

# AD-VENTURES FOR TEENS!



A Publication of the Fargo Public Schools



## Connection.

To grow up without it costs more than you think.

**Loneliness is a public health crisis.**

Impacts nearly half of U.S. adults and many kids even more.

**Connection isn't a "nice-to-have."**

It's a protective factor. A lifeline.

**Together, we can provide more connection for girls in our region.**

Your generosity makes an impact for generations to come.

Consider a donation this Giving Hearts Day.



**Giving Hearts Day**

AD-VENTURES FOR KIDS is published through the cooperation of many agencies in Fargo/Moorhead and coordinated through the Fargo Public Schools. If you have any questions, suggestions, or articles, please call 446-1112.

Publication in AD-VENTURES FOR KIDS does not constitute School District endorsement of a program, product or service.



CATCH UP,  
KEEP UP,  
GET AHEAD!

### OFFERED SERVICES



**HOMEWORK HELP**



**ACT/SAT PREP**



**MATH**



**STUDY SKILLS**



**READING**



**WRITING**



SCAN FOR  
MORE INFO!

### TIPS & TRICKS



#### OWN YOUR PROGRESS & KEEP THE MOMENTUM GOING

- Mid-year is a great time for students to take ownership of their growth! Encourage your child to keep a “progress journal.”
- Help your child prepare by thinking about their progress and what they still want to work on. Ask them questions like:
- What do you feel better about since last fall?
- What work is missing/do you need help with?
- What help can we offer to make things easier for you?

*Learning Should Be Personal.*

3033 Brandt Drive Ste A  
Fargo, ND 58104

sylvan@sylvanfargo.com

(701) 499-4300

Open the door  
to new experiences



# America Needs Club Kids

The CLUB Teen Center  
Needs YOU!

The CLUB Teen Center is designed for teens in grades 6 - 12, offering after-school experiences that help you find your voice, build confidence, and explore your passions.

**Your People. Your Place. Your Club.**

Membership in The CLUB is **FREE!**  
Club Hours are afterschool until 8 PM  
Monday - Friday

More Info @ [BGCRRV.org](http://BGCRRV.org)  
Boys & Girls Clubs of the Red River Valley

## Library Lair

Games · Crafts · Snacks



Every Thursday from 5-6 p.m.  
Dr. James Carlson Library  
in the Conference Room

Everyone ages 10-18 welcome, NO registration required.



Scan for details.



FREE | [www.fargolibrary.org/teens](http://www.fargolibrary.org/teens)  
2801 32nd Ave. S. | 701-298-6960



## 10TH ANNUAL WRITING PROJECT

### 2026 Northern Narratives

FEBRUARY 1 - MARCH 31, 2026

Fiction | Nonfiction | Poetry



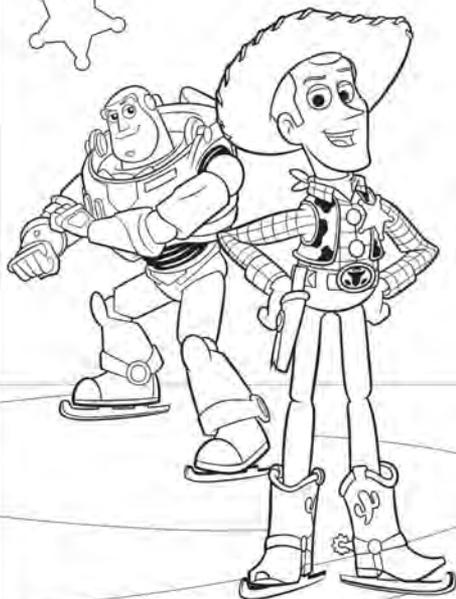
FOR TEENS (13+) & ADULTS  
[FARGOLIBRARY.ORG/NNNF](http://FARGOLIBRARY.ORG/NNNF)



Produced by Feld Entertainment

# Disney ON ICE

## Road Trip ADVENTURES



© Disney/Pixar

# FARGODOME

# MAR 12 – 15

[DisneyOnIce.com](http://DisneyOnIce.com)



**Now Available!**  
Limited Edition Library Card Designs



Available at all FPL locations.  
[www.fargolibrary.org/librarycard](http://www.fargolibrary.org/librarycard)



## TEEN CREATIVE WRITING WORKSHOPS

We all have stories to tell, but we don't all know how to tell them. Learn ways to share your stories, real or fictional, in these workshops designed just for teens.

