

Happy Advent Everyone!

Each week during the Advent season, one of the teachers in the Religion Department will be offering a reflection on the Gospel. As Advent is a time of preparation, we hope that you will consider discussing this reflection with your son each week as well all prepare to receive Christ more fully this Christmas.

Happy New (Liturgical) Year Everyone!

Advent is the start of the Liturgical Year and a great time to make spiritual new year's resolutions! The readings for the First Week of Advent remind us of the need to be alert for God in our lives. If you are anything like me, the busyness of the school year can become a distraction from my first call to keep God first in my life. St. Paul reminds us to "...awake from sleep..." ([Romans 13:11-14](#)) and Jesus tells us to "stay awake" and "be prepared" ([Matthew 24:37-44](#)) because we have fallen asleep spiritually. So how do we wake up? Well, listen to the Psalmist and "...go rejoicing to the House of the Lord." ([Psalm 122](#)) So whether you are an every week Mass goer or a C & E Catholic (Christmas and Easter), the first Sunday of Advent is the perfect time to renew that New Year's Resolution to put God first in your life (and this Sunday).

God Bless

Mr. Ryan and the Religion Department