

Welcome to LOMS!

Incoming 6th Grade Family Night
Uplands Campus
January 27, 2026
6:30–7:30pm



Introductions

Alix Loeber – Principal

Amy Espinosa – Assistant Principal

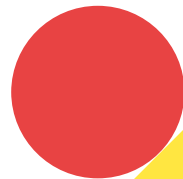
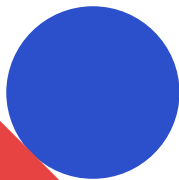
Chris Beeler – Dean of Students

Carrie Trullinger – 6th Grade Counselor

Sara Vogel – 7th Grade Counselor

Rone Nop – 8th Grade Counselor

Danielle Barth – School Social Worker



Parent Club Team



President: Jennifer Self

Vice President: Amanda Alston

Secretary: Patrese Fischer

Co-Treasurer: Randi Wiggins

Co-Treasurer: Shamaita Shetu

Art Lit Co-Chair/8th Grade Celebration

Chair: Natasha Richmond

Art Lit Co-Chair: Kathryn Kuntz

Directory Spot: Esther Choo

Restaurant Fundraise: Lindsey Bigelow

Hospitality Co-Chair: Peggy Kmeic

Hospitality Co-Chair: Thuy Walsh

**Fundraising Chair & Previous President:
Christina Fisher**

Volunteers Needed



Lake Oswego Middle School



THE HELP WE NEED:

- Picture Day
- Hospitality
- Art Lit
- Community Service Coordinator
- Party Board Coordinator
- Restaurant Coordinator

SIGN UP TODAY

Donate today!

We need prize donations
for our annual Bingo
Night

If interested, please contact:
sailorparentclub@gmail.com
OR Instagram

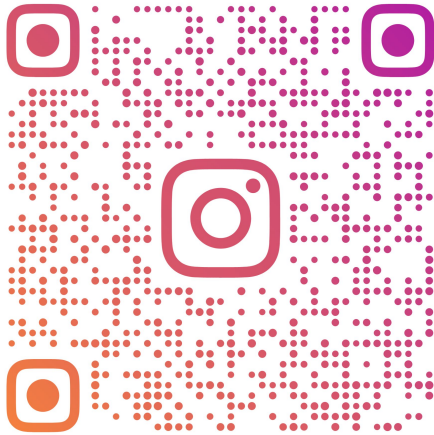


Without you, none of this is possible!

Without You, None of this is Possible!

General Meeting: February 18th, 12:30pm at LOMS

Come and Share Your Ideas and Get Involved



LOJPARENTCLUB



ParentSquare

Last Year at Uplands!

- We are ready to welcome your 6th graders to the new LOMS!
- They will be the first 6th grade class in our brand new building!





**KEEP
CALM
AND
DON'T
STRESS**

LOMS Mission and Focus

- **Student Centered** – Staff is focused on collaboration, consistency, and aligned student support
- **Strong Relationships** – Foster student learning and growth both academically and personally by getting to know each student
- **Growth & Independence** – Support students in developing the skills, confidence, and responsibility they need as they transition toward high school

Whole Child Support



- **Middle School** – Students must feel safe and supported to learn and grow
- **We teach academic content AND skills**
 - Successful Sailor Traits
- **Systems to support students' unique needs**
 - Grade Level Teams, Specialists
- **Relationships & communication** are a priority when collaborating to support students

6th grade

Big Transition!



- 6th Grade Teachers – skilled at supporting this transition!
- Exploration Electives
- Social Connections
- Clubs/Activities
- Sports
- Homework
- Multiple Classes/Teachers
- Letter Grades
- Outdoor School

Student Behavior Supports

- **Middle School** – A time for learning and growth
- **Be Safe, Be Respectful, Be Responsible** – Explicit teaching of these expectations throughout the year
- **Kindness and Inclusivity** – How does my behavior impact others?
- **Seek out adult help** – Staff, parents/caregivers
- **Learn from mistakes** – Do better next time

Tips for Academic Success

- **Attendance matters** – students/parents should be proactive if they have to miss school
- **Encourage self-advocacy** (ex: student emails teachers)
- **Check ParentVue/StudentVue and Google Classroom** with your student
- **Consistent place at home for school work**
- **Chromebook** – Care for and charge nightly
- **Schoolwide Planner** – every student gets one, ask to see it! Helps to stay organized and manage time.

Academic Workload

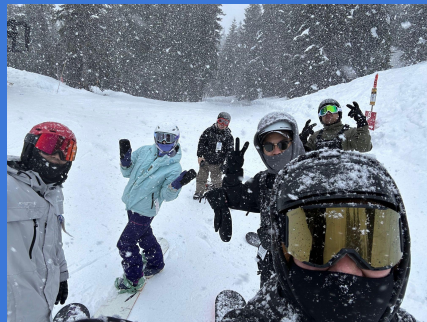
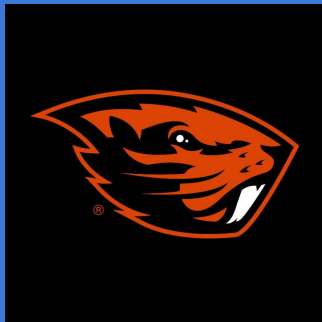
Language Arts	2 hrs of reading/week
Social Studies	Reading and Writing and learning to study for tests
Math	Do classwork/practice to pass assessments
Science	No work should be coming home unless students are absent
PE	Miss a class, do a makeup
Advisory	Two days/week devoted to Academic Help!

Classwork not finished in class or Advisory becomes homework

Rone Nop

Your 6th Grade Counselor!

