

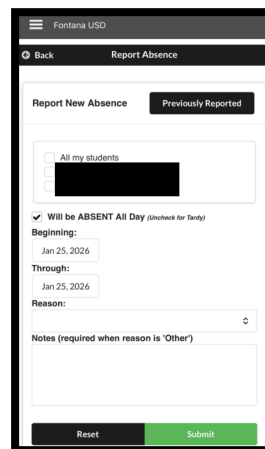
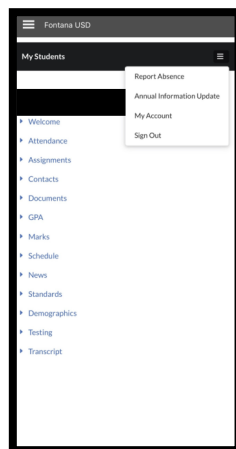
Rebel Reflections

It is hard to believe that January will be over at the end of the week. As with every school year, the spring semester always feels that it is going faster than the fall. It is true we have many more activities this spring, which may help with the feeling of momentum, but graduation will be here before we know it.

I want to celebrate two amazing victories we had this past Friday. Our boys soccer team found themselves with a 16-1 victory, while our girls team was able to score 18-0. Both were victories to remember. I also want to give a shout out to our wrestling team who are co-league champions this season and will be competing in league finals this week at A.B. Miller on 1/29/26 starting at 2 PM. Our basketball teams are finding momentum and a lot of growth has been noted. Our Traditional Competitive Cheer team competed in their first CIF competition and represented us really well.

This coming week we have a lot to look forward to. This is our Winter Sports Spirit Week. All students are encouraged to participate in our many days of dress-up and activities. The week will be capped off with a rally for all of our students. Our E-Sports team will begin their competition season with their first match. Only in our second season of play looks to be even more exciting than last year.

As a reminder, we want to focus on student attendance. We know that when students are not feeling well that they will be out. To make it easier to report your students absence, please use the reporting system located within the Q Parent Connect app:



I am here to serve you and our students. Please let me know if there is anything I can do to help you navigate high school. You are welcome to reach out via phone at (909) 357-5800 extension 10117 or by e-mail at barbara.kelley@fusd.net.

#WeAreABMiller

Dr. Barbara Kelley, Principal

Counseling Corner

Positive School Attendance Shapes a High School Student's Adult Success

Consistent school attendance in high school is far more than a measure of a student's reliability – it is a powerful predictor of success in adulthood. While teenagers may not always recognize the importance of showing up every day, research and long-term trends reveal that strong attendance habits shape academic achievement, career readiness, and personal development well into adult life.

To begin, positive attendance builds a foundation of responsibility and discipline that adults rely on daily. Students who attend school regularly learn how to manage routines, meet expectations, and prioritize commitments – skills that transfer directly into the workplace. Employers consistently report that dependability is one of the most valued qualities in employees, and adults who developed these habits early often adapt more easily to professional environments that require punctuality, teamwork, and consistency.

Academically, students with strong attendance are more likely to achieve higher grades, complete high school, and pursue post-secondary education or training. These accomplishments open doors to a wider range of career opportunities and higher earning potential in adulthood. Even when students choose pathways not requiring college degrees, such as trades or apprenticeships, steady attendance signals readiness to handle rigorous training programs and job responsibilities.

Beyond academics and employment, positive attendance supports healthier social and emotional development. Regular participation in school exposes students to diverse social settings, collaborative activities, and problem-solving challenges. These experiences help build communication skills, resilience, and confidence – attributes that contribute to fulfilling relationships and effective decision-making later in life. Adults who learned to navigate social situations in school are often better prepared to handle conflicts and build supportive networks.

Moreover, strong attendance is closely linked to long-term well-being. Individuals who complete high school and remain connected to learning environments typically report better physical and mental health as adults. They may also experience greater financial stability, which further supports overall life satisfaction.

In summary, positive school attendance is an investment in a student's future. By showing up each day, high school students strengthen habits, skills, and mindsets that form the building blocks of adult success – academically, professionally, and personally. Although it may seem simple, consistent attendance lays the groundwork for a lifetime of opportunity.

