

The Snohomish School District has approved this information for distribution through its schools. The district does not, however, assume sponsorship of/or responsibility for the actual content of any of the activities offered.



# YMCA YOUTH SPORTS

## 2026 SPRING LEAGUES

### NFL FLAG FOOTBALL MARCH 3 – MAY 3

AGES: Age 5-6, 7-8, 9-10, 11-12, 13-14, 15-17

INFO: Weekly Practice,  
Saturday Games

DETAILS: Gold and Silver Divisions

**BOYS & GIRLS DIVISIONS**



### SPRING BASKETBALL LEAGUE

APRIL 20 – JUNE 20

AGES: Age 5-Grade 10

INFO: Recreation and Competitive Leagues

DETAILS: Weekly practices,  
Friday and/or Saturday games



### VOLLEYBALL LEAGUE MARCH 9 – MAY 9

GRADES: Gr. 3-4, 5-6, 7-8, 9-12

TIMES: Weekly Practices, Saturday games

INFO: End of season tournament, May 8-9

DETAILS: Separate REC and  
Competitive (YVL) Leagues

**BOYS & GIRLS DIVISIONS**



### SPRING SOCCER LEAGUE MARCH 30 – JUNE 6

AGES: Age 5-13

INFO: Separate Boys & Girls Division (Age 7+)

DETAILS: Weekly practices-  
Saturday games. Preseason  
Jamboree & End of Season  
Tournament



## Volunteer coaches needed!

Scholarships Available – At the Y, we believe everyone should have the opportunity to learn, grow and thrive, regardless of their financial circumstances. Contact 425-374-5779 for more information.

## LEARN MORE & REGISTER

Register online at  
[www.ymca-snoco.org/sports](http://www.ymca-snoco.org/sports)  
425-374-5779

