CHECK EACH SCHOOL RE: SAT/ACT

Community College - 117

You need:

- DIPLOMA/GED
- NO GPA (2.0 RECOMMENDED FOR FINANCIAL AID)

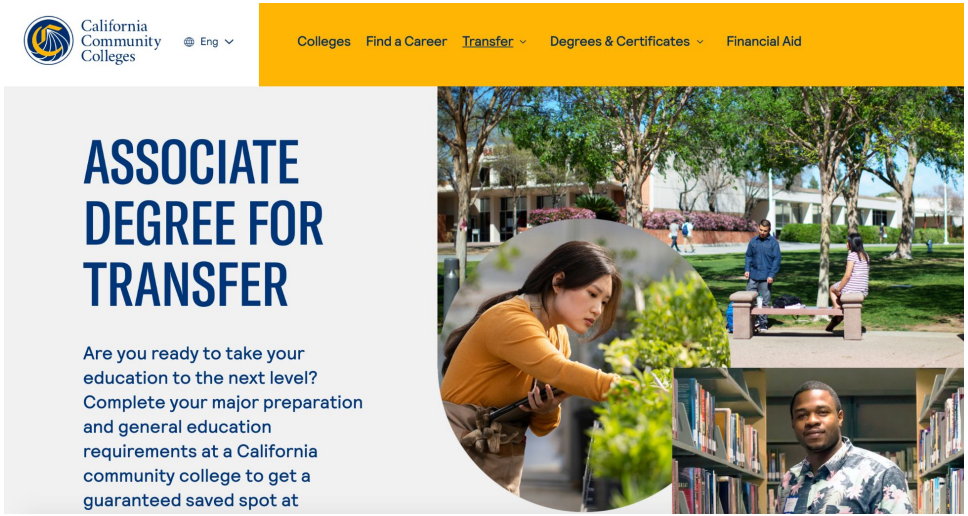
NO SAT/ACT

Transfer Route:

Community College → UC/CSU

ADT (CSU)

A Degree with a Guarantee



TAG (UC)

Transfer Admission Guarantee
6 out of 9 UC's (most majors)

Admission rates (fall 2025 - CA Resident)

(first-year vs transfer)

- UCLA
  - **10% → 26%**
- UC Berkeley
  - **14% → 30%**
- UC San Diego
  - **25% → 61%**



FAFSA / Dream Act

APPLICATION OPENS - October 1st, 2026

Now a California graduation requirement!

a. Must complete either the FAFSA, the CA Dream Act, or Opt-out

b. FAFSA / Dream Act is due on:

March 2nd, 2027

c. Most merit based scholarships require it

d. Free community college requires it



Deirdre Louie, LMFT

School-Based Therapist

deirdre_louie@fuhsd.org

(408) 522-2487



Promoting Student Wellness



- Sleep (8-9 hours ideal)
- Social time with friends (preferably in person)
- Limits on technology (especially around bedtime)
- Physical activity for mental health (3-5 times per week)
- Time for family connection
- Healthy communication (listening, validating, joint problem solving)

One important way we can promote wellness in our children is by modeling these behaviors for them (as much as possible).

FHS Wellness Center





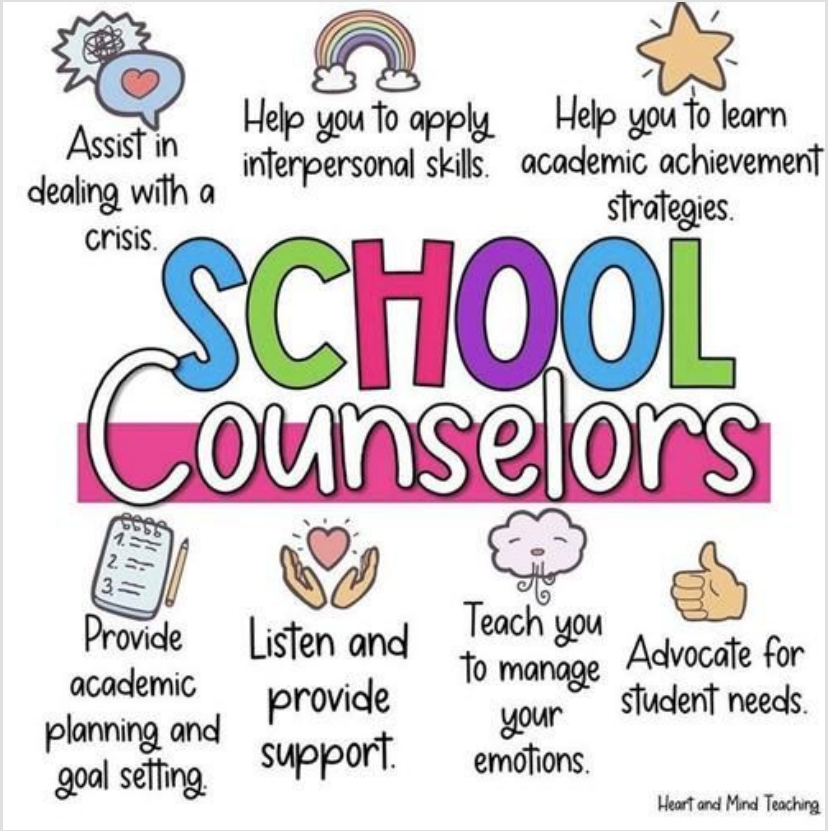
QUESTIONS?

