



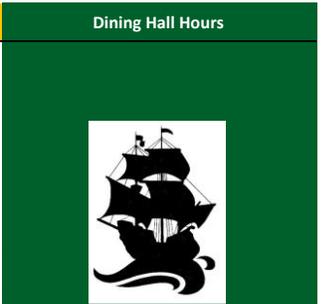
# MOREAU

## CATHOLIC HIGH SCHOOL

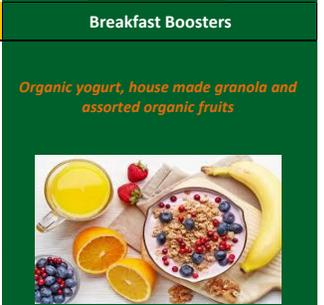
COMPASSIONATE COLLEGE PREP



Monday		January 26, 2026	
<b>Breakfast Grill</b>	Cage Free Scramble Eggs, Breakfast Potatoes, Applewood Smoked Bacon, Sausage		\$4.95
<b>Kitchen Table</b>	Meatless Monday! Pesto Cream Pasta, Parmesan Cheese, Seasonal Vegetable and Bread Roll		\$8.75
<b>Global Adventure</b>	Free Range Sweet Chili Garlic Chicken, Herb Roasted Potatoes, Seasonal Roasted Vegetables		\$8.75
<b>Vegetarian</b>	Meatless Monday! Pesto Cream Penne Pasta w/ Seasonal Vegetable and Garlic Bread		\$8.75
<b>Stone Hearth Oven</b>	Assorted Pizza, Cheese, Pepperoni, Combination		\$7.95
<b>Grab and Go</b>	Assorted Sandwiches, Assorted Salads		6.50 - 6.95
<b>After School Treats</b>	House Baked Cookies, Ice Cream Treats, Assorted Chips, Beverages		4.50 - 4.95



Tuesday		January 27, 2026	
<b>Breakfast Grill</b>	Cage Free Scramble Eggs, Breakfast Potatoes, Applewood Smoked Bacon, Sausage		\$4.95
<b>Platillos Latinos</b>	Free Range Chicken Tinga Burrito Bowls, Cilantro Rice, Slow Cooked Black Beans, Corn Salsa, Fresh Pico de Gallo		\$8.75
<b>Platillos Latinos</b>	Grass-fed Carne Asade Street Tacos, Cilantro Rice, Slow Cooked Black Bean, House-made Salsa Fresca		\$8.75
<b>Vegetarian</b>	Tofu Tacos w/ Cilantro Rice and Slow Cooked Pinto Beans		\$6.95
<b>Stone Hearth Oven</b>	French Bread Pizza, Cheese, Pepperoni		\$6.95
<b>Grab and Go</b>	Assorted Sandwiches, Assorted Salads		6.50 - 6.95
<b>After School Treats</b>	House Baked Cookies, Ice Cream Treats, Assorted Chips, Beverages		4.50 - 4.95



Wednesday		January 28, 2026	
<b>Breakfast Grill</b>	Cage Free Scramble Eggs, Breakfast Potatoes, Applewood Smoked Bacon, Sausage		\$4.95
<b>Passage to India</b>	Tandoori Free Range Chicken Bowl, Basmati Rice, Pickled Red Onions, Cilantro, Yogurt Rita and Garlic Naan		\$8.75
<b>Kitchen Table</b>	Baked Ziti, Italian Sausage, Grassfed Beef, Ricotta Cheese, Parmesan, Mozzarella, Roasted Seasonal Vegetables		\$8.75
<b>Vegetarian</b>	Tandoori Tofu Bowl, Basmati Rice, Pickled Red Onions, Cilantro, Yogurt Rita and Garlic Naan		\$6.95
<b>Stone Hearth Oven</b>	Assorted Pizza, Cheese, Pepperoni, Combination		\$6.95
<b>Grab and Go</b>	Assorted Sandwiches, Assorted Salads		6.50 - 6.95
<b>After School Treats</b>	House Baked Cookies, Ice Cream Treats, Assorted Chips, Beverages		4.50 - 4.95



Thursday		January 29, 2026	
<b>Breakfast Grill</b>	Cage Free Scramble Eggs, Breakfast Potatoes, Applewood Smoked Bacon, Sausage		\$4.95
<b>Global Adventure</b>	Grass-fed Birria Nacho Bar! House-made Nacho Cheese, Pico de Gallo, Refried Beans, Sour Cream, Jalapenos		\$8.75
<b>Kitchen Table</b>	Applewood Smoked Bacon Wrapped Hot Dog, Fajita Vegetables, Jolo Potatoes		\$8.75
<b>Vegetarian</b>	Tofu Teriyaki w/ Steamed Jasmine Rice, and Broccoli		\$6.95
<b>Stone Hearth Oven</b>	Assorted Pizza, Cheese, Pepperoni, Combination		\$6.95
<b>Grab and Go</b>	Assorted Sandwiches, Assorted Salads		6.50 - 6.95
<b>After School Treats</b>	House Baked Cookies, Ice Cream Treats, Assorted Chips, Beverages		4.50 - 4.95

Friday		January 30, 2026	
<b>Breakfast Grill</b>	Cage Free Scramble Eggs, Breakfast Potatoes, Applewood Smoked Bacon, Sausage		\$4.95
<b>Global Adventure</b>	No Lunch due to early release		\$8.75
<b>Kitchen Table</b>			\$8.75
<b>Vegetarian</b>			\$6.95
<b>Stone Hearth Oven</b>			\$6.95
<b>Grab and Go</b>			\$3.50
<b>After School Treats</b>			4.50 - 4.95

### Menu Key

Epicurean Group at Moreau High School



It is important that an athlete's diet provide the right amount of energy, nutrients and fluids that the body needs. No single supplement can do this. It takes a variety of foods every day! Epicurean Group strives to provide student athlete's with the most nutrient dense and delicious food possible every single day!



**Chef / Manager:**  
Shirnea Grant

**Sous Chef:**  
Christian Ramos

**Catering Info**  
[shirnea@epicurean-group.com](mailto:shirnea@epicurean-group.com)