

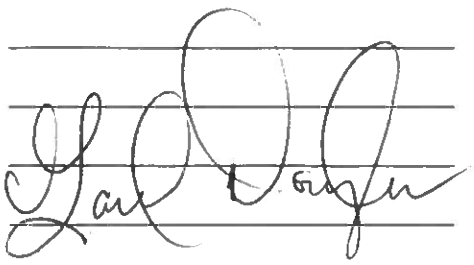
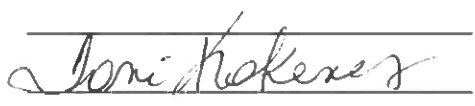
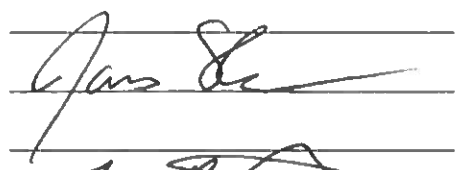
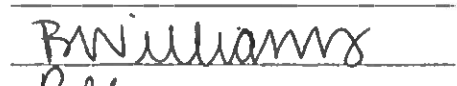
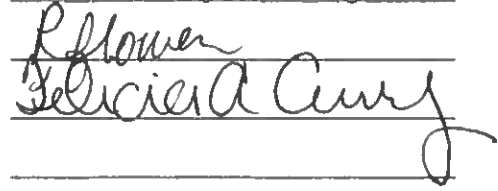
SHAC Meeting

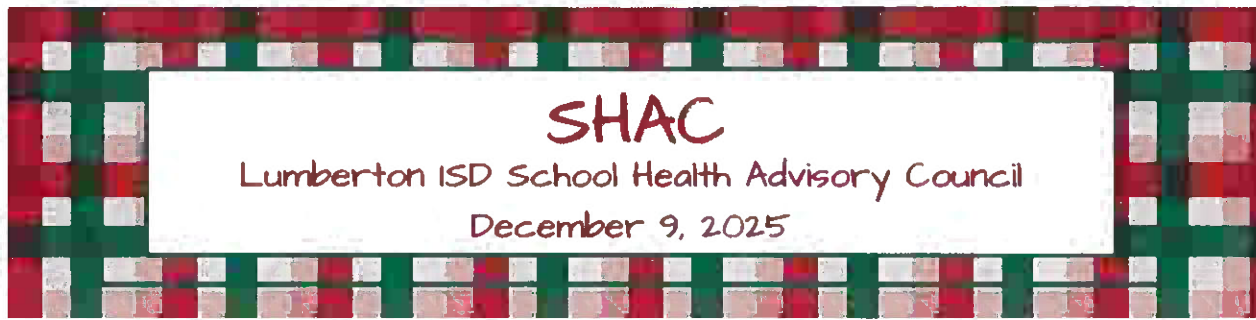
LISD Administration Building Board Room

December 9, 2025 @ 5:00 PM

Instructor: B. Williams



Name	Role	Signature
Battle, Stephanie	LIS Counselor	
Brinkley, Molly	LHS Counselor	
Christ, Sarah	MS Support Counselor	
Douglas, Gail	Hardin County Health Department	
Dunham, Chasity	LHS Counselor	
Harris, Michelle	Special Programs	
Heinicke, Whitney	Hardin County Health Department	
Johnson, Darlene	IS Healthy Habits	
Johnson, Jim	Community Member	
Kokenes, Toni	Child Nutrition Secretary	
Mathews, John	LISD Superintendent	
Meredith, Amber	Hardin County Health Department	
Mitchell, Danielle	LHS Counselor	
Sisson, Kara	LMS Counselor	
Slaydon, James	LIS Coach	
Sleigh, Maggie	Community Member	
Bartel, Kim	Prevention Resource Center	
Smith, Billy Jack	Community Health Worker	
Washington, Shalalan	Early Childhood Nurse	
Whitten, April	Crisis Counselor	
Williams, Angela	Child Nutrition Director	
Williams, Brittany	Special Pops	
Guest	CHD • TAMU	
Guest		
Guest		
Guest		
Guest		
Guest		
Guest		
Guest		
Guest		
Guest		



