

## HEAD START BREAKFAST MENU

<b>Feb 2</b> Cocoa Puffs™ Orange Cup Milk	<b>3</b> Cherry Vanilla Yogurt Apple Slices Milk	<b>4</b> Trix™ Cereal Banana Milk	<b>5</b> Cherry Vanilla Yogurt Apple Slices Milk	<b>6</b> Maple Waffle Applesauce Milk
<b>9</b> Cinnamon Rice Chex Orange Cup Milk	<b>10</b> Strawberry Yogurt Apple Slices Milk	<b>11</b> Honey Cheerios™ Banana Milk	<b>12</b> Strawberry Yogurt Apple Slices Milk	<b>13</b> Pancake Bites Mango Applesauce Milk
<b>16</b> 	<b>17</b> Strawberry Yogurt Apple Slices Milk	<b>18</b> Trix™ Cereal Banana Milk	<b>19</b> Strawberry Yogurt Apple Slices Milk	<b>20</b> Maple Waffle Applesauce Milk
<b>26</b> Cinnamon Rice Chex Orange Cup Milk	<b>27</b> Strawberry Yogurt Apple Slices Milk	<b>28</b> Honey Cheerios™ Banana Milk	<b>29</b> Strawberry Yogurt Apple Slices Milk	<b>30</b> Pancake Bites Mango Applesauce Milk



- For nutrient & allergen information, visit [SchoolCafe.com/SPPS](http://SchoolCafe.com/SPPS).
- Menu subject to change.
- This institution is an equal opportunity provider.

## HEAD START LUNCH MENU

<p><b>Feb 2</b></p> <p>Dill Chicken Sandwich</p> <p>Soybutter Sandwich</p> <p>French Fries Strawberries</p>	<p><b>3</b></p> <p>General Tso's Chicken or Tofu Jasmine Rice</p> <p>Soybutter Sandwich</p> <p>Broccoli Apple Wedges</p>	<p><b>4 TACO DAY</b></p> <p>Seasoned Beef Whole Wheat Tortilla Refried Beans Lettuce Cheese Sauce</p> <p>Soybutter Sandwich</p> <p>Apple Slices</p>	<p><b>5 MN THURSDAY!</b></p> <p>Sloppy Joes</p> <p>Soybutter Sandwich</p> <p>Sweet Potato Fries Banana</p>	<p><b>6</b></p> <p>Italian Dunker Marinara Sauce</p> <p>Soybutter Sandwich</p> <p>Cucumbers Applesauce Cup</p>
<p><b>9</b></p> <p>Chicken Nuggets or Plant Based Tenders Mac &amp; Cheese</p> <p>Soybutter Sandwich</p> <p>Cucumbers Strawberries Peach Bread Pudding</p>	<p><b>10</b></p> <p>Beef or Tofu Bulgogi Jasmine Rice</p> <p>Soybutter Sandwich</p> <p>Broccoli Granny Smith Apple Wedges</p>	<p><b>11 TACO DAY</b></p> <p>Seasoned Beef Whole Wheat Tortilla Refried Beans Lettuce Shredded Cheese</p> <p>Soybutter Sandwich</p> <p>Apple Slices</p>	<p><b>12</b></p> <p>Chicken Fingers or Plant Based Tenders Galaxy Sauce</p> <p>Soybutter Sandwich</p> <p>French Fries Cucumbers Banana</p>	<p><b>13</b></p> <p>Birria &amp; Cheese or Bean &amp; Cheese Pupusa Green Sauce</p> <p>Soybutter Sandwich</p> <p>Curtido Slaw Clementines</p>
<p><b>16</b></p> <p><b>NO SCHOOL TODAY!</b></p> 	<p><b>17</b></p> <p>Orange Chicken or Tofu Jasmine Rice</p> <p>Soybutter Sandwich</p> <p>Mixed Vegetables Granny Smith Apple Wedges</p>	<p><b>18</b></p> <p>Glazed Chicken Bites or Plant Based Tenders Corn Muffin</p> <p>Soybutter Sandwich</p> <p>Mashed Potatoes &amp; Gravy Apple Slices</p>	<p><b>19</b></p> <p>Cheeseburger</p> <p>Soybutter Sandwich</p> <p>French Fries Cucumbers Banana</p>	<p><b>20</b></p> <p>Italian Dunker Marinara Sauce</p> <p>Soybutter Sandwich</p> <p>Cucumbers Clementines</p>
<p><b>23</b></p> <p>Cheese Tortellini Alfredo Sauce Shredded Cheese</p> <p>Soybutter Sandwich</p> <p>Green Beans Strawberries</p>	<p><b>24 TACO DAY</b></p> <p>Seasoned Beef Whole Wheat Tortilla Refried Beans Lettuce Shredded Cheese Salsa</p> <p>Soybutter Sandwich</p> <p>Granny Smith Apple Wedges</p>	<p><b>25</b></p> <p>Cheeseburger</p> <p>Soybutter Sandwich</p> <p>Seasoned Tater Tots Apple Slices</p>	<p><b>26</b></p> <p>French Toast Slice Chicken Sausage</p> <p>Soybutter Sandwich</p> <p>Hash Brown Banana</p>	<p><b>27</b></p> <p>Cheese Pizza</p> <p>Soybutter Sandwich</p> <p>French Fries Clementines</p>

Milk is served at every meal.

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# FEBRUARY SNACK MENU

<p><b>Feb 2</b> Vanilla Goldfish Graham Grape Juice Box</p>	<p><b>3</b> Hartzels® Pretzels Tropical Fruit Punch Juice Box</p>	<p><b>4</b> Cheez-It® Crackers Strawberry Kiwi Juice Box</p>	<p><b>5</b> Blueberry Mini Loaf Tropical Fruit Punch Juice Box</p>	<p><b>6</b> Whole Grain Cheddar Goldfish Grape Juice Box</p>
<p><b>9</b> Educational Crackers Strawberry Kiwi Juice Box</p>	<p><b>10</b> Vanilla Goldfish Graham Grape Juice Box</p>	<p><b>11</b> Hartzels® Pretzels Tropical Fruit Punch Juice Box</p>	<p><b>12</b> Cheez-It® Crackers Strawberry Kiwi Juice Box</p>	<p><b>13</b> Blueberry Mini Loaf Tropical Fruit Punch Juice Box</p>
<p><b>16</b></p> <p>NO SCHOOL TODAY!</p> 	<p><b>17</b> Educational Crackers Strawberry Kiwi Juice Box</p>	<p><b>18</b> Vanilla Goldfish Graham Grape Juice Box</p>	<p><b>19</b> Hartzels® Pretzels Tropical Fruit Punch Juice Box</p>	<p><b>20</b> Cheez-It® Crackers Strawberry Kiwi Juice Box</p>
<p><b>23</b> Blueberry Mini Loaf Tropical Fruit Punch Juice Box</p>	<p><b>24</b> Whole Grain Cheddar Goldfish Grape Juice Box</p>	<p><b>25</b> Educational Crackers Strawberry Kiwi Juice Box</p>	<p><b>26</b> Vanilla Goldfish Graham Grape Juice Box</p>	<p><b>27</b> Hartzels® Pretzels Tropical Fruit Punch Juice Box</p>