- I'm excited to be your counselor for 6th, 7th and 8th grades!
- This will be my 5th year working at LOMS
- Students all know me as Mr. Rone (not Mr. Nop)
- In addition to being a counselor, I coach basketball & volleyball at the middle school.
- I have a 1-year old daughter named Ellie
- I love to golf even though I'm not very good, I also like to snowboard
- I went to OSU and Lewis & Clark, I'm a big fan of the Blazers and 49ers



WHAT DOES A SCHOOL COUNSELOR DO?

WE... Help students and families problem solve!

- meet with students
- help with personal/social concerns
- help with academic concerns
- discuss issues from outside of school
- help with friendships
- work on schedule changes
- team with your teachers
- meet with parents/families
- address bullying/unhealthy relationships



Daily Bell Schedule

- Start Time: 9:00
- End Time
 - M, T, W, F : 3:55
 - Thursday: 3:00
- 2 Lunches
 - Lunch is based on your Advisory Class
- 5 blocks per day
 - M, T, W, F : 65 min
 - Thursday: 55 min



Lake Oswego Middle School Bell Schedule

Time of Day (MTWF)			Red	Orange	Yellow	Green	Blue	Indigo	Violet
Monday Tuesday Wednesday Friday	9:00-10:05	Block One	1	1	1	7	1	1	6
	10:10-11:15	Block Two	2	2	6	2	2	2	7
	11:20-12:25	Block Three	3	3	7	3	3	6	3
	A Lunch		Lunch (12:25-12:55) & Advisory (1:00-1:35)						
	B Lunch		Advisory (12:30-1:05) & Lunch (1:05-1:35)						
	1:40-2:45	Block Four	4	6	4	4	4	7	4
	2:50-3:55	Block Five	5	7	5	5	6	5	5
Early Release Time of Day (Th)			Red	Orange	Yellow	Green	Blue	Indigo	Violet
Thursday	9:00-9:55	Block One	1	1	1	7	1	1	6
	10:00-10:55	Block Two	2	2	6	2	2	2	7
	11:00-11:55	Block Three	3	3	7	3	3	6	3
	A Lunch		Lunch (11:55-12:25) & Advisory (12:30-1:00)						
	B Lunch		Advisory (12:00-12:30) & Lunch (12:30-1:00)						
	1:05-2:00	Block Four	4	6	4	4	4	7	4
	2:05-3:00	Block Five	5	7	5	5	6	5	5

The school year is divided into trimesters (12 weeks long) and all core classes are a full year.

Required Classes

- Math – based on current math level
- Science
- Language Arts
- Social Studies
- PE (2 trimesters)
- Health (1 trimester)
- Study Skills (1 trimester)

LOMS Curriculum Guide Link:

Provides description of classes and outlines other class information for LOMS. Located on the LOMS website.

6th grade elective options:

Option 1 – The Elective Wheel

Students who take the elective wheel take all 5 exploratory electives over the course of the school year.

Option 2 – 1 year-long elective + 2 electives from the wheel

Students who take a year-long elective also get 2 electives from the wheel. These electives are scheduled randomly – students cannot request which wheel electives they want.

The Elective Wheel

(Option 1)

- STEM Exploration
- Drama Exploration
- Art Exploration
- Music Exploration
- World Language Exploration



Every student will take Study Skills one trimester during the year.

Example of a 6th grade schedule with The Wheel.

Per.	Trimester 1	Trimester 2	Trimester 3
1	Language Arts		
2	Social Studies		
3	Math		
4	Science		
5	PE	Drama Exp.	Music Exp.
6	Stem Exp.	Study Skills	PE
7	Art Exp.	Health	World Lang. Exp.
8	Advisory 6		

Year-long Electives

(Option 2)

Beginning Choir



Beginning Orchestra

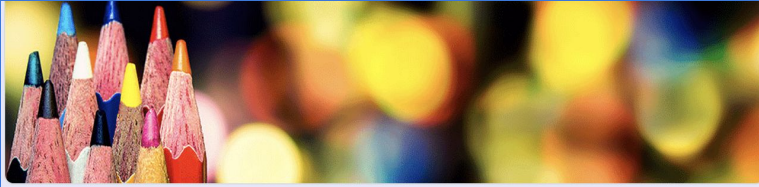


Beginning Band

Example of a schedule with year-long elective.

Per.	Trimester 1	Trimester 2	Trimester 3
1	Language Arts		
2	Social Studies		
3	Math		
4	Science		
5	PE	Health	Wheel Elective
6	Wheel Elective	Study Skills	PE
7	Band/Orchestra/Choir (year-long)		
8	Advisory 6		

Directions: Complete forecasting google form to choose classes.



LOMS 6th Grade Forecasting Form

[Curriculum Guide](#)

loebera@loswego.k12.or.us [Switch account](#)



Not shared



* Indicates required question

Student Information

Student Name: Last, First *

Last Name, First Name

Your answer

1. The form will be provided to your student from the classroom teacher.
2. Talk with your student on which classes they would like to take.
3. Students should choose classes based their own interests, not those of their friends.
4. Decide on option 1 or 2.
5. Complete the forecasting google form one time.
6. **Students submit by February 6th.**

Parent Resources



- LOMS Website!
- Principal Newsletter (emailed first day of every school week)
- ParentVue/StudentVue
- Google Classroom
- School Supplies (will be posted on website)
- Lunch Account (for standard school meals and snack bar)
- Transportation (bus routes will be on website and drop off/pick up info will be shared)
- Attendance (report absences by email or phone)

Upcoming Dates/Events



- This week: Elementary School Visits – help kids choose electives
 - Today–OC; Wed–LG; Th–FH
- February 6th: Elective Choices Due
- August (TBD): Open house, schedules ready
- September (if we start after Labor Day): 6th grade only day before all grades start



Thank You!

*Slides on Website
Tomorrow*

Questions?