Location: Central Office Board Room

Agenda:

- I. Welcome
 - a. Introduction of all SHAC Members
 - i. Please be sure to sign in.
- II. New Business
 - a. Members
 - b. Upcoming meeting dates for 2025-2026. Please mark your calendars. All meetings will be held at the Central Office Board Room, at 5:30 PM, unless notified otherwise.
 1. Thursday, February 12, 2026, at 5:30 PM
 2. Tuesday, April 7, 2026, at 5:30 PM
 - c. SHAC Triennial Assessment/Wellness Assessment - Due April 2026
 - d. Child Nutrition Updates: Brittany Williams
 - e. Counselor Updates
 - f. Nurse Updates: April Whitten, District Lead Nurse and Hardin County Liaison
 - g. Special Program Updates: Rachel Flowers
 - h. HOSA/FHP Updates: Rachelle Myers
 - i. Physical Education Updates: Chase McDonald
 - j. Campus Updates: Admin
 - k. Healthy Habits: Darlene Johnson
 - l. Health Department Updates: Gail Douglas, Whitney Heinicke and Amber Meredith
 - m. Region 5 Prevention Resource Center Updates: Kim Bartel, Billy Smith, and Paige Bentley
 - n. Clinical Outreach Manager – East Texas: Garrett Drake – Charlie Health
 - o. Center for Community Health and Aging, Texas A&M University: Shalalan Washington
 - p. Items for future agenda
- III. Adjournment

SHAC

Lumberton ISD School Health Advisory Council

December 9, 2025

Location: Central Office Board Room

Agenda:

- I. Welcome
 - a. Introduction of all SHAC Members
 - i. Please be sure to sign in.
- II. New Business
 - a. Members
 - i. Majority of members should be persons who are parents of students enrolled in the district and who are not employed by the district. Help us recruit! Community members, spouses, parents!
 - b. Upcoming meeting dates for 2025-2026. Please mark your calendars. All meetings will be held at the Central Office Board Room, at 5:30 PM, unless notified otherwise.
 - i. SB 18 mandates that School Board Meetings be held outside of typical work hours to enhance accessibility for parents and the community.
 1. Lumberton ISD is extending this practice to all meetings for parents and the community. Therefore, our SHAC Meetings will no longer be held during lunch hours and will now take place at 5:30 PM.
 - ii. Meeting Dates:
 1. Thursday, February 12, 2026, at 5:30 PM
 2. Tuesday, April 7, 2026, at 5:30 PM
 - c. SHAC Triennial Assessment/Wellness Assessment - Due April 2026
 - i. It's recommended these be done by campus now instead of a district as a whole, as each campus has unique needs. I am attending Campus Leadership meetings and we're getting these done. EC and IS are completed.
 - d. Child Nutrition Updates: Brittany Williams
 - i. Farm Fresh Challenge was a huge success! Our district won Cream of the Crop, which is the highest award you can be given. We're super proud of our staff for going the extra mile with this.
 - ii. March 3, 2026: Region 5 Food Show – students and community members are welcome. Come try school vendors and give us feedback.
 - e. Counselor Updates:
 - i. EC:
 1. Ongoing- monthly bucket filler lessons, weekly small groups

2. Our backpack buddy families really appreciated receiving the Boxes of Hope Thanksgiving meal kits for Thanksgiving. Our backpack buddies will also receive Christmas presents from the Toy Drive courtesy of the high school.
3. Last week every child got to meet Santa, take a picture with him, and receive a small treat bag. Our students were so excited for this and had a really great time.
4. This week, our students have the opportunity to bring money to school and Christmas shop for their family. We also have a "free" table so that any child who doesn't bring money, still gets to choose one item to gift to a family member. The students are LOVING it!
5. Next week, we will have fun themed dress up days and activities. Monday is Frosty Day (snowman treat & snowball fight with coach dressed up as Frosty). Tuesday is Polar Express Day (movie, hot cocoa, and bells). Wednesday is Grinch Day (grinch day & visit from the grinch). Thursday is class parties.
6. Upcoming- GT testing begins in January

