



Norsemen Track 2026

February 25	Practice begins.		
March 11	HVMS	HOME	4:45
March 18	WBMS	HOME	4:45
April 1	CAMS (James River High)	AWAY	5:00
April 7	ALMS & GMS	GHS	5:00
April 15	CSMS & WBMS	WBHS	5:00
April 22	RMMS	HOME	4:45
May TBD	COSMOS	AWAY	TBD

Boys' Head Coach: Aiden Terry

Girls' Head Coach: Lauren Lenski

Assistant Coaches: Nikole Kirk, Caesar Perez

11/2025