Wallkill HS

2/2/2026 - 2/6/2026

Welcome to our Lunch Cafe

H

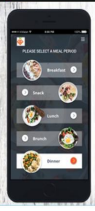
MEATLESS MONDAY

	Monday	Tuesday	Wednesday	Thursday	Friday
World Market	2 Cheeseburger Mac & Cheese *steamy pasta enrobed in a creamy cheddar cheese sauce mixed with seasoned ground meat prepared in-house* Steamed Peas Applesauce	3 Nachos with Cheese and BBQ Chicken *Nachos with cheese sauce topped with BBQ chicken* Sour Cream Yellow Rice Seasoned Black Beans Tomato Salad Fresh Apple	4 Chicken Parmesan Flatbread *Chicken with tomato sauce and mozzarella in toasted flatbread* Side Garden Salad Crispy Potato Puffs Steamed Carrots Fresh Pear National Tater Tot Day!	5 ** HUDSON TACO ** WILL BE COMING TODAY!!!! JOIN IN ON THE FUN!!! Choice of a Variety of Tacos and Rice or Quinoa Bowls! *Beef, Gen Tso Chicken Or Korean BBQ Shortrib *Guacamole & Off The Cob Street Corn	6 Honey Chipotle Chicken Homemade *marinated chicken in a sauce made with honey and chipotle peppers in adobo sauce* Buffalo Cauliflower Chili Roasted Corn Fresh Orange
	Served with choice of side salad, variety of fresh fruit and vegatables. Choice of Fat Free, 1% or 2% Chilled Milk				
La Cucina	Hawaiian Chicken Pizza *ham, chicken and pineapple chunks over a cheese pizza slice* P	Broccoli Cheddar Cheese Pizza *freshly made pizza topped with fresh cheddar cheese and crisp broccoli florets*	Hawaiian Chicken Pizza *ham, chicken and pineapple chunks over a cheese pizza slice* P	Broccoli Cheddar Cheese Pizza *freshly made pizza topped with fresh cheddar cheese and crisp broccoli florets*	Hawaiian Chicken Pizza *ham, chicken and pineapple chunks over a cheese pizza slice* P
	Available Daily: cheese pizza, pepperoni pizza and specialty on whole grain rich pizza dough				
Miss Ruby's Grill	Spicy Chicken Sandwich *warm spicy chicken breaded cutlet prepared in-house*	Spicy Chicken Sandwich *warm spicy chicken breaded cutlet prepared in-house*	Spicy Chicken Sandwich *warm spicy chicken breaded cutlet prepared in-house*	Spicy Chicken Sandwich *warm spicy chicken breaded cutlet prepared in-house*	Spicy Chicken Sandwich *warm spicy chicken breaded cutlet prepared in-house*
	Available Daily: hamburgers, cheeseburgers, and chicken patty sandwiches				
Great American Sandwich Co.	Italian Stallion Panini *freshly prepared grilled panini with pepperoni, ham, mozzarella cheese and lettuce* P	Italian Stallion Panini *freshly prepared grilled panini with pepperoni, ham, mozzarella cheese and lettuce* P	Italian Stallion Panini *freshly prepared grilled panini with pepperoni, ham, mozzarella cheese and lettuce* P	Deli Bar Italian Stallion Panini *freshly prepared grilled panini with pepperoni, ham, mozzarella cheese and lettuce* P	Deli Bar *an assortment of cold cuts, cheeses, condiments and breads, rolls, or wraps to create your own sandwich* Italian Stallion Panini *freshly prepared grilled panini with pepperoni, ham, mozzarella cheese*
	Available Daily: Made to Order and *ALWAYS* Fresh!				
Real Meals Express / Fresh from the Garden	Garden Salad Entree *fresh garden salad topped with meat* Fruity Granola Parfait Dinner Rolls	Garden Salad Entree *fresh garden salad topped with meat* Fruity Granola Parfait Dinner Rolls	Garden Salad Entree *fresh garden salad topped with meat* Fruity Granola Parfait Dinner Rolls	Garden Salad Entree *fresh garden salad topped with meat* Fruity Granola Parfait Dinner Rolls	Garden Salad Entree *fresh garden salad topped with meat* Fruity Granola Parfait Dinner Rolls
	Available Daily: Garden Salad, Chef Salad, Caesar Salad. Includes WW dinner roll and choice of fruit and milk				

