



SEAFORD UNION FREE SCHOOL DISTRICT

Seaford High School

January, 2026

Nicole Schnabel
Principal

Melanie Judson
Assistant Principal

Alex Mantay
Assistant Principal

Dr. Adele V. Pecora
Superintendent of Schools

Dear Seaford High School Students and Families,
As we continue to settle into the school year and plan for the academic journey ahead, we would like to take this opportunity to inform you about some exciting academic opportunities available to students at Seaford High School.

Seaford High School offers students the chance to challenge themselves through a variety of **advanced coursework options**. These opportunities include honors-level, college-level or Advanced Placement (AP) courses, and span across many subject areas.

Enrolling in these higher-level courses allows students to develop critical thinking skills, deepen their engagement in learning, and cultivate the academic competencies needed for success beyond high school.

More benefits of participating in advanced coursework include:

- Boosting students' self-confidence and personal growth
- Demonstrating preparedness for college-level academics
- Earning college credit(s) prior to high school graduation
- Reducing the financial burden of future higher education
- Shortening the time required for students to complete postsecondary education

We strongly encourage families to engage in open discussions with their child about various opportunities to achieve all of these outcomes.

When discussing these next steps, it is important to consider all factors that contribute to such decisions, as the rigor of advanced coursework may require additional time and support. We are proud to offer a myriad of supports for all of our students to make these experiences accessible.

- Extra help by the classroom teacher is available three times a week
- The National Honor Society offers a [peer tutoring program](#) available to all students.
- Teachers will also provide study guides, practice materials and strategies to manage time and reduce stress.
- Academy review sessions take place before AP exams, PLTW exams, and Regents exams.

In some cases, there are pre-requisites to be considered for these courses. For more detailed information, please refer to the Seaford High School Course Handbook which can be accessed on the high school website.

If you have any questions or concerns about your child's participation in advanced coursework, please reach out to your child's school counselor.

Below, you will find a list of all the opportunities available at Seaford High School.

Thank you for your continued support as we work together to ensure your child's academic success!

Sincerely,

*Ms. Schnabel, Ms. Judson, Mr. Mantay
Ms. Cosenza, Ms. Pimentel, Ms. Squicciarini, and Mr. Stazzone*

English

AP English Language & Composition*
AP English Literature
AP Research*
AP Seminar
LIU Journalism
Stony Brook Ace: Social Media & News Literacy

**AP English Language & Composition & AP Research are also offered as a double-period program. Speak with your counselor for more details!*

Mathematics

AP Calculus AB
AP Calculus BC
AP Statistics

Science

AP Biology
AP ENVES: Environmental Science/Earth Science
AP Chemistry
AP Physics I
PLTW Human Body Systems

Health & Physical Education

LIU Sports Medicine

Social Studies

AP Psychology
AP World History
AP United States History
AP Government & Economics
AP Macroeconomics & Government
LIU Children's Development

World Languages

AP French
AP Spanish

Business, Computers, Technology, Fine Arts

AP Art
AP Computer Science A
AP Computer Science Principles
AP Music Theory 2
LIU Broadcasts, Podcasts & More
LIU College Accounting
LIU College Marketing
LIU Java
LIU Public Speaking
LIU Virtual Enterprise (New at SHS for 2026-2027!)
PLTW Cybersecurity
Stony Brook Ace: Photography 2