ii. **MS:**

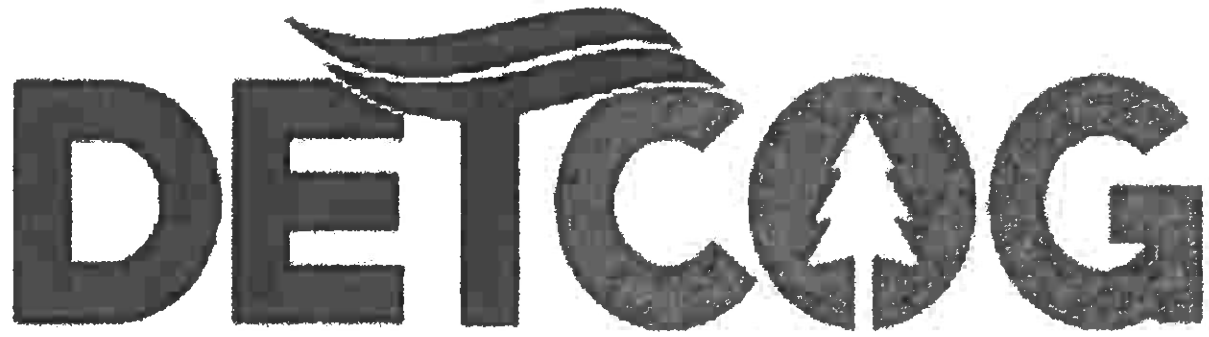
1. Students recently participated in our monthly DESSA lesson during Academic Advisory focusing on Personal Responsibility.
2. Over Thanksgiving, we were able to support **21 LMS families** through our *Boxes of Hope* donations!! The families were extremely grateful!
3. We also hosted Raiders Giving, where staff contributed delicious potluck dishes to share with one another and Mr. Mire grilled some boudin and Zummos links for our entire staff.
4. Our Book Fair took place December 1-8th and was a huge success! We had a little over \$100 in Share the Fair funds
5. Each Academic Advisory is currently participating in a door-decorating contest to help bring joy and deck our hallways for the holidays. Judging will take place on December 11th.
6. Last Friday night, we hosted our LMS Christmas Dance, and our students truly *cut a rug!*
7. A big thank you to Mr. Mire's dad for preparing gumbo for the *entire* staff for our LMS Christmas lunch—what a treat! He cooked over 20 lbs of chicken, about 7 lbs of sausage, and several gallons of gumbo roux!! It was AMAZING!! We had a potluck of sides and delicious treats contributed by our staff!
8. Basketball season has officially kicked off, and our athletes are representing us well! Both the 7th & 8th grade girls teams are 2-0!! The 7th grade Boys A & B, and 8th Grade A team are all 2-0!! The 8th grade Boys B team is 1-1.
9. Midterm testing begins next week, so we are encouraging students to rest, prepare, and plan accordingly. The AP's will be meeting with each grade level to discuss their exemption sheets.
10. Staff have been enjoying the 12 Days of Christmas dress-up themes, and next week our students will join in on the festive fun!
11. Buddy the Elf is back on campus! Staff members can join the fun by finding Buddy each day and snapping a S-ELFie with him.
12. Our entire campus and community is helping bring Christmas joy to 31 LMS students this holiday season. Students, teachers, classes, and academic advisories have all chipped in picking up gift tags off our Angel Tree this year. There is just something special about that Christmas magic!!

13. Tonight is the Band Concert and the Choir Concert will take place on Thursday.
We're excited to showcase the hard work and talent of our students.

