



Bullying and Cyberbullying Prevention Training & Resources

Definitions

Bullying – a course of abusive treatment (whether written, verbal, graphic, or physical) that typically involves the use of force or coercion to affect others, particularly when habitual and involving an imbalance of power. It may involve verbal, written or cyber harassment, physical assault or coercion and may be directed persistently towards particular victims.

Cyber-bullying – the use of information and communication technologies, such as, but not limited to, cell phone, email, instant messaging, social media websites, Twitter, etc., to support deliberate and hostile behavior by an individual or group, that (i) is intended to harm others or (ii) that an objectively reasonable person would expect to cause harm to others. Cyber-bullying includes the posting or other transmission of text, video, or images that are embarrassing, demeaning, or threatening in nature, regardless of whether the subject of such text, video, or images directed, consented to or otherwise acquiesced in the at issue posting or other transmission.

Possible forums for social media bullying include, but are not limited to:

- Internet websites with free registration and ease of registration.
- Internet websites offering comment forums or sections.
- Internet website offering peer-to-peer instant messaging.
- Internet websites offering image or video posting platforms.

Resources

[Online Bullying Training Module](#) (PPTX)
[Bullying Module](#) (DOCX)

The CDE Online Bullying Training Module and Bullying presentation is mandated by Assembly Bill 1993 and California *Education Code* Section 32283.5. The Online Bullying Training Module and Bullying Module will assist all school staff, school administrators, parents, pupils, and community members in increasing their knowledge of the dynamics of bullying. The Online Bullying Training Module presentation and Bullying Module identify acts of bullying and suggest strategies to address bullying.

[StopBullying.gov Bullying Prevention Training Course](#)

This free training provides guidance on how to take a public health approach to bullying prevention through the use of long-term, community-wide prevention strategies. Take the course and make a difference today.

[National Alliance for Youth Sports: Bullying Prevention Training](#)

This program is designed to provide valuable information on bullying and add to what coaches, parents, and administrators should know regarding bullying prevention. Bullying awareness and prevention is an important issue in youth sports today as it affects the health and well-being of children participating in all sports, and at all levels. This free training may be taken for a certificate issued by National Alliance for Youth Sports (NAYS).

[Teachers' Essential Guide to Cyberbullying Prevention](#)

This guide is provided by Common Sense Media, a nonprofit organization that "provides education and advocacy to families to promote safe technology and media for children." The guide responds to the questions, What is cyberbullying? How common is it? And what can teachers do about it? Get advice and resources (English and Spanish) to support your students.

[Keenan Bullying Recognition/Response](#)

Keenan Safeschool's Bullying: Recognition and Response course trains staff how to recognize and react to bullying situations, as well as their obligations to help prevent bullying/cyberbullying. The course helps users understand the complexities of bullying by examining its characteristics, development, and underlying causes. It also discusses the roles of victims, bullies, and bystanders and offers ways for staff to deal with each. This course is designed for all school staff members in California. A certificate will be issued by Keenan upon completion.

Websites, Publications, and Blogs

[Bullying and Youth with Disabilities and Special Health Needs](#)

This site addresses creating a safe environment for youth with disabilities and federal civil rights laws.

[Bullying at School](#) (PDF)

This CDE publication addresses bullying behavior and hate-motivated behavior, including definitions, effects, and prevention strategies.

[Cyberbullying - Definition, Prevention, and Reporting](#)

Cyberbullying happens when children bully each other through electronic technology. Find out why cyberbullying is different from traditional bullying, what you can do to prevent it, and how you can report it when it happens.

[Cyberbullying Research Center](#)

The Cyberbullying Research Center is a clearinghouse of information about cyberbullying among adolescents. It provides information on the nature, extent, causes, and consequences of cyberbullying, as well as resources on how to prevent and respond to online aggression.

[GLSEN \(Gay, Lesbian, and Straight Education Network\)](#)

This network provides resources and support for schools to implement effective and age-appropriate anti-bullying programs to improve school climate for all students.

[Massachusetts Bullying Prevention and Intervention Resources](#)

Massachusetts law led to the Model Bullying Prevention and Intervention Plan and implementation of model practices in school staff professional development in bullying prevention.

[National Center on Safe Supportive Learning Environments \(NCSSLE\)](#)

Funded by the U.S. Department of Education's Office of Safe and Healthy Students. Bullying is defined as a form of unwanted, aggressive behavior among school-age children that involves a real or perceived power imbalance and that is repeated, or has the potential to be repeated, over time. This site describes physical, verbal, social bullying, and cyberbullying and features resources.

[National Criminal Justice Reference Service](#)

Select A-Z Topics, and then select *Bullying*.

[National Crime Prevention Council](#)

The National Crime Prevention Council's mission is to be the nation's leader in helping people keep themselves, their families, and their communities safe from crime.

[Olweus Bullying Prevention Program](#)

The site provides a summary of the Olweus Bullying Prevention Program developed by the Olweus Group. It is a comprehensive model that defines bullying/cyberbullying and utilizes annual surveys, classroom curriculum, implementation resources, and training.

[Organizations and Resources that Support Youth](#)

A list of California organizations providing support to youth and their families who have been subjected to school-related discrimination, harassment, intimidation, and bullying/cyberbullying, including resources for youths affected by gangs, gun violence, and psychological trauma caused by violence at home, school, and in the community.

[PACER National Bullying Prevention Center](#)

The organization provides classroom, family, and community resources and materials related to bullying and cyberbullying prevention, activities and events, and stories. [Spanish language materials are available.](#)

[Stop Bullying](#)

Stopbullying.gov is a national organization that provides information for students and adults defining bullying/cyberbullying, and offering advice on how to address the issues, resources, and materials.

[Teaching Tolerance](#)

Teaching Tolerance is a project of the Southern Poverty Law Center. It includes classroom resources and materials on bullying, cyberbullying, and school climate among many other topics related to tolerance.

[iKeepSafe](#)

The iKeepSafe mission is to provide a safe digital landscape for children, schools, and families by supporting the protection of student privacy, while advancing learning in a digital culture. To support this mission, we provide data privacy certifications to technology companies, educational resources to schools, and information to the community.

[Prevent Bullying- Department of Health and Human Services](#)

CDC fast facts on preventing bullying.

[Start the Conversation- CyberBullying Resource for Parents](#) (PDF)

Helpful tips for parents worried about their child being victim to cyberbullying.