Eric Medeiros

School Counselor, RON-Z last names

408-522-2423

eric_medeiros@fuhsd.org



Department Representatives

We will now being hearing from our different departments regarding 12th grade course options





Department Representatives

Andree Heyneman - Science

Geoff Wen & Curtis Lee - *Social Studies*

Erin Levin - *Middle College*

Stacey Stebbins - *English*

Micaela Kaye - *Math*

Science Department Lead

Andree Heyneman

Contact: andree_heyneman@fuhsd.org

Recommended Sequence:

9th grade	10th grade	11th grade	12th grade
Biology	Chemistry OR Chemistry Honors	AP Biology	
	Physics OR Physics Honors	AP Chemistry	
		AP Physics C	
		AP Environmental Science	
	Science and Society		
		Physiology	

AP Science Courses

- A **second year course** in the topic (except APES)
- College-level work, taught in a supportive high school environment
- Independent reading and study required beyond classroom instruction; 90 min–2 hrs of HW per class
- AP examination in May (optional); some colleges may give credit for passing scores on exam

AP Science Courses

To be successful in AP science courses, we recommend the following prerequisites:

AP Biology

- High B or better in Biology **AND**
- B or better in Honors Chemistry OR an A in College Prep Chemistry

AP Chemistry

- B or better in Honors Chemistry OR an A in College Prep Chemistry

AP Physics C: Mechanics

- B or better in Physics Honors **AND** Precalculus Honors, **PLUS**
- Previous or concurrent enrollment in AP Calculus (AB or BC)

AP Environmental Science

- B or better in previous science courses **AND**
- Successful completion of any honors-level science course

Science Electives

Science and Society

- Grades 10-12; can earn credit for **life OR physical science**
- Science and Society is a **project-based course** that connects scientific concepts with current societal issues, such as:
  - Energy resources
  - Water quality and sustainability
  - Waste management
  - Space mining
  - Humanity of genetics
  - Addiction
- Consistent attendance, group participation, and engagement with alternate assessments (such as presentations) are critical to success in the course

Science Electives

Physiology

- Grades 11-12; can earn credit for **life science**
- Physiology is the study of the anatomy and human body and how choices you make affect your health:
  - How does my body actually move?
  - How does food become part of my body?
  - How does my body respond to stress?
  - How does my body protect itself from infection?
  - What do we choose about our own appearance?
  - How are pain and pleasure essential in the human experience?
- Dissections (3 over the year) are included to support learning of body systems

Social Studies – Curtis Lee
curtis_lee@fuhsd.org

Senior Year Non-AP Options:

US Government

Studying individuals' relationships with the US Government and how democracy functions in the United States

Economics

Studying how economics can be used to inform individuals' decisions

Senior Year AP Options:

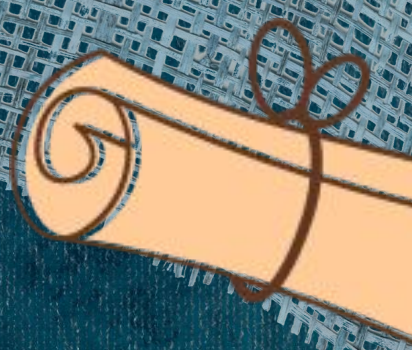
US Gov. / AP Econ

Deep study and graphical analysis of individual choices and how those choices impact everyone and everything around us.

Econ / AP Gov.

In depth study of the structure of the American political system with an emphasis on individual, group, and societal events.

Skills and the Work



US Gov./Econ

- High school level Reading
- Average 1.5 hours of homework a week.

US Gov./**AP Econ**

- College level reading
- Timed response to graphing-based problem
- Average 5 hours of homework a week.
- AP Problem Practice and weekly quizzes

Econ/**AP Gov.**

- College level reading
- Timed writing in response to short prompts
- Average 5 hours of homework a week.
- AP Problem Practice and weekly quizzes

All Classes

- Group projects, simulations, lectures, discussions, multiple choice and written response assessments, critical thinking, oral communication, study skills, research

Middle College - Erin Levin

FUHSD | De Anza Middle College

Are you looking for a different learning environment from your home high school—one where you can take both high school and college classes, on a college campus?

