

Welcome to SHAC Meeting #2 for the 2025-2026 School Year.
Meeting has been called to order via email on January 23, 2026.

Review of Programs:

- **Health Instruction:**
- Coach Winkenwerder: Health and speech have switched/rotated for the semester. Starting with the skeletal system- bones, muscles. We will move to the cardiovascular & respiratory systems, followed by the digestive system next. Other topics covered this semester are: STDs, First Aid, Noncommunicable diseases, Communicable diseases, Drugs, Alcohol, and tobacco.
- **Health Services:**
- Mrs. Debbie Aman: Flu has been going around, as well as a few other illnesses; we are closely monitoring our daily attendance and the flu count in the school, as long as our absences for the day is less than 10% of the entire school, we are ok. Working on finishing all the health screens Vision, Hearing, and Spinal. The SHARE program will be on that Wed-Fri before Spring Break; we have a parent informational meeting scheduled for Tuesday, Feb 24, 2026 at 5:30 pm in the Shiner ISD Cafeteria where all parents can review the curriculum and ask questions- each student has to have parental consent before participating in the program. I have asked the SHARE coordinator to send us teachers that will stick to the powerpoint presentation slides and content that we have agreed on and not to insert any of their own opinions, beliefs, or stories. The speakers we had last year did a great job with sticking to the content and slides.
- **Physical Education:**
- Coach Nitsch: We are about to start the AHA Heart Challenge (jump rope for heart) in Feb; We are also about to start Fitness Gram.
- **School Counseling:**
- Mrs. Jamie Steffek: Semester 2 bring about lot of testing! ACT and SAT for Juniors in late February and early March; TSI testing for new dual credit students in March (tentative); TELPAS for our emergent bilingual students in early March; and of course STAAR for grades 3-11 in April. Seniors have one more semester before graduation. Scholarship season is also beginning for Seniors- scholarship awards program is planned for May 13. Graduation is May 22. We finalized grades and credits for Semester 1 in January. Mrs. Steffek is still in the process of getting grade updates to 9-11 grades. Once testing is complete, Mrs. Steffek will meet with 9-11 grades to pick classes for next year. Also, planning an 8th grade student parent meeting about high school courses, orientation, and graduation plan.
- Mrs. Heather Boner: 2025-26 Character Traits
August - Friendliness (Fill Buckets)
September - Honesty
October - Responsibility (Red Ribbon)
November - Gratitude (Thanksgiving)
December - Empathy (Christmas)
January - Inclusiveness
February - Respect
March - Perseverance (STAAR tests approaching)
April - Cooperation
May - Creativity
Additional Traits covered throughout the year: Respect, Courage, Caring, Integrity.
In October, we had a successful Red Ribbon Week with guest speakers who spoke on a variety of topics (age-appropriate), such as health and wellness, benefits of exercise, safety (focusing on Halloween safety with the younger classes), and the negative effects of drugs and alcohol.
- **Nutrition Services:**

- Mrs. Glenda Nevlud: (1) on January 14, 2026 "the Whole Kids Milk for Healthy Kids Act of 2025 was signed into law, providing new milk options and service flexibilities in the National School Lunch program. This law modifies National School Lunch Act language that pertains only to lunches served in NSLP. Schools can also serve non-dairy beverages that are nutritionally equivalent to fluid milk (examples - soy milk or other plant-based milk) This will help with the students that have allergies to the protein in regular cows milk. We have several students that have this allergy. For students requiring a non-dairy fluid milk substitution due to disability, schools can now accommodate that request based on a written statement by a parent or legal guardian
(2) There has been much milk left at meal times on the "Sharing Table" I am bringing in strawberry milk to help encourage greater milk consumption
(3) I am also working on Texas Department of Agriculture 2027 National Lunch Program Direct Delivery and Processing Diversion catalogs (WBSCM USDA Commodity Foods). Preparing for 2026-2027 School Year
Other than that no new news

Family and Community Involvement:

Shared recreational facilities- students and/or their families can come walk on the track after school hours if not being used by a school team sport/coaches at that time. I have seen many parents with their children/students walking the track on Sundays while youth flag football teams are using the field for practice.

Open Discussion:

1. Completed Triennial Assessment and approved by SHAC members- will post on the Shiner ISD website.
2. Optional Stop the Bleed certification was offered for all students in 7th - 12th Grade. Online portion was completed on student's own time and then had to have a parent consent signed for it. Hands-on portion completed on 1/22/26 and certificates handed out.