



BREAKFAST/SNACK - GSRP/CHILD CARE FEBRUARY 2026 - JUNE 2026

4 Week Cycle Menu - follow calendar on the right				
WEEK 1 MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Honey Cheerios Diced Peaches Milk Snack: Goldfish Cracker (CH) Milk	Blueberry Muffin Mandarin Oranges Milk Snack: Cheese Stick Juice	Bagel w/Jelly or Cream Cheese Applesauce Milk Snack: Cornbread Snack Loaf Milk	Cinnamon Toast Crunch (Reduced Sugar) Banana Milk Snack: Diced Pears Milk	Strawberry Oatmeal Bar Mixed Fruit Cup Milk Snack: Yogurt Cup Juice
WEEK 2 MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Rice Chex Diced Pineapple Milk Snack: Bug Bites Grahams Milk	Apple Breakfast Bar Diced Pears Milk Snack: Yogurt Cup Juice	Croissant with Jelly Banana Milk Snack: Goldfish Crackers (RB) Milk	Cinnamon Chex Diced Peaches Milk Snack: Apple Slices Milk	Banana Loaf Applesauce Milk Snack: Diced Peaches Milk
WEEK 3 MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Honey Cheerios Diced Peaches Milk Snack: Goldfish Cracker (CH) Milk	Strawberry Oatmeal Bar Applesauce Milk Snack: Cheese Stick Juice	Bagel w/Jelly or Cream Cheese Mixed Fruit Cup Milk Snack: Cornbread Snack Loaf Milk	Cinnamon Toast Crunch (Reduced Sugar) Banana Milk Snack: Mixed Fruit Milk	Blueberry Muffin Mandarin Oranges Milk Snack: Yogurt Cup Juice
WEEK 4 MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Rice Chex Diced Pears Milk Snack: Bug Bites Grahams Milk	Banana Loaf Diced Pineapple Milk Snack: Yogurt Cup Juice	Croissant with Jelly Banana Milk Snack: Goldfish Crackers (RB) Milk	Cinnamon Chex Sliced Apples Milk Snack: Seasonal Fresh Fruit Milk	Apple Breakfast Bar Mixed Fruit Cup Milk Snack: Diced Pears Milk

M	T	W	TH	F
FEBRUARY 2026				
2	3	4	5	6
9	10	11	12	NS
NS	NS	18	19	20
23	24	25	26	27
MARCH 2026				
2	3	4	5	6
9	10	11	12	NS
16	17	18	19	20
23	24	25	26	NS
NS	NS			
APRIL 2026				
		NS	NS	NS
6	7	8	9	10
13	14	15	16	17
20	21	22	23	24
27	28	29	NS	
MAY 2026				
				NS
4	5	6	7	8
11	12	13	14	15
18	19	20	21	22
NS	26	27	28	29
JUNE 2026				
1	2	3	4	NL
8	NL			

NS = No School
NL = Half Day

Early Headstart Meal Pattern

Meat/Protein 1/2 oz. eq. optional 3x/week

Fruit 1/8 cup } 1/4 cup
Vegetable 1/8 cup } total

Grains 1/2 oz. eq.

Milk 1/2 cup

1% Milk

Headstart Meal Pattern

Meat/Protein 1/2 oz. eq. optional 3x/week

Fruit 1/4 cup } 1/2 cup
Vegetable 1/4 cup } total

Grains 1/2 oz. eq.

Milk 3/4 cup

1% Milk