If so, Middle College might be the right place for you! Middle College students benefit from:

- Access to a wide variety of college courses (over 3000 to choose from!) to explore academic interests
- Taking college courses that count toward high school graduation ***and*** that can be transferred to future colleges (many of our students complete their first year of college coursework while still in high school!)
- Flexible scheduling: Middle College high school classes take place between 12:30 and 3:30, and you are free to build your own schedule around those hours
- A close-knit community of mature students and small staff-to-student ratios for more individualized support
- Priority registration for De Anza College courses

Scan the QR code to visit our website where you can watch a video and learn more about the unique benefits of this program.







English - Stacey Stebbins

Expository Reading & Writing

(ERWC)

AP Literature

(AP Lit)

Story and Style: A Critical Lens









www.freaking-muse.net

Focus



ERWC

Learning about and discussing contemporary issues

AP Lit

Deeply exploring the literary nuances of a text in relation to its social, cultural, historical and philosophical implications

Story & Style

Focus on issues of self and society through a variety of genres and media



Source: Deviantart -Kayla-Noel

Reading



Source: Deviantart - murraymullet

ERWC

Non-fiction and fiction texts of varying lengths

AP Lit

College level literature

Story & Style

A wide variety of texts



Source: veryunusuallibrarians.blogspot.com

ERWC

Academic essays, informational articles, historical texts

Possible texts include:

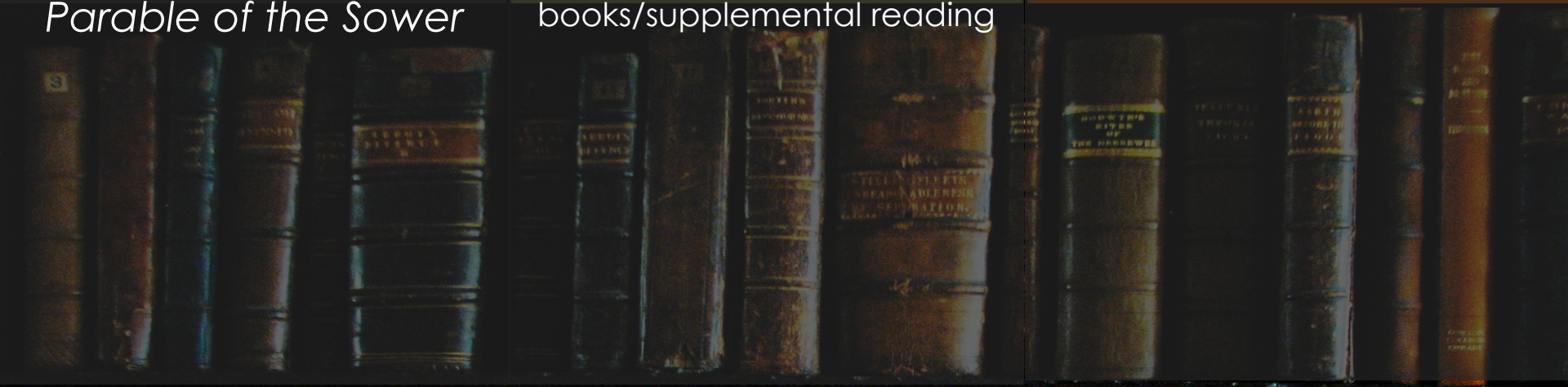
Things Fall Apart
Into the Wild
Parable of the Sower

AP Lit

Poetry
Jane Eyre
Othello
The Namesake
The Stranger
Beloved
On Earth We're Briefly Gorgeous
5 outside reading books/supplemental reading

Story & Style

Possible Texts Include:
The Stranger
Hamlet
Several speeches
The Bluest Eye
Multimedia



Source: veryunusuallibrarians.blogspot.com

Writing



Source: Deviantart - Bass4819

ERWC

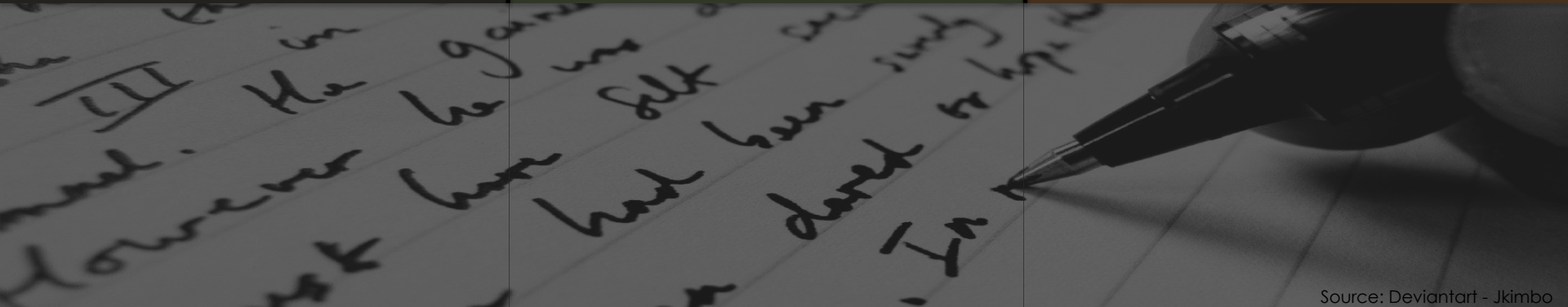
Expository writing (persuasive writing as well as analysis of works of fiction & non-fiction)
UC/CSU Course

