

Special Diet Statement

Institutions or organizations who sponsor and operate a federally-funded Child Nutrition Program must make accommodations to meals and/or snacks on a case-by-case basis for participants who are considered to have a disability that restricts their diet: School Nutrition Program – 7 CFR 210.10(m), Child and Adult Care Food Program – 7 CFR 226.20 (g), Summer Food Service Program – 7 CFR 225.16(f)(4). **According to the Americans with Disabilities Act (ADA) Amendments Act, most physical and mental impairments that substantially limit or affect one or more major life activities or bodily functions will constitute a disability.**

Sponsors are not required to accommodate special dietary requests that do not constitute a disability, including requests related to religious or moral convictions or personal preference. If these requests are accommodated, sponsors must ensure that all U.S. Department of Agriculture (USDA) meal pattern and nutrient requirements are met.

This form must be completed by an authorized medical authority, such as a licensed Physician, Physician Assistant, Advanced Practice Registered Nurse or a Registered Dietitian. Updates to this form are required only when a participant's needs change.

Note to Districts/Schools: Parents/Guardians may provide a written request for lactose-reduced milk without a physician's signature.

Send completed special diet statement to Nutrition Services via email NutritionServices@MVPSchools.org or Fax 651-621-6026

Participant Information

Participant's Name: Date of Birth:

Name of School/Center/Site Attended:

Parent/Guardian Name: Phone Number:

Required Information: Dietary Accommodation

1. Identify how the participant's physical or mental impairment affects their diet:

2. Describe what must be done to accommodate the participant's dietary needs:

3. If specific foods should be avoided, list those below with recommended substitutions.
(Do not include specific brand names unless medically necessary)

Foods to be Avoided	Recommended Substitutions