Whitehall-Coplay School District
High School Lunch Menu

February 2026

Monday	Tuesday	Wednesday	Thursday	Friday
Market Street Deli! Made to order Sandwiches and Wraps, Turkey and Cheese, Ham and Cheese, Italian, American, Tuna Salad, Chicken Salad, Egg Salad with a Variety of Cheeses and Breads)				
2 Sweet and Sour Chicken over Brown Rice **FEATURED VEGGIES** Steamed Broccoli Roasted Zucchi and Squash	**3** French Toast Sticks with Sausage Links **FEATURED VEGGIES** Tater Tots Green Pepper Strips	**4** Popcorn Chicken Mashed Potato Bowl with Roll **FEATURED VEGGIES** Steamed Corn Broccoli Salad	**5** Ham and Cheese on a Pretzel Bun Toasted Cheese on a Pretzel Bun (V) **FEATURED VEGGIES** Tomato Soup Coleslaw	**6** Big Game Menu Menu to be posted **FEATURED VEGGIES** Curly Fries Broccoli Salad
Market Street Deli! Made to order Sandwiches and Wraps, Turkey and Cheese, Ham and Cheese, Italian, American, Tuna Salad, Chicken Salad, Egg Salad with a Variety of Cheeses and Breads				
9 Texas Smokehouse BBQ Chicken, Pulled Pork BBQ, Ranch Taters, Sauces and Toppings **FEATURED VEGGIES** Smokey BBQ Beans Corn Salad	**10** Pepper Steak Bowl with Lo Mein Noodles **FEATURED VEGGIES** Sweet Chili Brussels Lo Men Salad	**11** Chicken Nuggets Dinner Roll **FEATURED VEGGIES** Seasoned Broccoli Sliced Cucumbers	**12** Mozzarella Sticks with Marinara Sauce **FEATURED VEGGIES** Seasoned Potato Wedges Caesar Salad	**13** 
Market Street Deli! Made to order Sandwiches and Wraps, Turkey and Cheese, Ham and Cheese, Italian, American, Tuna Salad, Chicken Salad, Egg Salad with a Variety of Cheeses and Breads				
16 	**17** Orange Chicken with Scallions over Fried Rice **FEATURED VEGGIES** Sesame Green Beans Garden Salad	**18** Baked Potato Bar Baked Potato topped with Smokey Beef Chili or Taco Chicken, Fresh Toppings **FEATURED VEGGIES** BBQ Baked Beans Coleslaw	**19** Chili Cheese Corn Dog Elote Corn Dog **FEATURED VEGGIES** Curly Fries Pasta Salad	**20** Buffalo Chicken Dip with Tortilla Chips **FEATURED VEGGIES** Lemon-Parmesan Broccoli Cucumber Slices
Market Street Deli! Made to order Sandwiches and Wraps, Turkey and Cheese, Ham and Cheese, Italian, American, Tuna Salad, Chicken Salad, Egg Salad with a Variety of Cheeses and Breads				
23 Hand-Rolled Meatballs with a Dinner Roll Rotini Marinara (V) **FEATURED VEGGIES** Seasoned Broccoli Tomato Mozzarella Salad	**24** Bone- in Wing Bar Choice of Sauce- Buffalo, BBQ or Garlic Parmesan **FEATURED VEGGIES** BBQ Baked Beans Potato Salad	**25** Chicken Tenders w/ Seasoned Rice **FEATURED VEGGIES** Buttered Carrots Garden Side Salad	**26** Build-Your-Own Breakfast Sandwich Customizable for (V) **FEATURED VEGGIES** Tri Hash Brown Fresh Cucumbers	**27** Cheese Filled Breadsticks with Tomato Soup **FEATURED VEGGIES** Seasoned Peas Caesar Salad

What is a Meal?

Students must choose at least 3 of the 5 components available for the school lunch price.

- Choice of Whole Grain
- Choice of Protein
- Choice of Vegetable
- Choice of Fruit
- Choice of Milk

A minimum ½ cup serving of fruit or vegetable must accompany a reimbursable lunch.

Choice of Vegetable

Hot vegetable, leafy salad, composed bean salad, seasonal fresh vegetables

Choice of Fruit

Seasonal fresh fruits, canned fruit in light syrup, 100% fruit juice

Choice of Milk

1% white, fat-free white, fat-free chocolate.

Daily Alternates

Hamburger/Cheeseburger on a Bun

Chicken Patty on a Bun

Specialty Grill Item

Chef Fresh Sandwiches and Salads

Cheese or Pepperoni Pizza

Specialty Pizza

PB&J

***NEW* Poblanos Mex American Bar Daily**
Poblano's serves up an extensive selection of made-to-order burritos, tacos, quesadillas, and more. Feast on nachos with guacamole or fresh salsa, tortilla soup, authentic Mexican rice, taco salad, sizzling fajitas, and More.
Daily Made to order Station Now at Bravo

Wednesday- Homemade Soup in a Bread bowl at Deli.

(VG) Vegan (V) Vegetarian
(WG) Whole Grain

Contact

Cathy Muto, General Manager
610-782-1890
Mutoc@whitehallcoplay.org

Derek Kolumber, Chef Manager
610-782-0961
kolumberd@whitehallcoplay.org

Meal Prices

Student Lunch	$0.00
Reduced Lunch	$0.00

Metz CULINARY MANAGEMENT ENVIRONMENTAL SERVICES

Menu subject to change due to product availability. This institution is an equal opportunity provider and employer.