AP Lit

Literary analysis and interpretive writing (mostly timed in-class writing)

Story & Style

Literary analysis, reflective writing, research, creative tasks



Source: Deviantart - Jkimbo

Big Projects



ERWC

Research Project
Podcast Project

AP Lit

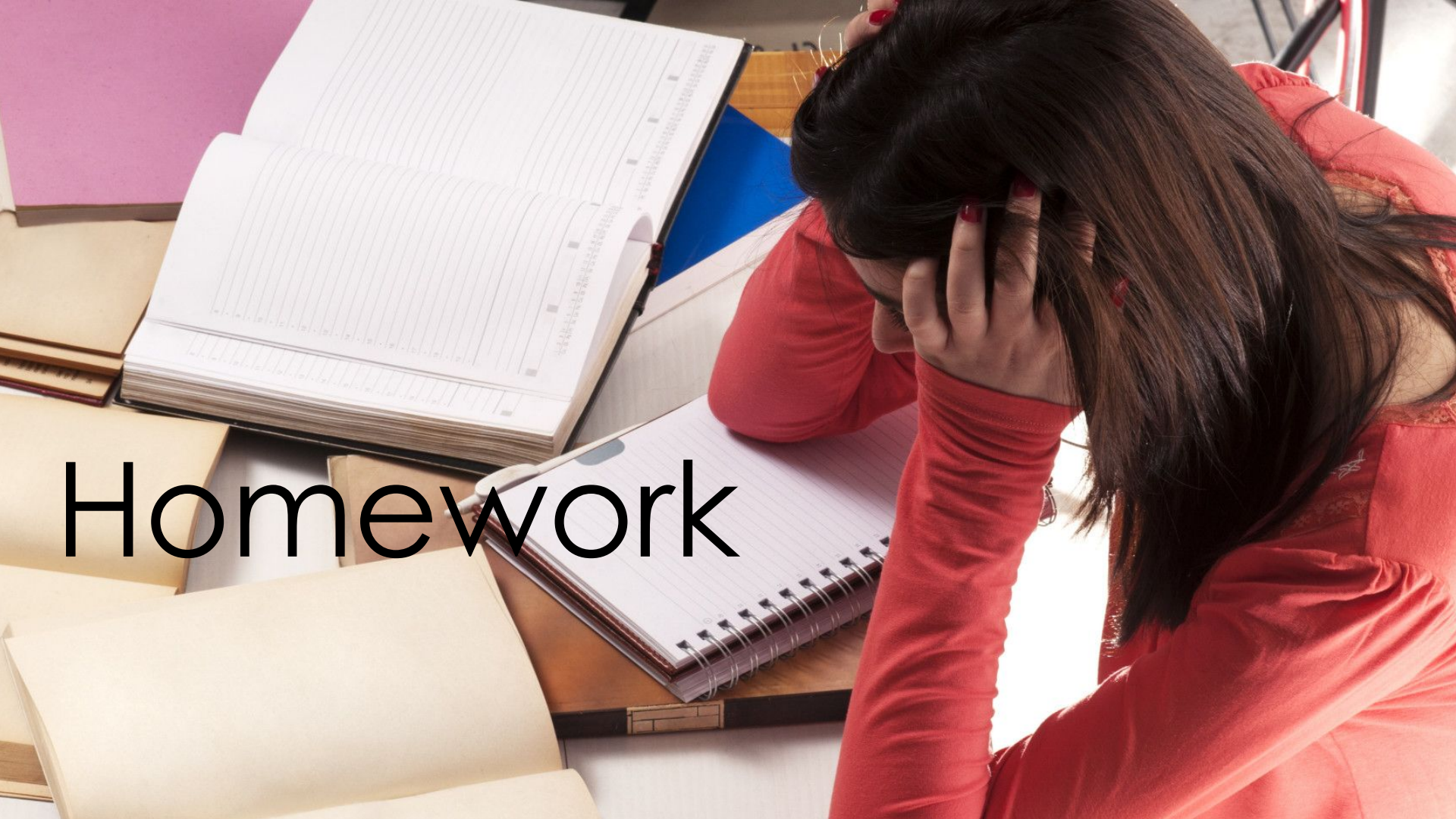
AP Exam

Story & Style

Senior Thesis
(research+ creative component + analytical writing)



