Whitehall- Coplay School District
Middle School Lunch Menu

February 2026

Monday	Tuesday	Wednesday	Thursday	Friday
bravo! **Pasta!** Choice of two daily pastas, alternating daily sauces, fresh baked breads, fresh bruschetta, and herbed parmesan cheese. Customizable for (V)				
2 Sweet and Sour Chicken over Brown Rice Veggie Stir Fry (V) **FEATURED VEGGIES** Steamed Broccoli Roasted Zucchi and Squash	**3** French Toast Sticks with Sausage Links **FEATURED VEGGIES** Tater Tots Green Pepper Strips	**4** Popcorn Chicken Mashed Potato Bowl with Roll **FEATURED VEGGIES** Steamed Corn Broccoli Salad	**5** Ham and Cheese on a Pretzel Bun Toasted Cheese on a Pretzel Bun (V) **FEATURED VEGGIES** Tomato Soup Coleslaw	**6** Big Game Menu Menu to be posted **FEATURED VEGGIES** Curly Fries Broccoli Salad
bravo! **Poblano's Mex-American!** Choice of soft- or hard-shell tortillas, tortilla chips, seasoned beef, chicken, pork, nacho cheese, topped with ranch refried beans, rice, Mexicali corn, and a variety of salsas. Customizable for (V)				
9 Cheese Burger Tot Bowl **FEATURED VEGGIES** Buttered Corn Potato Salad	**10** Pepper Steak Bowl with Lo Mein Noodles **FEATURED VEGGIES** Sweet Chili Brussels Lo Men Salad	**11** Chicken Nuggets Dinner Roll **FEATURED VEGGIES** Seasoned Broccoli Sliced Cucumbers	**12** Mozzarella Sticks with Marinara Sauce **FEATURED VEGGIES** Seasoned Potato Wedges Caesar Salad	**13** SCHOOL CLOSED
bravo! **Cyclone Street Noodles!** Lo mein noodles served with choice of chicken or pork, stir-fried cabbage, sautéed red pepper, veggie stir-fry, or steamed broccoli. Tossed with sweet chili, soy garlic, or orange sauce. Customizable for (V)				
16 SCHOOL CLOSED	**17** Orange Chicken with Scallions over Fried Rice **FEATURED VEGGIES** Sesame Green Beans Garden Salad	**18** Baked Potato Bar Baked Potato topped with Smokey Beef Chili or Taco Chicken, Fresh Toppings **FEATURED VEGGIES** BBQ Baked Beans Coleslaw	**19** Chili Cheese Corn Dog Elote Corn Dog **FEATURED VEGGIES** Curly Fries Pasta Salad	**20** Buffalo Chicken Dip with Tortilla Chips **FEATURED VEGGIES** Lemon-Parmesan Broccoli Cucumber Slices
bravo! **Texas Smokehouse!** Choice of dry-rubbed BBQ chicken or pork, ranch taters, zesty country green beans, BBQ baked beans, slaw, and melons. Choice of Kaiser roll or corn bread, and a variety of BBQ sauces.				
23 Hand-Rolled Meatballs with a Dinner Roll Rotini Marinara (V) **FEATURED VEGGIES** Seasoned Broccoli Tomato Mozzarella Salad	**24** Beef or Chicken Nachos Grande with Yogurt Cumin Crème **FEATURED VEGGIES** Ranch Refried Bean Dip Fresh Pico de Gallo	**25** Chicken Tenders w/ Seasoned Rice **FEATURED VEGGIES** Buttered Carrots Garden Side Salad	**26** Build-Your-Own Breakfast Sandwich Customizable for (V) **FEATURED VEGGIES** Tri Hash Brown Fresh Cucumbers	**27** Cheese Filled Breadsticks with Tomato Soup **FEATURED VEGGIES** Seasoned Peas Caesar Salad

What is a Meal?

Students must choose at least 3 of the 5 components available for the school lunch price.

- Choice of Whole Grain
- Choice of Protein
- Choice of Vegetable
- Choice of Fruit
- Choice of Milk

A minimum ½ cup serving of fruit or vegetable must accompany a reimbursable lunch.

Choice of Vegetable

Hot vegetable, leafy salad, composed bean salad, seasonal fresh vegetables

Choice of Fruit

Seasonal fresh fruits, canned fruit in light syrup, 100% fruit juice

Choice of Milk

1% white, fat-free white, fat-free chocolate, fat-free vanilla, fat-free strawberry

Daily Alternates

Hamburger/Cheeseburger on a Bun

Chicken Patty on a Bun

Specialty Grill Item

Chef Fresh Sandwiches and Salads

Cheese or Pepperoni Pizza

Specialty Pizza

PB&J

bravo!

Bravo- Monday, Wednesday & Friday (Menu Posted Weekly)

Super Subs (Tuesdays and Thursdays) at Bravo

(WG) Whole Grain
(V) Vegetarian
These items do not contain meat, poultry, or seafood, but may contain dairy and/or egg
(VG) Vegan
These items do not contain any animal products

Contact

Cathy Muto, General Manager
610-782-1890
Mutoc@whitehallcoplay.org

Derek Kolumber, Chef Manager
610-782-0961
kolumberd@whitehallcoplay.org

Meal Prices

Student Lunch	$0.00
Reduced Lunch	$0.00

Metz CULINARY MANAGEMENT ENVIRONMENTAL SERVICES

Menu subject to change due to product availability. This institution is an equal opportunity provider and employer.