Upcoming Events

- 1/26/26 – Coffee with the Principal at 9 AM in Portable 3 or on TEAMS
- 1/28/26 – Boys Basketball vs. San Bernardino High School starting at 3:45 PM
- 1/28/26 – Girls Soccer @ San Bernardino High School starting at 3:45 PM
- 1/28/26 – Boys Soccer vs. San Bernardino High School starting at 3:45 PM
- 1/28/26 – Esports vs. Hanford West High School starting at 4:15 PM
- 1/28/26 – Girls Basketball @ San Bernardino High School starting at 4:30 PM
- 1/29/26 – MVL Wrestling League Finals at A.B. Miller starting at 2:00 PM
- 1/30/26 – Traditional Competitive Cheer Showcase at A.B. Miller
- 1/30/26 – Fontana Art Show at the Art Depot (16822 Spring Street Fontana, CA 92335) 5:30 to 7:30 PM

Athletic Director's Message

Fontana A.B. Miller High School is one of four member schools that comprise the Mountain Valley League.

A.B. Miller fields teams in 21 boys', girls' and co-educational sports at two to three different levels (Varsity, Junior Varsity, and Freshman).

To participate in a team, each student athlete is required to maintain at least a 2.0 grade point average. To help our student athletes make the academic grades necessary, A.B. Miller runs an academic accountability program for its student athletes. The staff member who developed and oversees the program is responsible for tracking grades, making parent contact, tutoring, and serving as a liaison between student athletes, teachers, and parents.

If you have any athletics questions, please reach out me at pfeimh@fusd.net or call me at (909) 357-5800 ext. 10114.

Michael Pfeiffer Jr.
Athletic Director

AB Miller Athletics will be using **GoFan** for ALL home games for ALL levels (Freshman, JV, and Varsity). Many of our opponents will also be using **GoFan** for away competitions. Please use the QR code below **GoFan** and purchase your tickets.



Drop Off and Pick Up

Students may enter or exit one of two ways in the morning and at the end of the school day.

From the Cypress Avenue Side of Campus, please enter the parking lot from the northern gate near the tennis courts. Proceed to drop your student off and exit the southern gate. This parking lot is for student parking as well and is locked 15 minutes after school begins in the morning and is unlocked 15 minutes before the end of the school day.

From the Oleander Avenue Side of Campus, please use the northbound drop-off. Please do not sit and park in the morning, rather drop off and proceed north towards Highland Avenue to ensure that traffic keeps flowing. Students then need to walk in or out of the campus through the gates between the library and the Q-building (two-story building). This entrance will be open until 8:40 AM.

Students arriving after the gates are closed, need to proceed to the Attendance Office in the Oleander Avenue Parking Lot. Students check themselves in using our electronic pass system in the Attendance Office and quickly proceed to class, to minimize classroom interruptions and your students learning loss.

