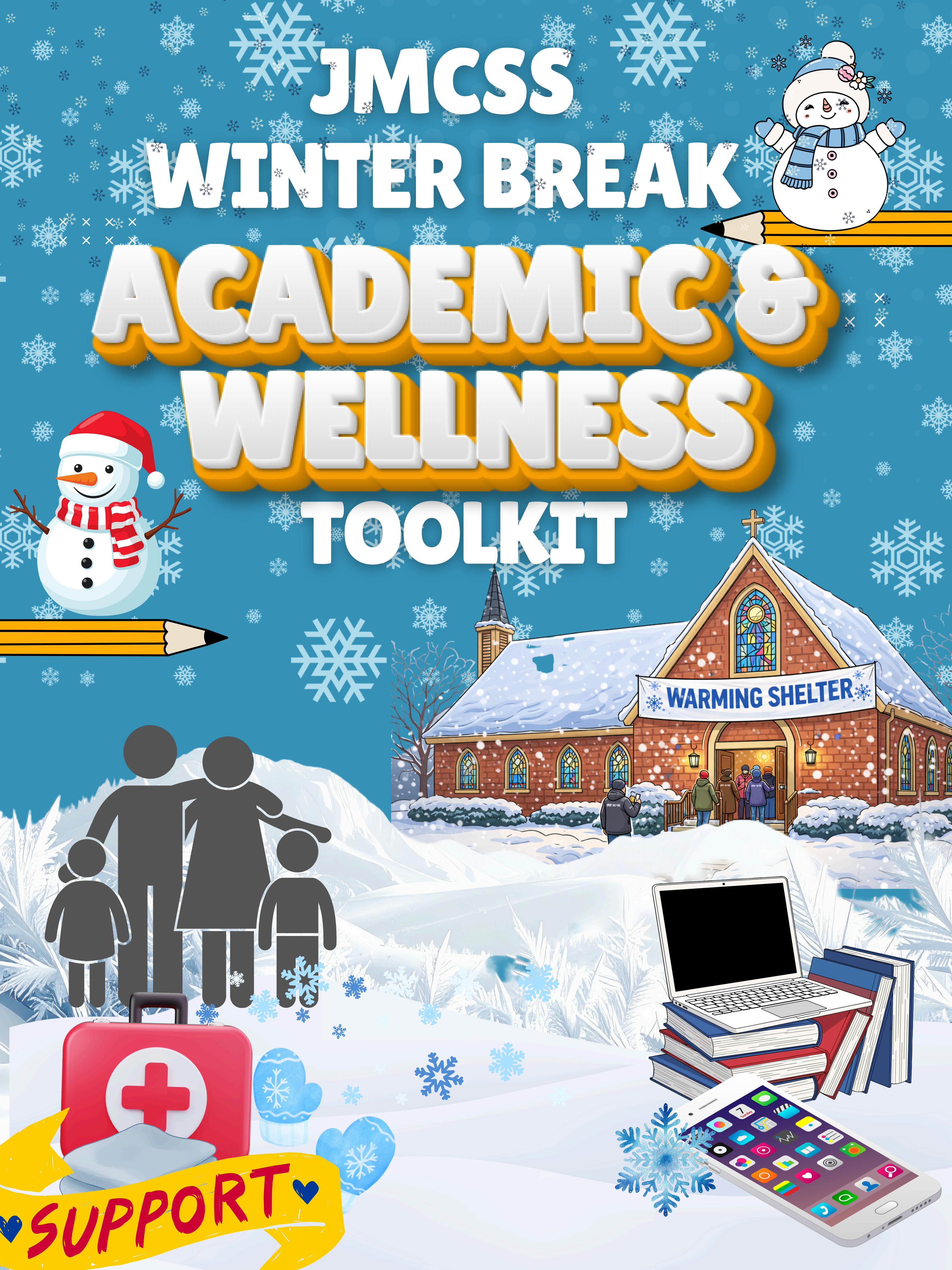


# JMCSS WINTER BREAK ACADEMIC WELLNESS TOOLKIT



**SUPPORT** 

# GRADES PK-2

## LEARNING RESOURCES



**FOUNDATIONAL SKILLS, READING &  
VOCABULARY, NUMERACY & MORE**



Access through Clever ([Student Resources - Jackson-Madison County School System](#))

**IReady MyPath  
(Reading and Math practice daily)**



Access directly through the Internet

**Reading and math fluency  
[www.starfall.com](http://www.starfall.com)**

**Phonics practice and decode books-  
[www.bestforall.tnedu.gov](http://www.bestforall.tnedu.gov)**

**Practice math facts (flash cards)  
<https://www.factmonster.com/math/flash-cards>**

**Leap Up for Literacy  
Read 20 minutes daily  
(keep log of time and books read)**

# GRADES 3-8

## LEARNING RESOURCES

**READING & VOCABULARY,  
NUMERACY & MORE**



*Access through Clever ([Student Resources - Jackson-Madison County School System](#))*

**IReady MyPath  
(Reading and Math practice daily)**

**Computer science skills – [www.code.org](http://www.code.org)**



*Access directly through the Internet*

**Virtual Fieldtrips –  
[www.thinkTV.PBSlearningmedia.org](http://www.thinkTV.PBSlearningmedia.org)**

**Practice math facts (flash cards)**  
**<https://www.factmonster.com/math/flash-cards>**

**Leap Up for Literacy  
Read 20 minutes daily  
(keep log of time and books read)**

# GRADES 9-12

## LEARNING RESOURCES



**READING & VOCABULARY,  
NUMERACY & MORE**



*Access through Clever ([Student Resources - Jackson-Madison County School System](#))*



**IXL-**  
**(Reading, Math and ACT practice daily)**

**Naviance-**  
**ACT Prep / Career Exploration**

**Edmentum- Courseware-  
Credit Recovery**



*Access directly through the Internet*

**Virtual Fieldtrips –**  
**[www.thinkTV.PBSlearningmedia.org](#)**

**Computer science skills – [www.code.org](#)**

**Leap Up for Literacy  
Read 20 minutes daily  
(keep log of time and books read)**

# WELLNESS TIPS

*Stay hydrated.*

*Take a break from screen time.*

*Spend time with family.*

*Keep regular sleeping and  
waking routines.*

*Exercise*

*Fuel your body*



## WARMING STATIONS IN MADISON COUNTY

**FIRST UNITED  
METHODIST CHURCH  
WOMEN & CHILDREN  
200 S. CHURCH ST.**

**T.R. WHITE  
SPORTSPLEX  
MEN ONLY  
304 N. HAYS AVE.**



**Link to City of Jackson Resources ([click here](#))**