- iii. **HS: October was Fentanyl Awareness month.** Students at the high school watched a Fentanyl Awareness documentary over two days during their academic advisory period called *Dead on Arrival*. The video *Dead on Arrival* provides a powerful and sobering look at how fentanyl has impacted families and communities. Our goal was to ensure students have accurate information and understand how serious and real this danger is. Teachers were given follow-up questions and discussion topics to discuss with their students and the feedback was impactful. Additionally, we have continued our monthly recognition program called Raiders of the Month and have been able to recognize students and staff who are known for being accountable and dependable as part of the DESSA Great 8 focus on Personal Responsibility. Lastly, we were proud to partner with SETX Church to help facilitate delivery of Thanksgiving blessing boxes to families in need. We are currently focused on helping students and families navigate mental health and the holidays.
- f. **Nurse Updates: April Whitten, District Lead Nurse and Hardin County Liaison**
 - i. Busy start to the semester at Early Childhood with increased wellness checks; completing vision/hearing screenings this month and continuing to send out referrals. Always bringing awareness to good hand-washing to reduce the spread of germs. Minor seasonal illnesses trending down thanks to these prevention efforts. Also, collecting data on immunization records. Looking forward to the Christmas break and hopeful for a noticeable reduction in illnesses when everyone returns in January.
- g. **Special Program Updates: Rachel Flowers**
 - i. December 2nd marked the 50th anniversary of IDEA as federal law.
 - ii. December 4th: LMS/LHS hosted annual meet in the middle sock hop welcoming over 200 students from area schools for dancing, reindeer games, and lunch.
 - iii. Special Pops continues to bring awareness of disabilities to our community through ongoing social media posts to educate parents and community members.
- h. **HOSA/FHP Updates: Rachelle Myers**
- i. **Physical Education Updates: Chase McDonald**
 - i. The Varsity football team finished tied with Bridge City as Co District Champions. This is only the 10th time in the schools 60-year history that a team has reached 7 or more wins. This is the 9th time in school history for a Lumberton team to advance to the playoffs. The 2025 Lumberton Raider team finished 3rd in school history for most points scored per game. The Lumberton football team produced 18 student athletes that received some type of All District honors, with 3 student athletes receiving multiple all district honors. This team also had 10 seniors who received academic all-state honors.
- j. **Campus Updates: Admin**
 - i. PS: 12 days of Christmas dress-up days
 - 1. 2nd Grade Christmas program
 - 2. 1st Grade around the world experience on Dec. 15-16, where students will visit Germany, Italy, Australia, and Mexico.
 - 3. Christmas parties on Dec. 18
- k. **Healthy Habits: Darlene Johnson**
 - i. The families of students from Healthy Habits donated \$500 and we adopted several kids and fulfilled their Christmas wishes!

- ii. We are currently learning about the dangers of vaping.
- l. Health Department Updates: Gail Douglas, Whitney Heinicke and Amber Meredith
 - i. Flu is at a minimum
 - ii. Two events
 - 1. Lufkin – Regional Housing Authority – families in need for housing. Homeless or families in need, come to sign up; vouchers provided to families. December 19th from 9AM-4PM at the Health Department.
 - a. See Flyer
 - 2. February 10-11: Blitz both days to sign community members up for light bills, propane or gas. 8AM-5PM and 8AM-3PM on the 11th.
 - a. See Flyer
- m. Region 5 Prevention Resource Center Updates: Kim Bartel
 - i. Please remove Billy Jack Smith, he is no longer with us.
 - ii. 2025 Regional Needs Assessment is complete. Copies available. Needs or questions, need training on substance use or behavioral health. They're here and ready to help.
- n. Clinical Outreach Manager – East Texas: Garrett Drake – Charlie Health
- o. Center for Community Health and Aging, Texas A&M University: Shalalan Washington
 - i. Texas Opioid prevention project – reps for Southeast, TX Region. (TOPS)
 - 1. HB 3908 Tucker's Law
 - 2. TOPS Approach
 - a. Needs Assessment
 - b. Prevent Education: Compliance, Support, and Resources
 - c. Community Awareness
 - 3. They are the area 2 Team
 - 4. Presentation available –
 - 5. East Texas has highest overdose rate per capita in Texas.
 - 6. Opioid use is increasing and ages are decreasing
 - 7. SHAC recommends curriculum and instruction hours
 - 8. Prevention: Research based intervention, focusing on refusal skills, problem solving, and age-appropriate ...
 - 9. Think SMART: 6 lessons on youth opioid and suicide prevention
 - a. Aligned with TEKS and NHES; behavior change focused.
 - 10. Split Second graphic novel and companion discussion guide
 - 11. Trust Hustle mobile app
 - a. Mobile online game about IMF awareness and prevention skills
 - 12. Youth Community Events
 - 13. Parent education resources
 - a. Opt Ins with SB 12 or SB 8 – parent/guardian letter
 - b. SHAC hosts fentanyl education presentation
 - 14. Everything is FREE; student workbook, trainings for teachers, etc. Sample curriculum.
- p. Items for future agenda

