




WEEK AT A GLANCE

Week of 1/26- 1/30

Dear Cordova Gardens Families,

Here is your gardens' week at a glance (The EAGLE'S Nest). This is a weekly update that is posted every Sunday before the start of the school week. It is a place for you to get updates regarding the school and the district. This week at a glance, a document will also be available for you on the website on the parent tab under the "Week at a Glance" sub tab.

How to stay updated:

1. Check the week at a glance. It will be uploaded to the school website.
2. Check the main school website. Click [Cordova Gardens Academy of Arts and Sciences](#)
3. Check for Principal Texts. (Email Mr. Bliss if you do not receive them)
4. Welcome Back Title I presentation 8/14/25:  Cordova Gardens Title I Presentation 25-26 .pdf

Health and Wellness Corner

- Please read our updates regarding the district partnership with Care Solace!
- Teleotherapy information can be found here: [Click here](#)
- Mental Health Moment:

Positive Self-Talk/Self-Esteem

Harsh words hurt, especially if you're a kid. Sometimes those negative messages come from our own thinking. Here are a few tips for parents and caregivers about how you can build your child's resiliency and confidence: Encourage them to speak kindly to themselves--for example, "I can do this" or "I am proud of my effort." Praise your child with specific feedback such as, "I see you put your clothes away. Thank you for being responsible." Model positive self-talk and remind your child that making mistakes is a part of learning. Please click [this link](#) for additional information regarding this topic. For any SEL or mental health related questions/concerns, please reach out to (Jessica Biskner-School Social Worker).

Attendance Corner

20 day challenge: EVERY DAY COUNTS

Even missing just two days a month adds up to a whole month of learning lost each year. Every day your child shows up builds skills, confidence, and connection.

5 THINGS YOU CAN DO IF YOUR CHILD IS AVOIDING SCHOOL

1. Stay calm and curious. Ask what's bothering them, there's often a small reason behind big feelings.
2. Keep routines steady. Regular bedtimes and morning routines help school feel normal.
3. Model confidence. Say, "I know you can do this," instead of "You don't have to go."
4. Reach out for help. Don't wait, your school team wants to support your child early.
5. Start with the front office. They can connect you with the nurse, counselor, attendance staff, or mental health specialist for help.

Thank you for partnering with us to help every student thrive, one day at a time.

PTA Corner

🎉 It's Yum-Raising time at Cordova Gardens! 🎉

Treat yourself (or someone else!) to delicious See's Candies while supporting our school. Every order goes directly toward funding field trips, classroom supplies, and special activities for our students.

Now through March 20, 2026

Order here:

<https://www.yumraising.com/store/spring-2026-cordova-gardens-pta-cab3/TraCal6446>

Thank you for helping make sweet things happen at Cordova Gardens!

-- This is the direct link to the post - [HERE](#)



IT TAKES A VILLAGE



TOGETHER, WE CAN PUT FOOD ON THE TABLE

HOW CAN YOU HELP:

- Donate unexpired, non-perishable items.
- Also accepting diapers, wipes, formula, and clothing (all sizes).
- Drop off in the front office.



Our Gardens community is strong, resilient and rooted in compassion. This is our moment to lift and support each other.

FOOD & CLOTHES CLOSET:

- Open to all CGA families & staff in need.
- Hours: (NOV/DEC)
 - Monday 3:00-3:45
 - Wednesday 3:00-3:45
 - Friday 3:00-3:45
- Through the gate on the left side of the office.
- Feel free to reach out to number below to arrange alternate pick up if needed.



Drop off Location: CGA Community Schools or Front Office
Questions? Call/Txt Alexa Trotter 916-693-7912
email: atrotter@FCUSD.org

Kindergarten Orientation

You're invited to learn all about our amazing kindergarten program at Cordova Gardens Academy of Arts and Sciences.

When: Wednesday, January 28th

Time: 3:00 - 3:30 PM

Location: Room 9

Welcome to
Kindergarten!



ANNUAL NEEDS ASSESSMENT EDUCATIONAL PARTNERS ENGAGEMENT SURVEY 2025-2026

**YOUR VOICE MATTERS.
WE VALUE YOUR INPUT!**

- Gather Feedback
- Identify Barriers
- Evaluate Effectiveness
- Highlight Programs
- Enhance Student Success



**2025-2026
ENGLISH/ RUSSIAN**




**2025-2026
ENGLISH/SPANISH**



**2025-2026
ENGLISH/FARSI**

 916-294-9000

 ecabrera@fcusd.org

 tgurss@fcusd.org

The Great Kindness Week Dress up days

Monday
1/26

"Kindness Ties Us
Together"
-Wear tie-dye



Tuesday
1/27

"We're Kind from
Head to Toe"
-Wear a hat and fun
socks



Wednesday
1/28

"Have a Kind Heart"
-Wear something
RED today.



Thursday
1/29

"Share the Spirit of
Kindness!"
-Wear Cordova Garden
Colors or Spirit wear.



Friday
1/30

"Dream of
Kindness!"
-Pajama Day



Middle School Registration:

Attention Interested Families: Riverview

Middle School Information Night

Incoming 6th and 7th grade families are invited to our Riverview Stem Middle School Information Night on Tuesday, February 11, from 6:00–7:00 PM. Please join us for a brief overview of our exciting plans for grades 6-7 next year, including academics, enrichment opportunities, and what to expect as students transition to this next chapter. We look forward to seeing you!

Link: [K-8 Build Presentation for Families with incoming 6-7th graders](#)

Mills Middle school incoming 6th grade Registration:

It's that time again...we kick off this new year already planning for next. Linked is a flyer for the Mill's parent information night.. Translators will be available at the event.

Link to flyer:  [Parent info night.png](#)

Mitchell Middle School incoming 6th grade Registration

Link to flyer:  [1_1.png.jpeg](#)

Upcoming Dates:

Site Council/ELAC Meeting 3:00 PM	1/27/2026
MKinder Orientation 3 PM Room 9	1/28/2026
Kindness week	1/26-30/2026
Eagle Store is Tues., January 27th.. K-5.	1/27/2026

Have a great week!
Mr. Bliss

