



JANUARY 23, 2026

THE FRIDAY FLYER

Weekly Newsletter of Freeman High School

509-291-3721

PRINCIPAL'S MESSAGE

Hello Scottie Parents/Guardians/Families!

It's been a very business-like week at FHS! I'd like to spend a moment today highlighting several students who are selected by teaching staff to represent Freeman HS as Spokane Scholars nominees. Spokane Scholars is a county-wide program that recognizes academic excellence in the six content areas of which our students are nominated. Freeman's Spokane Scholar nominees for 2026 include: Josiah Bessire - Math; Taylor Juhnke - World Languages; Mae Cashmere - Social Studies; Josiah Kann - Fine Arts; Kalyn Swanson - ELA; Ava Aylward - Science. Congratulations scholars - we are proud of you and your hard work! As I've already mentioned a couple of times in recent weeks, safety protocols are being reviewed at FHS and throughout the district. One area of concern from a recent student panel of FHS students involves the number of our students entering and exiting our building during school hours. As a reminder to our families, Freeman High School operates as a closed campus during the school day in accordance with district and school policy. This means that if a student needs to leave campus during school hours, a parent or guardian must contact the office in advance, and the student must sign out before leaving the building. Likewise, students who arrive late or leave early due to off-campus programs such as Running Start, NewTech, or serving as a TA at Freeman Elementary or Middle School are required to sign in or out through the office. Additionally, students must receive permission from Mr. Ripke or Mr. Smith if they need to access their vehicle during the school day or at lunch. These procedures are essential to maintaining a safe and secure learning environment for all students and staff, and we appreciate your partnership and support in reinforcing them with your student. Go Dawgs!

Jeff Smith, Principal

Freeman School District does not discriminate in any programs or activities on the basis of race, ethnicity, creed, religion, color, national origin, honorably discharged veteran or military status, sexual orientation, gender expression, gender identity, homelessness, immigration or citizenship status, the presence of any sensory, mental or physical disability, neurodivergence, or the use of a trained dog guide or service animal by a person with a disability and provides equal access to the Boy Scouts and other designated youth groups. The following employee has been designated to handle questions and complaints of alleged discrimination: Civil Rights, Title IX, and Section 504 Compliance Coordinator: Randy Russell, rrussell@freemandsd.org, 509- 291-3695, 15001 S Jackson Rd. Rockford, WA 99030

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FREEMAN SCHOOLS SPIRITWEAR

More Options Available Online



See More Options online / HOW TO ORDER
go to: www.bcicreative.com/Freeman

ORDERS ARE PROCESSED MONTHLY THE 1ST AND 15TH OF EACH MONTH.

If the 1st or 15th falls on a weekend, orders will be processed the following Monday. Orders will be decorated, packaged and ship between the 20th and 30th of each month depending on your order date. USPS postage fees apply to all shipments. A portion of each sale benefits Freeman PTSG..

Credit Card payment will appear on your statement from BCI Creative
Questions?? Please email: kim@bcicreative.com or call 465-9775

In order to ensure speed of delivery and avoid delays, BCI Creative reserves the right to substitute equivalent product in the event of supplier shortages. Please see fulfillment details in the Welcome info on the site.



JANUARY 26TH

School Board Mtg. 4pm PRTC
ASVAB Test - See pg. 4

JANUARY 30TH

AM Activity Bell Schedule

FEBRUARY 4TH

LATE START FOR STUDENTS

FEBRUARY 6TH

AM Activity Bell Schedule

FEBRUARY 13TH

AM Activity Bell Schedule

FEBRUARY 16TH

NO SCHOOL - President's Day

FEBRUARY 19TH

School Board Mtg. 6pm PRTC

FEBRUARY 20TH

AM Activity Bell Schedule

FEBRUARY 27TH

AM Activity Bell Schedule

January is SCHOOL BOARD APPRECIATION MONTH



Dave Teague



Danielle Santman



Bill Morphy



Annie Keebler



Nate Talbott

Thank you for your dedication and service to our students, schools and community!



C
T
E

COLLEGE CAREER
readiness



SKILLS

USA

Today's SkillsUSA carpentry competition was to see who goes to state from the Eastern Region. There were over 50 competitors from all over Eastern Washington making it the largest regional competition in the state. Austin Guinn, Evan Seehorn and Rex McGowan represented Freeman well.