For Menu Questions please contact Marilyn Digregorio @ digregoriom@whitsons.com

Offering New Specials *EVERY WEEK!*

To see our menus, visit us at: www.fdmealplanner.com



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Consuming raw or under cooked meat, poultry, seafood, shellfish or eggs may increase your risk of food borne illness, especially if you have certain medical conditions. * Menu is subject to change, notice posted when available. * In accordance with federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, this institution is prohibited from discriminating on the basis of race, color national origin, sex (including gender identity and sexual orientation), disability, age, or reprisal or retaliation for prior civil rights activity. * This institution is an equal opportunity provider.

WHITSONS FAMILY OF COMPANIES WWW.WHITSONS.COM

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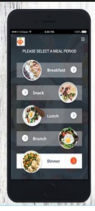
Wallkill HS

2/9/2026 - 2/13/2026

Welcome to our Lunch Cafe

MEATLESS MONDAY

	Monday	Tuesday	Wednesday	Thursday	Friday
World Market	9 Fluffy Whole Grain Waffles *warm whole grain waffles* Syrup Sausage Patty Crispy Potato Puffs Fresh Apple BRUNCH FOR LUNCH TODAY!	10 Buffalo Chicken Sauce & Toss *popcorn chicken glazed with Buffalo sauce* Seasoned Rice Chickpea Salad Sliced Oranges	11 Chicken Bowl with Gravy *chicken layered with mashed potatoes and corn, smothered in gravy* Chilled Red Pepper Strips HARVEST of the month peppers Buttered Corn Fresh Apple	12 Yard Bird Classic Chicken Sandwich *a delicious chicken filet on a hearty bun, served with special sauce and a pickle* Carrot Sticks Sweet Potato Fries Fresh Strawberries	13 Baked Pasta with Homemade Meat Sauce Homemade Garlic Naan Tomato Salad Spiced Roasted Green Beans w/ Parmesan Fresh Banana
	Served with choice of side salad, variety of fresh fruit and vegatables. Choice of Fat Free, 1% or 2% chilled milk				
La Cucina	Meat Lovers Pizza *freshly made pizza topped with mozzarella cheese, sausage, pepperoni and meatball*	Meat Lovers Pizza *freshly made pizza topped with mozzarella cheese, sausage, pepperoni and meatball*	Meat Lovers Pizza *freshly made pizza topped with mozzarella cheese, sausage, pepperoni and meatball*	Meat Lovers Pizza *freshly made pizza topped with mozzarella cheese, sausage, pepperoni and meatball*	Meat Lovers Pizza *freshly made pizza topped with mozzarella cheese, sausage, pepperoni and meatball*
	Available Daily: cheese pizza, pepperoni pizza and specialty on whole grain rich pizza dough				
Miss Ruby's Grill	Grilled Cheese Sandwich Meltdown Café *golden toasted bread with melted gooey cheese pressed and prepared in-house* Tomato Soup	Grilled Cheese Sandwich Meltdown Café *golden toasted bread with melted gooey cheese pressed and prepared in-house* Tomato Soup	Grilled Cheese Sandwich Meltdown Café *golden toasted bread with melted gooey cheese pressed and prepared in-house* Tomato Soup	Grilled Cheese Sandwich Meltdown Café *golden toasted bread with melted gooey cheese pressed and prepared in-house* Tomato Soup	Grilled Cheese Sandwich Meltdown Café *golden toasted bread with melted gooey cheese pressed and prepared in-house* Tomato Soup
	Available Daily: hamburgers, cheeseburgers, and chicken patty sandwiches				
Great American Sandwich Co.	Deli Bar Buffalo Chicken Sandwich *warm sandwich prepared in-house with spicy marinated chicken breast, crisp lettuce and sliced tomato*	Deli Bar Buffalo Chicken Sandwich *warm sandwich prepared in-house with spicy marinated chicken breast, crisp lettuce and sliced tomato*	Deli Bar Buffalo Chicken Sandwich *warm sandwich prepared in-house with spicy marinated chicken breast, crisp lettuce and sliced tomato*	Deli Bar Buffalo Chicken Sandwich *warm sandwich prepared in-house with spicy marinated chicken breast, crisp lettuce and sliced tomato*	Deli Bar Buffalo Chicken Sandwich *warm sandwich prepared in-house with spicy marinated chicken breast, crisp lettuce and sliced tomato*
	Available Daily: Made to Order and *ALWAYS* Fresh!				
Real Meals™ Express Fresh from the Garden	Italian Pizza Salad *tomatoes, carrots, cucumbers, mozzarella cheese and pepperoni on a bed of mixed greens* Dinner Rolls Fruity Granola Parfait	Italian Pizza Salad *tomatoes, carrots, cucumbers, mozzarella cheese and pepperoni on a bed of mixed greens* Fruity Granola Parfait	Italian Pizza Salad *tomatoes, carrots, cucumbers, mozzarella cheese and pepperoni on a bed of mixed greens* Dinner Rolls Fruity Granola Parfait	Italian Pizza Salad *tomatoes, carrots, cucumbers, mozzarella cheese and pepperoni on a bed of mixed greens* Dinner Rolls Fruity Granola Parfait	Italian Pizza Salad *tomatoes, carrots, cucumbers, mozzarella cheese and pepperoni on a bed of mixed greens* Dinner Rolls Fruity Granola Parfait
	Available Daily: An array of seasonal produce, meats and mixed salads. Choice of dressing, whole grain dinner rolls				