Source: Deviantart - Jkimbo


Homework

ERWC

~1.5-2.75 hrs/wk

AP Lit

~ 3-5 hrs/wk

Story & Style

~ 2.5 hrs/wk



Source: Deviantart - Jkimbo

Student Profiles



ERWC

Likes talking about real world controversial topics, wants to improve their writing & speaking, has lots of opinions about the media

AP Lit

College-ready student with a history of excelling in English classes. Likes reading & literature, intrinsically motivated & independent

Story & Style

Likes talking about human nature, philosophy, and the contemporary world. Able to advocate for self and work independently



Source: Deviantart - Jkimbo

Math Department

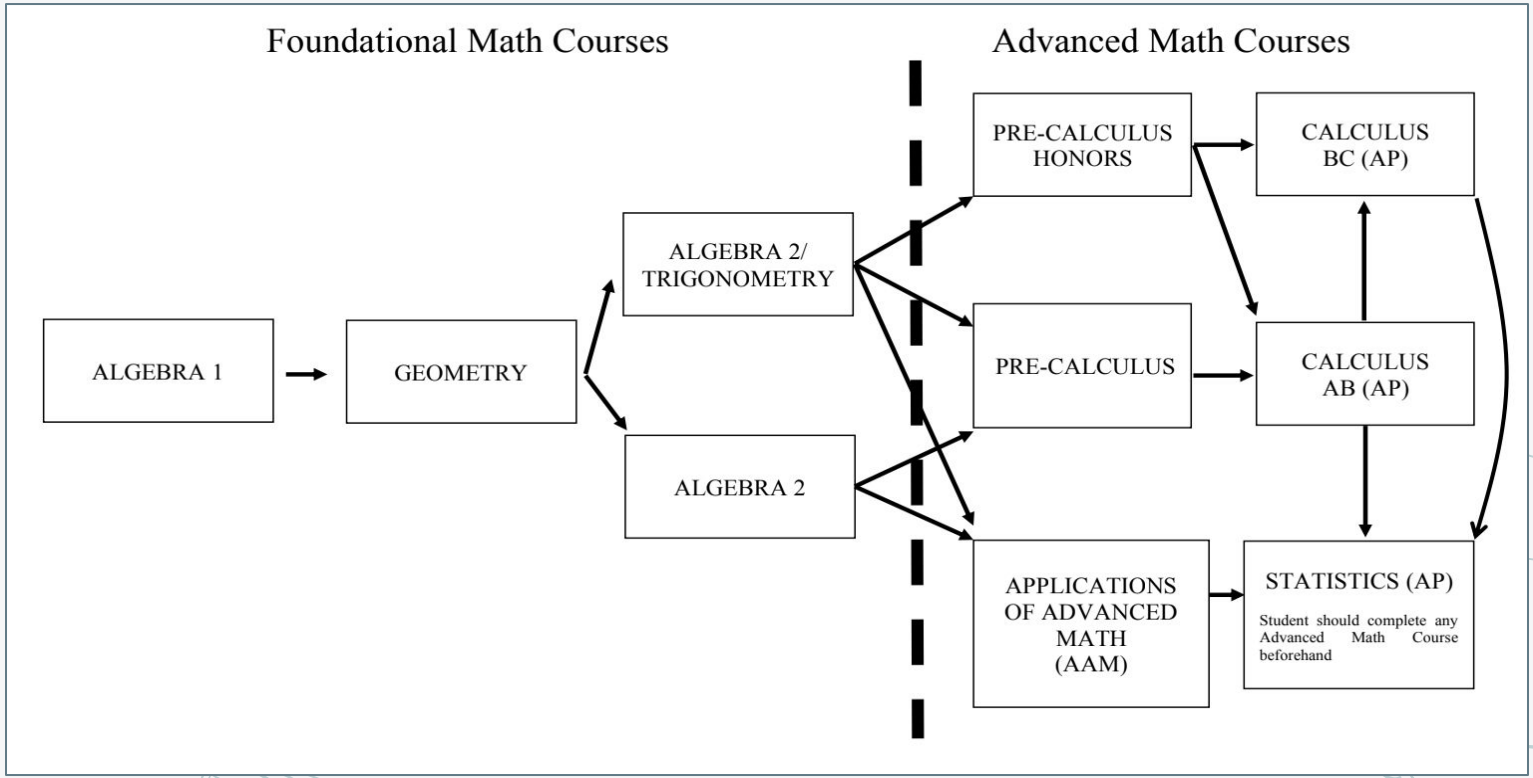
Micaela Kaye and Bob Capriles

Contact:

Math → micaela_kaye@fuhsd.org

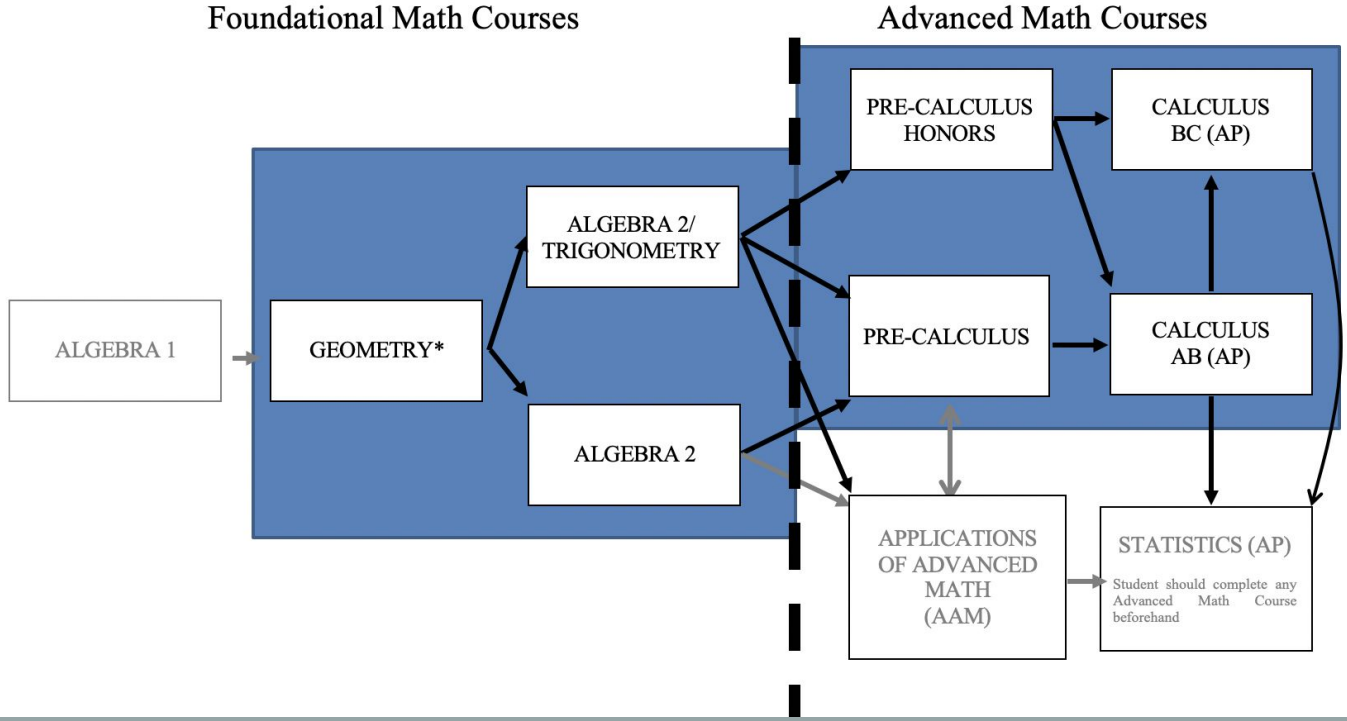
Engineering → bob_capriles@fuhsd.org

Math Course Sequence 2024-2025



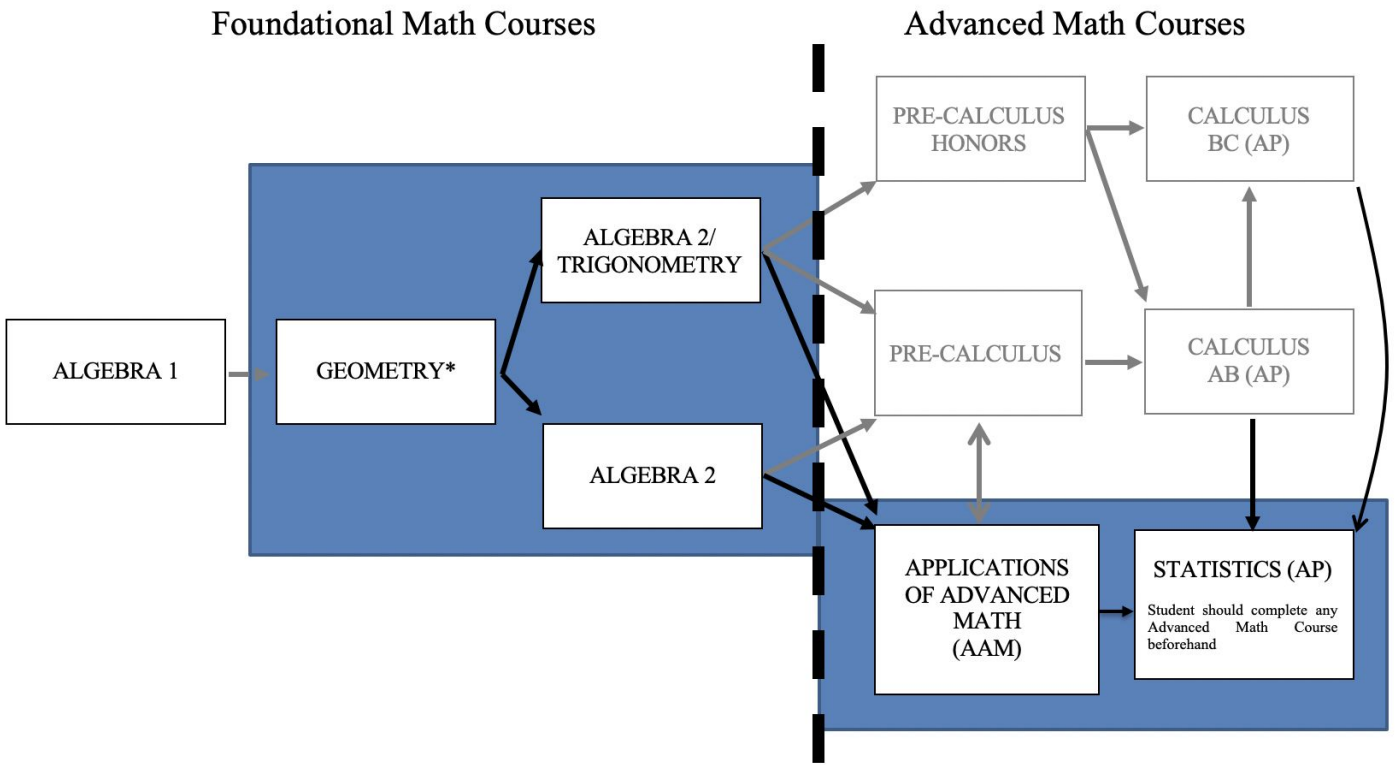
AP Calculus Track

The standard course sequence for students interested in taking AP Calculus.