Great news! The Washington State Opportunity Scholarship (WSOS) is now open for applications for the 2026-27 cycle in Washington State. This scholarship helps students pursuing high-demand careers in STEM, health care and trades with financial support and career resources. **The application deadline is February 26, 2026** - don't miss your chance to apply. [APPLY HERE](#)



Upcoming Sports



1/24 - vs. West Valley GJV- 1:30pm, BJV-3pm, GV- 3:30pm, BC-4:30pm, BV-5pm

1/27 - @ Asotin BJV-4:30pm, GJV-6pm, BV-6pm, GV- 7:30pm

1/30 - vs. Lind/Ritzville (SENIOR NIGHT) BC-3pm, GJV-4:30pm, BJV-6pm, GV- 6pm, BV-7:30pm

1/23 & 1/24 - Girls @ U High

1/28 - @ Colfax 5pm

ATHLETICS AUCTION & Dinner Fundraiser

hosted by the Freeman Foundation

March 14th | 5:30pm
Coeur d'Alene Casino & Resort

Join us for a fun evening featuring a social hour, silent & live auction and dinner to raise funds for officials fees, sports travel, equipment & more.

TICKETS ON SALE NOW

\$60/PERSON
\$450/TABLE OF 8

Purchase a table & sit with friends for RESERVED SEATING. Individual tickets and couples will be OPEN SEATING.

How to get involved...

- ✓ Purchase tickets and attend - must be purchased ahead of time
- ✓ Donate & help procure items by February 15th
- ✓ Extend the fun and stay the night with our discounted room block - online at [CDA Casino Booking ID BKG481 Password 83454132](#)

If you have questions, would like to donate or volunteer please email khayek@freemansd.org

AUCTION

WISH

LIST

We are currently looking for donations for the auction. Below are some ideas. To donate, please submit this [online form](#).

Sports Links:



Pay Fines/Fees



TICKETS & PASSES

Sports & Concert Tickets, Box Seats, VIP Treatments, Theater Tickets



CRAFTED ITEMS

Handmade items, woodworking, metal works, custom gifts



VACATIONS & EXCURSIONS

Condos, Timeshare, VRBO, Golf weekends, wine tastings, active adventures, airline tickets, etc.



GIFT CARDS

Gift cards to just about anywhere - restaurants, stores, salons, spas, movie theaters, etc.



HOSTED PARTIES

Theme parties thrown by one or more families such as progressive dinners, holiday parties, children's parties, etc.



UNIQUE & RARE ITEMS

Collectibles, sports memorabilia, sports equipment, collectibles

Questions? Please email khayek@freemansd.org



Daily Happenings & General Information

We understand that communication is key. Our primary form of communicating with you as parents/guardians is through this Friday Flyer each week. Here is some basic FHS details...

BELL SCHEDULES

 Every Friday

Regular Schedule		
1	8:15 -- 9:02	47 min
2	9:06 -- 9:53	47 min
SCOTTIE BREAK	9:53 -- 10:01	8 min
3	10:04 -- 10:51	47 min
4	10:55 -- 11:42	47 min
5	11:46 -- 12:33	47 min
LUNCH	12:33 -- 1:03	30 min
6	1:07 -- 1:54	47 min
7	1:58 -- 2:45	47 min

AM Activity Schedule		
1	8:15 -- 8:57	42 min
2	9:01 -- 9:43	42 min
SCOTTIE BREAK	9:43 -- 9:51	8 min
3	9:55 -- 10:37	42 min
4	10:41 -- 11:23	42 min
5	11:27 -- 12:09	42 min
ACTIVITY	12:13-12:43	30 min
LUNCH	12:43-1:13	30 min
6	1:17 -- 1:59	42 min
7	2:03 -- 2:45	42 min

Late Start Schedule		
1	10:15 -- 10:46	31 min
2	10:50 -- 11:21	31 min
3	11:25 -- 11:56	31 min
4	12:00 -- 12:31	31 min
LUNCH	12:31 -- 1:01	31 min
5	1:05 -1:36	30 min
6	1:40 -- 2:11	31 min
7	2:15 -- 2:45	30 min

ATTENDANCE LINE

Please email fhsoffice@freemansd.org or call our main phone line at 291-3721 if your student will be absent/tardy or leaving early on any given day. If we do not receive an email, note, or a call your student's absence will remain unexcused.

BREAKFAST/LUNCH

We are operating under the standard National School Lunch guidelines, which means students pay for meals unless qualifying for Free/Reduced prices. The application is included in your online registration for returning students so please complete all forms ASAP. Instructions on how to apply [here](#).