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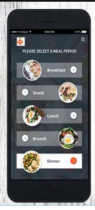
Wallkill HS

2/16/2026 - 2/20/2026

Welcome to our Lunch Cafe

MEATLESS MONDAY

	Monday	Tuesday	Wednesday	Thursday	Friday
World Market	16	17 SCHOOL CLOSED TODAY	18 Chicken & Cheese Quesadilla *hand crafted grilled flour tortilla filled with juicy chicken and melty cheese* Sour Cream Mild Salsa Side Garden Sala Steamed Carrots Fresh Pear	19 BBQ Style Chicken Wings Wing Shack Chicken Wings Buffalo Chicken Wings Celery Garlic Parmesan Fries Watermelon Slices	20 Incredibowls Fiesta Chicken & Rice Bowl *seasoned rice topped with beans, chicken, corn and cheese* Fiesta Corn Fresh Blueberries
	Served with choice of side salad, variety of fresh fruit and vegatables. Choice of Fat Free, 1% or 2%				
La Cucina		SCHOOL CLOSED TODAY	Hand Crafted Buffalo Chicken Pizza *fresh dough layered with sauce, topped with cheese and Buffalo chicken pieces and baked until crisp*	Hand Crafted Buffalo Chicken Pizza *fresh dough layered with sauce, topped with cheese and Buffalo chicken pieces and baked until crisp*	Hand Crafted Buffalo Chicken Pizza *fresh dough layered with sauce, topped with cheese and Buffalo chicken pieces and baked until crisp*
	Available Daily: cheese pizza, pepperoni pizza and specialty on whole grain rich pizza dough				
Miss Ruby's Grill		SCHOOL CLOSED TODAY	Pretzel Cheese Sauce	Pretzel Cheese Sauce	Pretzel Cheese Sauce
			Offering New Specials *EVERY WEEK!* *To see our menus, visit us at: www.fdmealplanner.com*		
	Available Daily: hamburgers, cheeseburgers, and chicken patty sandwiches				
Great American Sandwich Co.		SCHOOL CLOSED TODAY	Deli Bar American Combo Sandwich *freshly made sandwich with thinly sliced turkey, ham and cheese* P	Deli Bar American Combo Sandwich *freshly made sandwich with thinly sliced turkey, ham and cheese* P	Deli Bar American Combo Sandwich *freshly made sandwich with thinly sliced turkey, ham and cheese* P
	Available Daily: Made to Order and *ALWAYS* Fresh!				
Real Meals Express / Fresh from the Garden		SCHOOL CLOSED TODAY	Chicken and Strawberry Salad *fresh strawberries with chicken over greens* Dinner Rolls Fruity Granola Parfait	Chicken and Strawberry Salad *fresh strawberries with chicken over greens* Dinner Rolls Fruity Granola Parfait	Chicken and Strawberry Salad *fresh strawberries with chicken over greens* Dinner Rolls Fruity Granola Parfait
	Available Daily: Garden Salad, Chef Salad, Caesar Salad. Includes WW dinner roll and choice of fruit and milk				