III. Adjournment



REGIONAL HOUSING AUTHORITY

DETCOG WAITING LIST LOTTERY OPEN NOVEMBER 1, 2025 - DECEMBER 31, 2025

*Applications will be accepted online at waitlistcheck.com
beginning at 12:00am on 11/1/2025 through 11:59pm on 12/31/2025*

**Housing Staff will be in Hardin County to assist those who
wish to apply to the Waiting List at the following address:**

Date: Friday, December 19, 2025

Time: 9:00 AM – 4:00 PM

**Place: Hardin County Annex Building
Conference Room
1135 Redwood
Kountze, Tx. 77625**



GETCAP



Helping others help themselves and each other.

HARDIN COUNTY

February 10th & 11th
2026

BLITZ

Time: 8am-5pm/ 8am-3pm

Hardin County Health Dept
1135 Redwood
Kountze, Texas 77625



HIGH electric or gas bill? We are here to help!

CITIZENSHIP & IDENTITY DOCUMENTATION ARE REQUIRED FOR ALL FIRST TIME CUSTOMERS. NO EXCEPTIONS!

**DO YOU NEED HELP
WITH RISING COSTS?**

**WE HELP PAY:
ELECTRIC, GAS,
PROPANE**

**WE ASSIST WITH:
A/C REPAIR
WEATHERIZATION
CASE MANAGEMENT**

Look for our
**mobile
UNIT**



Applications available on site or at www.get-cap.org

Disclaimer: GETCAP reserves the right to discontinue operations at any time due to Weather, Natural Disaster or any other reason we consider necessary.

- **Resources to support schools with Tucker's Law (HB 3908) compliance.**
 - Ready to use 6-lesson life skills curriculum focused on youth opioid misuse and suicide prevention.
 - Educational components have been developed from evidence-based strategies in substance use and suicide prevention education.
 - Taught by school personnel that are trained in the curriculum.
-

How does Think SMART empower youth in prevention?

- Engages a **trauma-informed approach** in educating youth on sensitive topics that impact them and their peers.
- Equips students in **decision making, refusal skills, and provides age-appropriate harm reduction** strategies.
- Educates on making **healthy choices** for **long-term well-being**.

THINK

Pay attention to the situation before reacting.

S

Seek Help. Know who you can go to when you need support, information, or someone to talk things through with.

M

Manage. Use strategies that help you stay safe and handle strong feelings in tough moments.

A

Advocate. Speak up for safe and healthy behaviors for yourself and for others.

R

Relate. Communicate in ways that strengthen connections and support healthy boundaries.

T

Take a Pause. Slow down when you make choices you feel good about.

TEXAS OPIOID PREVENTION FOR STUDENTS



OUR PURPOSE

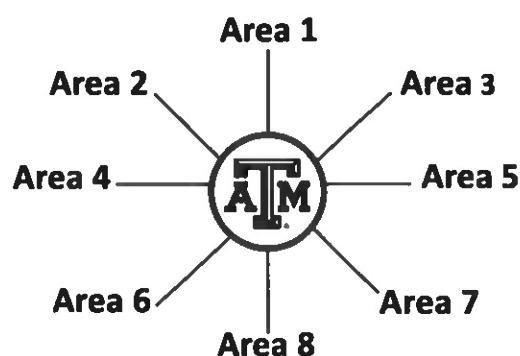
The TOPS multi-component initiative will provide Texas K-12th grade students with opioid misuse prevention education and services in response to the urgent opioid crisis and compliance with Texas statutes.

