

March 2026

RUGBY PUBLIC SCHOOLS BREAKFAST & LUNCH MENU

Monday	Tuesday	Wednesday	Thursday	Friday
2 Benefit Bar String Cheese Hamburger French Fries	3 Little Johns Chicken Strips Mashed Potatoes with Gravy	4 Muffin String Cheese Hamburger Hotdish Dinner Rolls	5 Breakfast Breads Tacos Cheesy Refried Beans	6 Yogurt & Grahams French Toast Cheese Omelet
9 Poptart String Cheese Crisпитos Cheese Sauce Rice	10 Omelet Hot Ham & Cheese Baked Beans	11 Muffin String Cheese Meatballs with Gravy Mashed Potatoes Carrots Early Out 1:30	12 Breakfast Pizza Corndogs Potatoes	13 Yogurt & Granola Cheese Pizza Green Beans
16 French Toast Sticks Orange Chicken Rice	17 Mini Donuts Chili Breadsticks	18 Muffin String Cheese Tator-tot Hotdish Corn	19 Breakfast Breads Hotdogs Macaroni & Cheese	20  No School
23  No School	24 Waffles Sloppy Joes Baked Beans Chips	25 Muffin String Cheese Chicken Drumsticks Mashed Potatoes & Gravy	26 Mini Cream Cheese Bagels Pasta Bar Garlic Toast	27 Yogurt & Granola Grilled Cheese Tomato Soup
30 Cook's Choice Cook's Choice	31 Cook's Choice Cook's Choice	~Ely Breakfast: Cereal, toast, peanut butter, WOW butter, jelly, fruit, 1% white milk, skim chocolate milk, and fruit juice are offered daily. ~High school breakfasts are grab-and-go Power Packs served from the breakfast cart (no fixed menu.) ~Bread, peanut butter, WOW butter, jelly, salad bar with various fruits and vegetables, 1% white milk, and skim chocolate milk are offered daily at lunch. ~All bread offerings are whole grain. --Menu items may change due to availability. This institution is an Equal Opportunity Provider.		

Don't let what you cannot do interfere with what you can do. — John Wooden