SCOTTIE BREAK We offer Scottie Break at the High School. A light snack will be available for students to purchase from 9:53am - 10:01am. Cost: \$2.50

LUNCH - served at the High School in the MPR. Cost: \$3.90. Click image for menus.



ACTIVITY BUS

We have an Activity Bus that runs after sports M-F for the first two weeks of Middle School Sports Seasons and then M-Th the rest of the year. Bus departs at 5:25pm. Questions on more details, call the Transportation Department at 291-5555.




Congratulations to the following FHS students for receiving a
3.25 or higher for first semester!

ABUSTALLO, DELANEY E.	DEXTER, JONATHAN D.	KOPP, ELSIE J.	SCHMIDT, ALEX
ADMIRE, CHLOE M.	DOHRMANN, HOLDEN I.	KOSTAL, CHLOE E.	SCHULTZ, LOGAN A.
AGEE, ADDYSYN L.	DREYER, EMMA M.	LADWIG, ADASYN	SCHULTZ, PRUDENCE E.
AGMAN, EVELYN E.	DRYDEN, JARED M.	LALLY, KARSON N.	SCHULZ, JORDYN S.
ANDERBERG, WHITNEY R.	DUMARS, EVE E.	LAPOINTE, CAPRI E.	SCHULZ, RYLEE J.
ANDERSON, FIONA L.	DUNCAN, GRACE A.	LAPOINTE, FINN M.	SEEHORN, EVAN L.
ASHMOORE, TRISTIN E.	DUPONT, NICOLE G.	LENTS, KIAH J.	SEUBERT, KAMRYNN J.
AYLWARD, AVA S.	DURRANT, CONNER S.	LENTS, KINGSLEY S.	SHAW, AUDREY J.
BAILEY, COLIN C.	EIGENHUIS, NEVAEH J.	LOCHMILLER, PAIGE D.	SMITH, AVERY J.
BAKE, LOGHAN M.	ELLIS, AVA S.	MACKLEIT, JAMES M.	SMITH, DANIEL D.
BEACH, KELLYNN S.	FINLEY, JAKE E.	MALONE, QUINTEN T.	SMITH, EVAN J.
BECK, ELIJAH J.	FLORENCE, COOPER M.	MCCROREY, ELIZABETH M.	SMITH, GEORGIA B.
BERGLUND, AVERY J.	FRANCEK, DREW C.	MCGOWAN, JOSEPH	SMITH, JACKSON H.
BESSIRE, ELLIANNA R.	FRANCEK, JASON K.	MCNALLY, ANNA MARIE J.	SMITH, LOGAN S.
BESSIRE, JOSIAH D.	FRYE, WILLIAM J.	MELIN, HAILEY N.	SMITHSON, CORBYN P.
BESSIRE, MICAH M.	GASS, AVERY E.	MELIN, LOGAN M.	SNYDER, BRILEY B.
BEYDLER, SERYNNAH J.	GASS, NORA J.	MENDENHALL, JOHN A.	STENLUND, SADIE K.
BIAS, LEIGHLA M.	GIBSON, JACK A.	MERCIER, CAMDYN K.	STENLUND, TYLER K.
BOSWELL, AVERY J.	GIUSTI, LUCAS J.	MILLER, MASON M.	SWANSON, KALYN J.
BOWEN, BRADY B.	GOODE, GAVIN E.	MUELLER, ISAIAH B.	TALBOTT, JADE K.
BREBNER, MADISON M.	GREGER, DREW W.	MURPHEY, BEARRET A.	TALLEY, RYLAN M.
BREBNER, REED W.	GUINN, AUSTIN G.	NEWHOUSE, IAN A.	TATSEY, SIENNA M.
BROERS, KASSIE L.	HASKINS, ANNEKE F.	PARRY, ISAAC J.	TEAGUE, PARKER A.
BURGAN, HANNAH M.	HASKINS, GUSTAVE B.	PAXTON, QUINCY R.	THOMPSON, AUSTIN E.
CASHMERE, MAE M.	HATCHER, HYRUM J.	PECHT, FINLEY B.	ULLRICH, ARALYNN E.
CLARK, BRENDAN R.	HAYEK, CIERRA J.	PECHT, LOGAN V.	VALENTE, MICHAEL V.
COBB, JETT J.	HILL, MADISON J.	PETERS, GARRETT A.	VAN GEMERT, JOHN C.
COCHRAN, TITUS J.	HOLLEN, CARSON D.	PRIMMER, JAYCEE J.	VAN GEMERT, MARGARET J.
COLLETT, MARLI N.	HOLLEN, KELSEY E.	PRIMMER, TRENT A.	VERNON, MARIS P.
CONKLIN, EMERSON J.	HULL, ISAAK D.	PUTZ, ADDYSON I.	VINSON, PAIGE M.
COTTON, ELI J.	JACOT, CHASE P.	RAMSEY, PIPER	WASLEY, SOFIA J.
COTTON, HAILEE D.	JENSEN, ANNA M.	REYNOLDS, BRODY Q.	WATSON, SIERRA N.
COYNER, TANSEY M.	JENSEN, EMILY A.	RIPKE, KAYLEE A.	WELLNER, LEVI B.
CROW, RANDI E.	JOHNSON, MADISON L.	RIPKE, RILYN R.	WIGEN, MATTHEW J.
CURTIS, LILLIAN A.	JUHNKE, TAYLOR N.	ROTHROCK, TRAYCE L.	WILKINSON, EMMETT G.
DAINES, CARSON S.	KADZEJS, LILA G.	RUSSELL, RYLEE M.	WINEINGER, ELLIE L.
DAINES, CHELSEA M.	KANN, ADELEIGH S.	SALINAS, RYLEE K.	WOLFINBARGER, COLTON E.
DASHIELL, ALYSON G.	KANN, JOSIAH S.	SANDBORN, TRENTON T.	ZEHM, GRADY W.
DAWE, CLARA A.	KEMBLE, MADDOX Z.	SANTMAN, AUDREY M.	ZEHM, TAYLOR D.
DAWE, STELLA A.	KEY, GRAYCEN E.	SATYBALDY, ASYL T.	
	KNIGHT, LILY G.	SCHIENE, JANIE G	