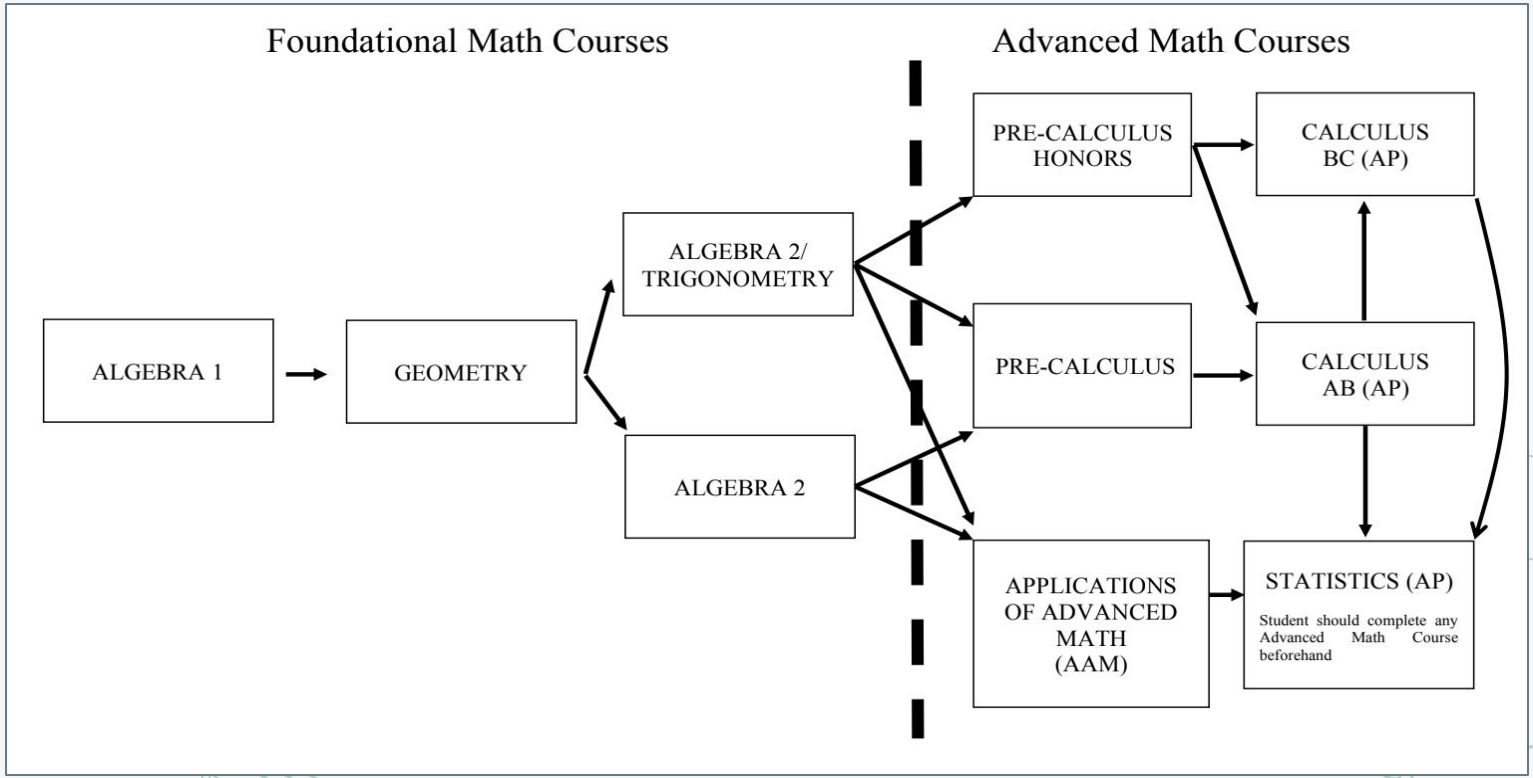


AP Statistics Track

The standard course sequence for students interested in taking AP Statistics.



Math Course Sequence 2024-2025



FHS Engineering Program

Engineering Essentials (EES)

**Must be enrolled in Algebra 1 (or higher)*

Engineering Design (IED)

