

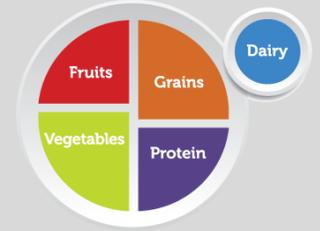


J.S. Morton High School Menu

February 2026 Breakfast & Lunch

MONDAY FEBRUARY 2, 9, 16, 23 NO SCHOOL 16 TH	TUESDAY FEBRUARY 3, 10, 17, 24	WEDNESDAY FEBRUARY 4, 11, 18, 25	THURSDAY FEBRUARY 5, 12, 19, 26	FRIDAY FEBRUARY 6, 13, 20, 27 NO SCHOOL 27 TH
Breakfast includes servings of grain/protein, fruit, and milk.				
<p><i>Hot Breakfast</i> Sausage, Egg, & Bagel Sandwich</p> <p><i>Grab 'n Go</i> Kellogg's Cereal Bowl Pack</p> <p>*Fruit Selection Berry Smoothie Milk Carton</p>	<p><i>Hot Breakfast</i> Breakfast Burrito</p> <p><i>Grab 'n Go</i> Kellogg's Strawberry Pop Tart</p> <p>*Fruit Selection Mango Strawberry Smoothie Milk Carton</p>	<p><i>Hot Breakfast</i> French Toast Sticks</p> <p><i>Grab 'n Go</i> General Mills Cereal Bar</p> <p>*Fruit Selection Orange Vanilla Smoothie Milk Carton</p>	<p><i>Hot Breakfast</i> Bacon, Egg, & Cheese Sandwich</p> <p><i>Grab 'n Go</i> Breakfast Muffin And String Cheese</p> <p>*Fruit Selection Mango Strawberry Smoothie Milk Carton</p>	<p><i>Hot Breakfast</i> Pancake Breakfast</p> <p><i>Grab 'n Go</i> General Mills Strawberry Yogurt Chex Mix</p> <p>*Fruit Selection Banana Smoothie Milk Carton</p>
<p>FIESTA Spaghetti w/ Meat Sauce & Garlic Bread</p> <p>GRILL Spicy Chicken Sandwich w/ Pickles, Lettuce & Waffle Fries</p> <p>DELI Buffalo Chicken Wrap</p> <p>PIZZA Sausage Pizza Slice</p>	<p>FIESTA Walking Taco or Nachos w/ Chicken & Cheese</p> <p>GRILL Morton McRib Sandwich w/ Onion Rings</p> <p>DELI Turkey Sub Sandwich</p> <p>PIZZA Pepperoni Pizza Slice</p>	<p>FIESTA Pork Carnitas Tacos w/ Rice and Beans</p> <p>GRILL Chicken Wings w/ Celery & Carrots</p> <p><small>*Optional Buffalo or BBQ</small></p> <p>*2/18 Fish & Chips</p> <p>DELI Cali Chicken Wrap</p> <p>PIZZA Cheese Pizza Slice</p>	<p>FIESTA Spicy Chicken & Broccoli Alfredo</p> <p>GRILL Meatball Sub w/ Mozzarella</p> <p>DELI Ham Sub Sandwich</p> <p>PIZZA Sausage & Jalapeno Pizza Slice</p>	<p>FIESTA Red Pork Pozole</p> <p>GRILL Fish Fillet Sandwich w/ Lettuce, Tomato, & Fries</p> <p>DELI B.L.T.A. Wrap</p> <p>PIZZA Margherita Pizza Slice</p>
Meatless Entrées Available Daily: Veggie Burger, PB&J Sandwich, or Entrée Salad				
Lunch Sides: Choose a vegetable side and a fruit side				
<p>Coleslaw Jicama Fresh Fruit: Apples Mango w/ Tajin & Lime</p>	<p>Elote Salad Cucumbers w/ Lime Fresh Fruit: Tangerine Banana</p>	<p>Coleslaw Carrots w/ Ranch Fresh Fruit: Roasted Apples Pineapple Fruit Juice</p>	<p>Elote Salad Cucumbers w/ Lime Fresh Fruit: Tangerine Banana</p>	<p>Coleslaw Jicama Fresh Fruit: Apples Mango w/ Tajin & Lime</p>

CHOOSE MY PLATE GUIDE



Meals follow the USDA guidelines for the National School Lunch Program

***Fruit Selection varies by day**

apples, mango, oranges, peaches, bananas, pineapple, dried or canned fruit, 100% real fruit juice

2oz protein serving with each lunch entree

You may select one 8oz. carton of milk with each breakfast And each lunch meal

Milk Selection
1% white

Fat-Free Chocolate

**Selections are bundled meals featuring grains and meats and also include 1 cup vegetable, 1 cup fruit and 8 oz. milk selection*

A la Carte Items available daily. Items must be paid for with cash at the time of purchase and do not qualify for a subsidized meal

In accordance with Federal law and U.S. Department of Agriculture policy, this institution is prohibited from discriminating on basis of race, color, national origin, sex, age, or disability.

Offer vs. Served:

Each meal must include at least a 1/2 cup serving of fruit or vegetable.

Please Note:

Menu substitutions may occur due to supply chain disruptions.