Reach

This project will serve the 20 Regional Healthcare Partnership Regions (RHPR) designated by the Opioid Abatement Funding Council (O AFC).

- TOPS will use a hub and spoke model.
- Texas A&M University will serve as the coordination "hub" that supports the eight "spokes" representing the eight consolidated project area sites.
- TOPS project sites will be staffed by local community health organizers (CHOs) and community health workers (CHWs) responsible for conducting fieldwork.

TOPS Hub and Spoke Statewide Opioid Response



OUR STRATEGIES

The TOPS initiative will include three strategies that will support the implementation and sustainability of opioid prevention activities in schools and communities.

1

Needs Assessments

- Conduct school surveys
- Key informant interviews
- Secondary data scoping study

2

Opioid Prevention Education

- Implement K-12 Opioid Prevention Education
- Target at-risk students

3

Opioid Awareness

- Town hall sessions
- Community education
- Social media campaigns

Evaluation

Metrics

TOPS will evaluate performance with a comprehensive approach guided by a formal evaluation plan.

Our key measures are:

- Program impact including student knowledge, attitudes, and behaviors.
- Reach of community awareness events and social media campaigns.
- Adoption rates of evidence-based practices.
- Changes in opioid-related incidents, and the capacity to scale and sustain program activities.

TOPS Technology

TOPS will maintain a website, **tops.tamu.edu**, that will provide a central access point for program resources, intervention, service requests, and public-facing project information.

A secure, web-based Database Management System (DMS), TAMU Insight DMS, will be developed to provide a user-friendly platform for real-time data gathering, analysis, and visualization.

Our Vision

TOPS's vision for success is based upon establishing a sustainable infrastructure that supports school and community efforts to remediate the opioid crisis and providing a safe, healthy environment for Texas youth.

Contact: Ninfa Peña-Purcell, PhD, MCHES

 ncpurcell@tamu.edu



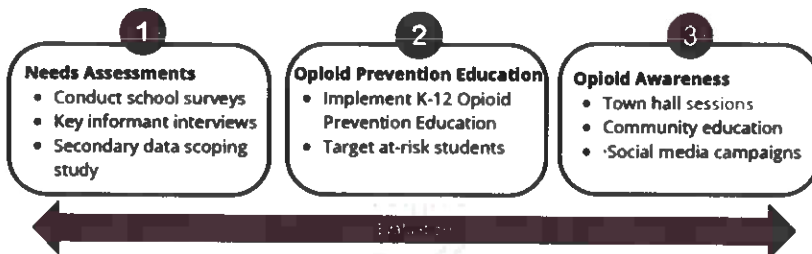
TEXAS OPIOID PREVENTION FOR STUDENTS



JOINING FORCES WITH TEXAS TO PROMOTE YOUTH OPIOID MISUSE PREVENTION

- 💡 Engage communities to raise awareness on illicitly manufactured fentanyl (IMF) and the youth opioid crisis.
- 💡 Implement the K-12th *Think Smart* opioid misuse prevention education and resources in schools
- 💡 Support schools with mental and behavioral health resources.

TOPS employs three strategies to meet Texans where they are



How TOPS empowers youth in opioid prevention

- 💡 Equips students in problem-solving, refusal skills, and provides age-appropriate harm reduction strategies.
- 💡 Educates on making healthy choices for long-term well-being.

Think Smart

Think Smart is an evidence-informed life skills course designed for youth taught by trained educators.

Lesson Topics:

Smart Choices
Mind Matters
Act Safe
Refusal Skills
Think SMART

TOPS Area 2 Representatives



👤 Felicia Curry, M.Ed.
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👤 Shalalan Washington, CHWI
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Interested in learning more?



Scan to connect with your TOPS Area Representatives!