Student HIGHLIGHTS



ATHLETE OF THE WEEK



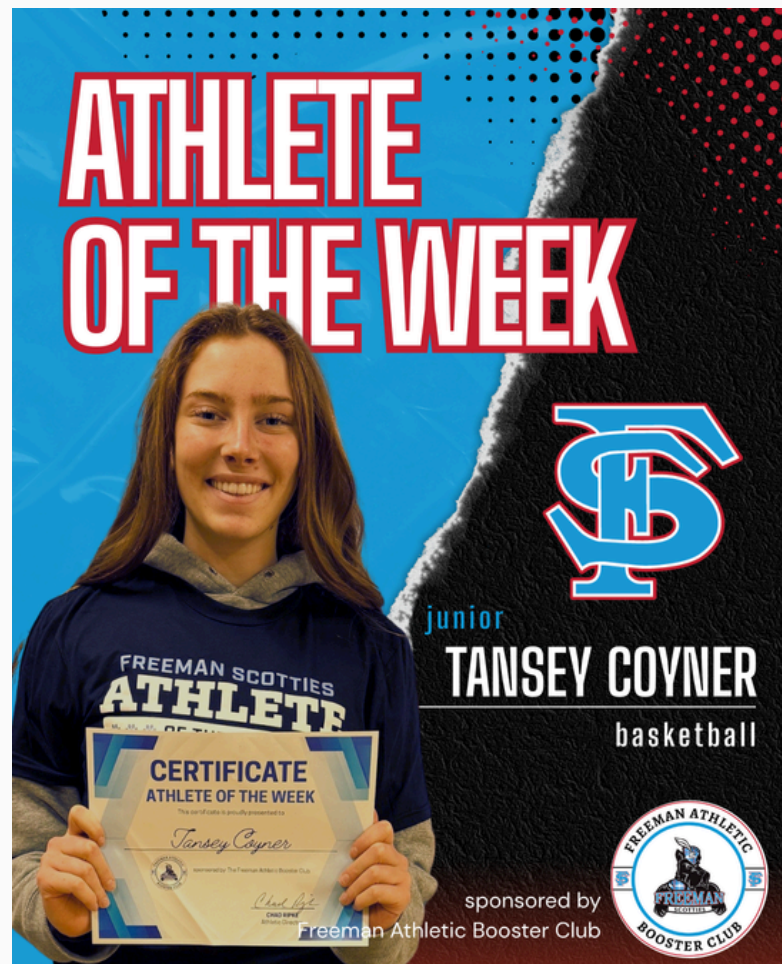
sophomore
KINGSLEY LENTS
wrestling




CERTIFICATE
ATHLETE OF THE WEEK

Kingsley Lents


sponsored by
Freeman Athletic Booster Club



ATHLETE OF THE WEEK



junior
TANSEY COYNER
basketball



CERTIFICATE
ATHLETE OF THE WEEK

Tansey Coyner

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