	Monday	Tuesday	Wednesday	Thursday	Friday
English	Mrs. DeSart (S-5): 7:30-8 AM Mrs. Harbour (H-20): 7:45-8 AM Mr. Manuel (H-10): 3:30-4:30 PM	Mrs. DeSart (S-5): 7:30-8 AM Mrs. Harbour (H-20): 7:45-8 AM Mrs. Kennedy (H-6): 3:30-4:30 PM Mr. Manuel (H-10): 3:30-4:30 PM Mrs. Richier (H-16): 3:30-4:30 PM Mrs. Whyte (BC-3): By Appointment	Mrs. DeSart (S-5): 7:30-8 AM Mrs. Harbour (H-20): 7:45-8 AM	Mrs. DeSart (S-5): 7:30-8 AM Mrs. Harbour (H-20): 7:45-8 AM Mrs. Kennedy (H-6): 3:30-4:30 PM Mrs. Whyte (BC-3): By Appointment	Mrs. DeSart (S-5): 7:30-8 AM Mrs. Harbour (H-20): 7:45-8 AM Mrs. Kennedy (H-6): 3:30-4:30 PM Mrs. Whyte (BC-3): By Appointment
Math	Dr. Abba (M-8): 3:30-4:30 PM Mr. Biroschak (M-18): 7:30-8 AM Mr. Biroschak (M-18): 3:30-4:30 PM Mrs. Bogdan-Olaru (M-10): 7:30-8 AM Mrs. Bogdan-Olaru (M-10): 3:30-4 PM Mrs. Chaudhary (M-7): 3:30-5 PM Mr. Kim (M-13): 3:30-4:30 PM Mr. Martinez (M-6): 7:30-8 AM Mrs. Schlieff (M-11): 7:30-8 AM Mrs. Schlieff (M-11): 3:30-4 PM Mrs. VanBuskirk (M-9): 3:30-4 PM	Dr. Abba (M-8): 3:30-4:30 PM Mr. Biroschak (M-18): 7:30-8 AM Mr. Biroschak (M-18): 3:30-4:30 PM Mrs. Bogdan-Olaru (M-10): 7:30-8 AM Mrs. Bogdan-Olaru (M-10): 3:30-4 PM Mr. Bravo (M-16): 3:30-4:40 PM Ms. Flores (M-12): 3:30-4:30 PM Mr. Martinez (M-6): 7:30-8 AM Mr. Martinez (M-6): 3:30-5 PM Mrs. Schlieff (M-11): 7:30-8 AM Mrs. Schlieff (M-11): 3:30-4 PM Mrs. VanBuskirk (M-9): 3:30-4 PM	Mr. Biroschak (M-18): 7:30-8 AM Mrs. Bogdan-Olaru (M-10): 7:30-8 AM Mr. Martinez (M-6): 7:30-8 AM Mrs. Schlieff (M-11): 7:30-8 AM	Dr. Abba (M-8): 3:30-4:30 PM Mr. Biroschak (M-18): 7:30-8 AM Mr. Biroschak (M-18): 3:30-4:30 PM Mrs. Bogdan-Olaru (M-10): 7:30-8 AM Mrs. Bogdan-Olaru (M-10): 3:30-4 PM Mr. Bravo (M-16): 3:30-4:40 PM Ms. Chaudhary (M-7): 3:30-5 PM Ms. Flores (M-12): 3:30-4:30 PM Mr. Martinez (M-6): 7:30-8 AM Mrs. Schlieff (M-11): 7:30-8 AM Mrs. Schlieff (M-11): 3:30-4 PM Mrs. VanBuskirk (M-9): 3:30-4 PM	Dr. Abba (M-8): 3:30-4:30 PM Mr. Biroschak (M-18): 7:30-8 AM Mrs. Bogdan-Olaru (M-10): 7:30-8 AM Mrs. Bogdan-Olaru (M-10): 3:30-4 PM Mr. Kim (M-13): 3:30-4:30 PM Mr. Martinez (M-6): 7:30-8 AM Mr. Martinez (M-6): 3:30-5 PM Mrs. Schlieff (M-11): 7:30-8 AM
Science	Mrs. Dane (Q-110): 3:30-4:30 PM Mr. Sandler (Q-209): 7:30-8 AM Mrs. Umandap (S-1): 3:35-4:35 PM Mrs. Dane (Q-110): 3:30-4:30 PM	Mr. Sandler (Q-209): 7:30-8 AM Mrs. Umandap (S-1): 3:35-4:35 PM Mr. Vamvakas (S-8): 3:30-4:30 PM	Mr. Sandler (Q-209): 7:30-8 AM	Mr. Sandler (Q-209): 7:30-8 AM Mrs. Umandap (S-1): 3:35-4:35 Mr. Vamvakas (S-8): 3:30-4:30 PM	Mr. Sandler (Q-209): 7:30-8 AM Mrs. Umandap (S-1): 3:35-4:35 PM
History	Ms. Newell (F-7): 3:30-4:30 PM	Ms. Newell (F-7): 3:30-4:30 PM		Ms. Newell (F-7): 3:30-4:30 PM	
Spanish	Dr. Acevedo (FL-6): 3:30-4 PM Mrs. Lopez-Gutierrez (FL-10): 3:30-4:30 PM	Dr. Acevedo (FL-6): 3:30-4 PM		Dr. Acevedo (FL-6): 3:30-4 PM Mrs. Lopez-Gutierrez (FL-10): 3:30-4:30 PM	Dr. Acevedo (FL-6): 3:30-4 PM