After you've polished up your writing, you may want to submit it to Northern Narratives, the Fargo Public Library's creative writing project. Your work could be included in a published book!

**SATURDAY, FEB. 7**

**10 AM**

**DR. JAMES CARLSON LIBRARY**

**Got ideas? Let's write!**

writing strengths · conquer blank page jitters · organize your ideas · confidence in writing · keep the momentum flowing

**SATURDAY, MARCH 28**

**1 PM**

**MAIN LIBRARY**

**Storytelling basics**

plot & pacing · characters · setting & worldbuilding · point of view

**FREE EVENT FOR TEENS AGES 13-18**

**Registration required** | [fargolibrary.org](http://fargolibrary.org)

These workshops are supported in part by a grant from the North Dakota Council on the Arts, which receives funding from the state legislature and the National Endowment for the Arts.

**Dr. James Carlson Library** 2801 32nd Ave. S. 701.476.4040

**Main Library** 101 4<sup>th</sup> St. N. 701.476.4040



# YOUTH ART CLASSES



**KITCHEN LITHOGRAPHY** (Ages 8-13)  
Thursday, February 5, 6-7:30 PM

**POTTERY ON THE WHEEL** (Ages 9-17)  
Saturday, February 7, 9:30-11:30 AM  
Saturday, March 7, 9:30-11:30 AM

**HEART PINCH POTS** (Ages 4-8)  
Thursday, February 12, 6-7 PM  
Monday, February 16, 9-10 AM

**HOT COCOA SLAB MUG** (Ages 8-13)  
Monday, February 16, 1-2:30 PM  
Thursday, February 19, 6-7:30 PM

**PIGGY BANK** (Family)  
Thursday, February 26, 6-8:30 PM

**LEGO PRINTS & PATTERNS** (Family)  
Friday, February 27, 6-8:30 PM

**MORE CLASSES + REGISTRATION**  
[plainsart.org/create](http://plainsart.org/create) & 701.551.6100

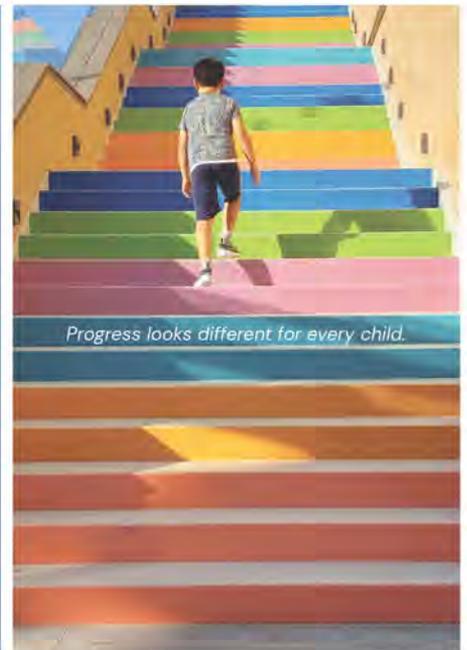
**PLAINS ART MUSEUM**

Katherine Kilbourne Burgum CENTER FOR CREATIVITY  
704 1ST AVE., N, DOWNTOWN FARGO

# WHAT IF YOUR CHILD'S WEIGHT SUPPORT FOCUSED ON CONFIDENCE — NOT THE SCALE?

## BEYOND THE SCALE

A supportive, non-diet, child-centered specialty clinic



- ✓ Confidence First (Not Weight Focused)
- ✓ One Coordinated Care Team
- ✓ Individualized for Your Child (Ages 5–18)

Beyond the Scale supports children & teens in building healthy habits, confidence, & lifelong skills — without focusing solely on numbers or weight. Our coordinated care team works together to support your child's physical, emotional, & social well-being in a compassionate, individualized way.