**Must have passed EES (or cleared with Mr. Bob Capriles)*

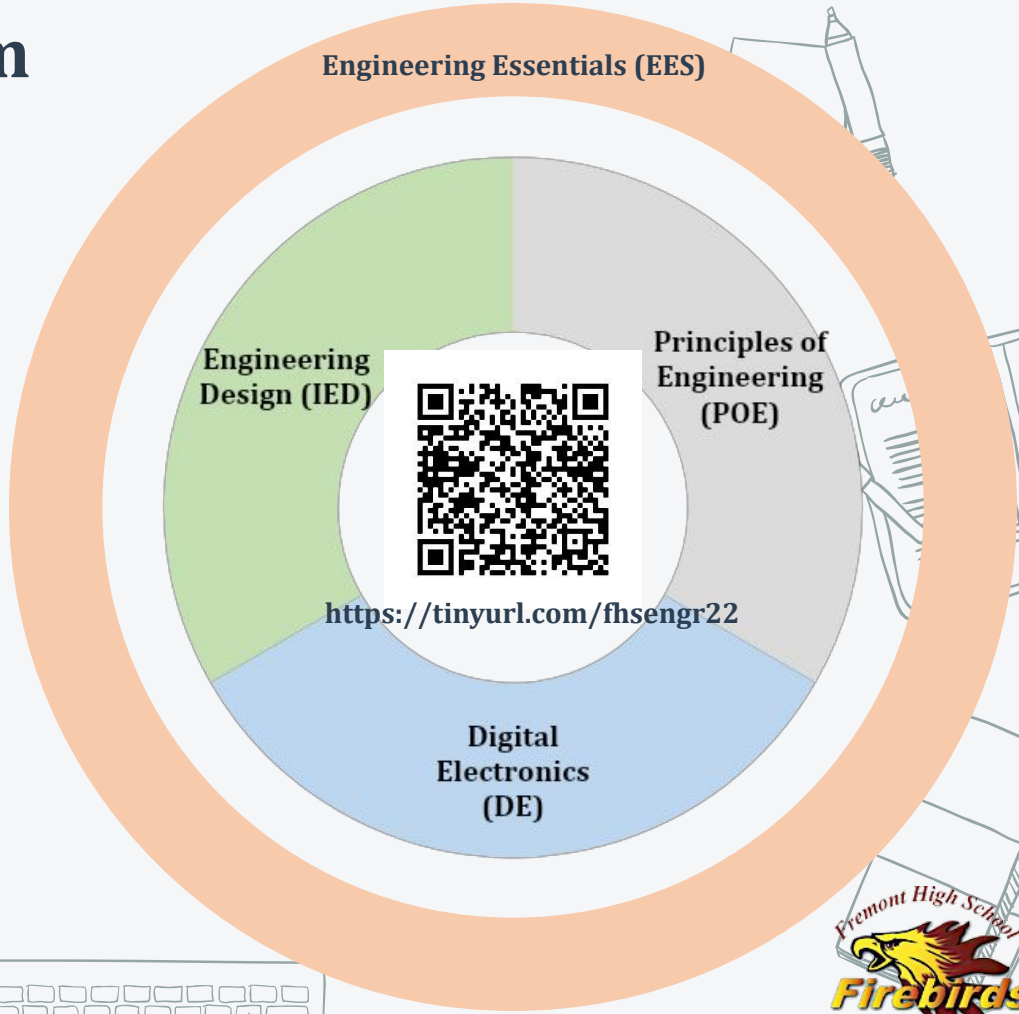
Principles of Engineering (POE)

**Must have passed EES (or cleared with Mr. Bob Capriles)*

Digital Electronics (DE)

**Must have passed EES (or cleared with Mr. Bob Capriles)*

Mr. Bob Capriles
bob_capriles@fuhsd.org



Fremont High School
Firebirds

Please complete our survey

