



FEBRUARY 2026

BROADALBIN-PERTH MIDDLE & HIGH SCHOOL

BREAKFAST MENU

Weekly throughout the month

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
French toast sticks Natural syrup Sausage patty Fresh fruit	Breakfast sandwich (bacon, egg, and cheese on a bagel) Fresh fruit	Fruit and yogurt parfait with whole-grain gluten-free granola	Fresh-baked donut Fresh fruit	Breakfast pastry (Cinni Mini or apple strudel) Fresh fruit

Available daily: Assorted cereal cups, Super Bakery Sweet Bread.

All breakfast choices are served with assorted fresh fruit, 100% juice, and choice of milk or non-dairy Silk soy milk in vanilla or chocolate.

LUNCH MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 Pancakes Sausage links Sweet potato tots Natural syrup 100% juice	3 Loaded beef soft tacos with corn, black beans, salsa, sour cream, guacamole, black olives, and jalapeños	4 Buffalo chicken dip Tortilla chips Celery and carrots Ranch dressing Steamed corn	5 Crispy chicken patty with special sauce Curly fries Pickles Fresh fruit	6 Mozzarella pizza crunchers garlic breadstick Garden salad Fresh fruit
Alternative Options: Buffalo chicken wrap, garden salad with egg and cheese and a roll, Uncrustable, or yogurt parfait				
9 Mac and cheese Popcorn chicken Garlic green beans Fresh fruit	10 Loaded nachos with shredded cheddar, ground beef, brown rice, corn, black beans, salsa, guacamole, black olives, jalapeños, and sour cream	11 Boneless wings and mozzarella stick basket Garlic knot Grape tomatoes Ranch dressing Fresh fruit	12 Fish nuggets Seasoned waffle fries Assorted fresh veggie cup Hummus Fresh fruit	13 Fresh-baked pizza Craisins Garden salad with egg and cheese Mini Rice Krispie Treat Fresh fruit
Alternative Options: Grilled fajita chicken salad with a roll, mixed Italian sub, Uncrustable, or yogurt parfait				
16 NO SCHOOL	17 NO SCHOOL	18 NO SCHOOL	19 NO SCHOOL	20 NO SCHOOL
23 Bosco mozzarella- stuffed breadsticks Steamed broccoli Rainbow pepper sticks	24 Turkey double dog Baked chips Grape tomatoes Ranch dressing Fresh fruit	25 Patriot burger (plain, cheese, or bacon) Sweet potato fries Sliced cucumbers Fresh fruit	26 Chicken tenders with dipping sauce Garlic knot Fresh veggies Hummus	27 Fresh-baked pizza Garden salad with egg and cheese Fresh fruit
Alternative Options: Grilled chicken Caesar salad, hummus with chips and fresh veggies, Uncrustable, or yogurt parfait				

All lunch choices are served with fruit, vegetable, and choice of milk or non-dairy Silk soy milk in vanilla or chocolate.

If your child has food allergies or dietary restrictions, please contact Director for Food Service, Wellness and Nutrition Erika Winney at erika.winney@bpscd.org.