

## BREAKFAST MENU

<b>Feb 2</b> Cinnamon Mini Cinnis Clementines	<b>3</b> Chocolate Chocolate Chip Muffin Apple Slices	<b>4</b> Sweet Heat Turkey Sausage & Cheese or Egg & Cheese Biscuit Banana	<b>5</b> Banana Chocolate Chip Muffin Apple	<b>6</b> French Toast Sticks Syrup Apple Slices Frozen Fruit Cup
<b>9</b> Cinnamon Mini Cinnis Clementines	<b>10</b> Chocolate Chocolate Chip Muffin Apple Slices	<b>11</b> St. Paul Croissant Breakfast Sandwich Banana	<b>12</b> Golden Hug Apple Caramel Muffin Apple	<b>13</b> Egg & Cheese Omelet Apple Slices Frozen Fruit Cup
<b>16</b> 	<b>17</b> Chocolate Chocolate Chip Muffin Apple Slices	<b>18</b> Sweet Heat Turkey Sausage & Cheese or Egg & Cheese Biscuit Banana	<b>19</b> Banana Chocolate Chip Muffin Apple	<b>20</b> French Toast Sticks Syrup Apple Slices Frozen Fruit Cup
<b>23</b> Cinnamon Mini Cinnis Clementines	<b>24</b> Chocolate Chocolate Chip Muffin Apple Slices	<b>25</b> St. Paul Croissant Breakfast Sandwich Banana	<b>26</b> Celebration Muffin Apple	<b>27</b> Egg & Cheese Omelet Apple Slices Frozen Fruit Cup

### DAILY CHOICES

- Teriyaki Chicken Rice Bowl
- Assorted Cereals
- Yogurt
- String Cheese
- Juice
- Milk

- For nutrient & allergen information, visit [SchoolCafe.com/SPPS](http://SchoolCafe.com/SPPS).
- Menu subject to change.
- This institution is an equal opportunity provider.

## LUNCH MENU

<p><b>Feb 2</b></p> <p>Dill or Spicy Chicken Sandwich or Veggie Burger</p> <p>Soybutter Sandwich</p> <p>French Fries Choice Bar</p>	<p><b>3</b></p> <p>General Tso's Chicken or Tofu Jasmine Rice</p> <p>Soybutter Sandwich</p> <p>Broccoli Choice Bar</p>	<p><b>4</b></p> <p><b>NACHO DAY</b></p> <p>Seasoned Beef Refried Beans Cheese Sauce Tortilla Chips</p> <p>Soybutter Sandwich</p> <p>Choice Bar</p>	<p><b>5 MN THURSDAY!</b></p> <p>Sloppy Joes or Grilled Cheese Sandwich</p> <p>Soybutter Sandwich</p> <p>Sweet Potato Fries Choice Bar</p>	<p><b>6</b></p> <p>Italian Dunker Marinara Sauce</p> <p>Soybutter Sandwich</p> <p>Choice Bar</p>
<p><b>9 SPECIAL MENU!</b></p> <p>Seasoned Chicken Wings Cornbread Muffin Mac &amp; Cheese</p> <p>Soybutter Sandwich</p> <p>Mixed Vegetable Succotash Peach Bread Pudding Choice Bar</p>	<p><b>10</b></p> <p>Beef or Tofu Bulgogi Jasmine Rice</p> <p>Soybutter Sandwich</p> <p>Broccoli Choice Bar</p>	<p><b>11</b></p> <p><b>TACO DAY</b></p> <p>Seasoned Beef Refried Beans Shredded Cheese Tortilla Shell Salsa</p> <p>Soybutter Sandwich</p> <p>Choice Bar</p>	<p><b>12</b></p> <p>Chicken Fingers or Plant Based Tenders Galaxy Sauce</p> <p>Soybutter Sandwich</p> <p>French Fries Choice Bar</p>	<p><b>13</b></p> <p>Birria &amp; Cheese or Bean &amp; Cheese Pupusa Curtido Slaw Green Sauce</p> <p>Soybutter Sandwich</p> <p>Choice Bar</p>
<p><b>16</b></p> <p><b>NO SCHOOL TODAY!</b></p> 	<p><b>17</b></p> <p>Orange Chicken or Tofu Jasmine Rice</p> <p>Soybutter Sandwich</p> <p>Mixed Vegetables Choice Bar</p>	<p><b>18</b></p> <p>Oven Fried Chicken Drumstick or Plant Based Tenders (Pre-K Students - Glazed Chicken Bites) Corn Muffin</p> <p>Soybutter Sandwich</p> <p>Mashed Potatoes and Gravy Choice Bar</p>	<p><b>19</b></p> <p>Cheeseburger or Veggie Burger</p> <p>Soybutter Sandwich</p> <p>French Fries Choice Bar</p>	<p><b>20</b></p> <p>Italian Dunker Marinara Sauce</p> <p>Soybutter Sandwich</p> <p>Choice Bar</p>
<p><b>23</b></p> <p>Cheese Tortellini Alfredo Sauce Shredded Cheese Garlic Knot</p> <p>Soybutter Sandwich</p> <p>Green Beans Choice Bar</p>	<p><b>24</b></p> <p>Seasoned Beef Frito® Crunch Refried Beans Shredded Cheese Salsa</p> <p>Soybutter Sandwich</p> <p>Choice Bar</p>	<p><b>25</b></p> <p>Cheeseburger or Veggie Burger</p> <p>Soybutter Sandwich</p> <p>Seasoned Tater Tots Choice Bar</p>	<p><b>26</b></p> <p>French Toast Slices Chicken Sausages</p> <p>Soybutter Sandwich</p> <p>Hashbrowns Choice Bar</p>	<p><b>27</b></p> <p>Cheese or BBQ Chicken Pizza</p> <p>Soybutter Sandwich</p> <p>Choice Bar</p>

- Special menu for National African American Parent Involvement Day (NAAPID) in collaboration with Parents of African American Students Advisory Council (PAASAC).
- Milk is available at every meal.
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