**Led by medical, therapy, and nutrition professionals**

**GET  
STARTED:**

Set up an appointment with Dr. Jones-Dees  
(Specialty Clinic Physician) @ IMA.

**Call (701) 280-2033**

or send a message:

**[info@beyondboundaries.us](mailto:info@beyondboundaries.us)**

**ima**  
**Healthcare**  
Internal Medicine Associates

[beyondboundaries.us](http://beyondboundaries.us)  
3244 51<sup>st</sup> St. S. Fargo ND

[imahealthcare.com](http://imahealthcare.com)  
4450 31st Ave S #102, Fargo, ND

**BEYOND  
BOUNDARIES**  
THERAPY & WELLNESS





# FALL 2026 KINDERGARTEN REGISTRATION

## FEBRUARY 2 - MAY 15

Register online at [www.fargo.k12.nd.us/registration](http://www.fargo.k12.nd.us/registration)

Children must be age 5 by July 31, 2026 to attend school in the fall.

*Kindergarten Registration is a three-step process:*

### STEP 1: PRE-REGISTER ONLINE

Complete the pre-registration form at [www.fargo.k12.nd.us/registration](http://www.fargo.k12.nd.us/registration).

After office staff review and approve your pre-registration, a confirmation email with instructions to create the PowerSchool account will be sent.

### STEP 2: POWERSCHOOL REGISTRATION FORMS

Create a Parent PowerSchool Account and complete the registration forms.

### STEP 3: SUBMIT REQUIRED DOCUMENTATION

Upload or bring the following documents to your child's school:

- Child's Certified Birth Certificate
- Parent Identity (driver's license)
- Child's Immunization Record (with 5-year shots)
- Proof of Address (lease/mortgage statement or two documents that include parent/guardian name and current address, such as a utility bill and paystub)



For assistance, please contact your child's school to schedule an appointment to complete in-person.



A second round of registration will reopen in July with a different process.

For more information, visit [www.fargo.k12.nd.us/kindergartenregistration](http://www.fargo.k12.nd.us/kindergartenregistration)





Register online at  
[www.trollwood.org](http://www.trollwood.org)!

# Explore the Magic

Summer 2026

Serving  
Students  
K-12!

Explore The Magic at Trollwood this summer!

Ignite your creativity with a vibrant array of classes, performance opportunities, and technical theatre experiences designed for students of all ages and skill levels—from elementary to high school. Build confidence as you grow both as an artist and an individual, forming lifelong friendships along the way.

Save up to **\$50**  
when you register by April 1<sup>st</sup>



trollwood

PERFORMING ARTS SCHOOL

A PROGRAM OF FARGO PUBLIC SCHOOLS



3509 4th Ave S • 277-1TKD

# Red River Traditional TaeKwonDo

The Area's Only Traditional Taekwondo School

## REVIEWS FROM PARENTS

My son has been attending RRTKD for over 3 years and it has allowed him to grow in self confidence personal discipline. Master Jim is an fantastic teacher who always has a great positive attitude and keeps the students engaged.

Grant

This has been one of the best investments I have ever made in my kids lives.

Joseph

We love RRTKD and have enjoyed watching our kids mature in their personal discipline, strength and poise, as well as in their TKD rankings. Master Jim is an incredible teacher and mentor to his students, and I recommend RRTKD to all families who are looking to engage in an activity that is enriching for the body, mind and soul.

Jenny

Master Jim is excellent with kids and adults alike. The gym has bathrooms and changing rooms. There are chairs for parents to watch practice. Classes are inclusive and well-staffed. The discipline is friendly, and the program is somewhat self-paced. It's a wonderful gym for beginners or experienced athletes.

Samantha

We have had amazing experiences at Red River Traditional TaeKwonDo. Master Jim is phenomenal working with the students. He clearly cares about them and has high expectations.

My kids developed their physical strength and their confidence.

Marilea

**8th Degree Grand Master**

**Jim Grimestad with 47 years experience**

277-1TKD • 3509 4th Ave S • rrtkd.com

go to **RRTKD.COM** for more information

**FREE 2 week trial**