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Wallkill HS

2/23/2026 - 2/27/2026

Welcome to our Lunch Cafe

MEATLESS MONDAY

	Monday	Tuesday	Wednesday	Thursday	Friday
World Market	23 Homemade Pesto Pasta with Chicken *fresh pasta tossed in a creamy pesto sauce topped with chicken and Parmesan cheese* Side Garden Salad Roasted Squash Steamed Broccoli Applesauce	24 BLT Burger *freshly prepared burger topped with crispy bacon, lettuce, tomato and mayo on a freshly toasted bun* P Sliced Tomatoes Baked Beans Oven Baked Fries Fresh Apple	25 Baked Chicken Tenders *crispy chicken tenders perfect for dipping in your favorite sauce* Vegetable Rice Pilaf Green Beans Fresh Blueberries	26 Pasta with Meat Sauce Rotini *freshly cooked pasta with meat sauce* Side Garden Salad Sauteed Zucchini Fresh Apple	27 Chicken Nugget & Mozzarella Stick Combo *Crispy chicken nuggets and gooey mozzarella sticks served with dipping sauce* Dinner Rolls Green Bean Salad Fresh Orange
	Served with choice of side salad, variety of fresh fruit and vegatables. Choice of Fat Free, 1% or 2% chilled milk				
La Cucina	Meatball Pizza *freshly prepared cheese pizza topped with meatballs*	Meatball Pizza *freshly prepared cheese pizza topped with meatballs*	Meatball Pizza *freshly prepared cheese pizza topped with meatballs*	Meatball Pizza *freshly prepared cheese pizza topped with meatballs*	Meatball Pizza *freshly prepared cheese pizza topped with meatballs*
	Available Daily: cheese pizza, pepperoni pizza and specialty on whole grain rich pizza dough				
Miss Ruby's Grill	Beef Hot Dog on Bun *juicy beef hot dog on a soft bun*	Beef Hot Dog on Bun *juicy beef hot dog on a soft bun*	Beef Hot Dog on Bun *juicy beef hot dog on a soft bun*	Beef Hot Dog on Bun *juicy beef hot dog on a soft bun*	Beef Hot Dog on Bun *juicy beef hot dog on a soft bun*
	Available Daily: hamburgers, cheeseburgers, and chicken patty sandwiches				
Great American Sandwich Co.	Deli Bar Turkey Club Wrap *turkey breast, bacon, chopped romaine lettuce and tomato, wrapped in a tortilla*	Turkey Club Wrap *turkey breast, bacon, chopped romaine lettuce and tomato, wrapped in a tortilla*	Deli Bar Turkey Club Wrap *turkey breast, bacon, chopped romaine lettuce and tomato, wrapped in a tortilla*	Deli Bar Turkey Club Wrap *turkey breast, bacon, chopped romaine lettuce and tomato, wrapped in a tortilla*	Deli Bar Turkey Club Wrap *turkey breast, bacon, chopped romaine lettuce and tomato, wrapped in a tortilla*
	Available Daily: Made to Order and *ALWAYS* Fresh!				
Real Meals™ Express / Fresh from the Garden	Garden Salad Entree *fresh garden salad topped with meat* Dinner Rolls Fruity Granola Parfait	Dinner Rolls Fruity Granola Parfait	Dinner Rolls Fruity Granola Parfait	Dinner Rolls Fruity Granola Parfait	Dinner Rolls Fruity Granola Parfait
	Available Daily: Garden Salad, Chef Salad, Caesar Salad. Includes WW dinner roll and choice of fruit and milk				

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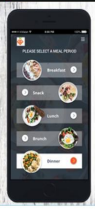

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