

February 2026 Middle School Menus

St. Charles Parish Public Schools



Every complete meal we serve comes with your choice of low fat or nonfat milk!

This institution is an equal opportunity provider. Menus are subject to change.

AVAILABLE DAILY

Every day at Lunch

Deli Sandwich

Mon/Weds/Fri Special

Fresh Hot Pizza

Tuesday's Special

(selection rotates weekly)

Chicken Sandwich

Totchos

Thursday's Special

Hamburger or

Cheeseburger

Monday, February 2

Breakfast

Pancake on a Stick
Cereal w/Graham Crackers
Yogurt w/Tiger Bites
Fruit or Juice Choice



Lunch

Chicken Nuggets
Mashed Potatoes & Gravy
Cal Blend Veggies
Cinnamon Apple Slices

Tuesday, February 3

Breakfast

Chicken Biscuit
Cereal w/Graham Crackers
Yogurt w/Tiger Bites
Fruit or Juice Choice

Lunch

Chicken Alfredo
Broccoli Florets
Steamed Carrots
WW Roll
Pineapple Tidbits

Wednesday, February 4

Breakfast

French Toast Sticks
Cereal w/Graham Crackers
Yogurt w/Tiger Bites
Fruit or Juice Choice

Lunch

Chili, Fritos
Garden Salad
Steamed Corn
Banana
Cake or Crisp

Thursday, February 5

Breakfast

Sausage Biscuit
Cereal w/Graham Crackers
Yogurt w/Tiger Bites
Fruit or Juice Choice

Lunch

Bosco Sticks
Marinara Sauce
Green Beans
Fruit

EARLY DISMISSAL

Friday, February 6

Breakfast

Egg Bites
Cereal w/Graham Crackers
Yogurt w/Tiger Bites
Fruit or Juice Choice

Lunch

Hamburger/Cheeseburger
Crinkle Cut Fries
Lettuce/Tomato/Pickle
Baked Beans
Orange Wedges

EARLY DISMISSAL

Monday, February 9

Breakfast

Breakfast Pizza
Cereal w/Graham Crackers
Yogurt w/Tiger Bites
Fruit or Juice Choice

Lunch

Chicken Tenders
Waffles
Green Beans
Steamed Carrots
Sliced Peaches

Tuesday, February 10

Breakfast

Chicken Biscuit
Cereal w/Graham Crackers
Yogurt w/Tiger Bites
Fruit or Juice Choice

Lunch

Orange Chicken
Fried Rice
Asian Chopped Salad
Edamame Beans
Mandarin Oranges

Wednesday, February 11

Breakfast

Cinnamon Roll
Cereal w/Graham Crackers
Yogurt w/Tiger Bites
Fruit or Juice Choice

Lunch

Spaghetti & Meatsauce
Italian Salad
Broccoli
Garlic Bread
Banana

Thursday, February 12

Breakfast

Sausage Biscuit
Cereal w/Graham Crackers
Yogurt w/Tiger Bites
Fruit or Juice Choice

Lunch

Turkey & Sausage Gumbo
Steamed Rice
Potato Salad
Cucumber/Tomato Salad
Pineapple Tidbits

Friday, February 13

Breakfast

Scone
Cereal w/Graham Crackers
Yogurt w/Tiger Bites
Fruit or Juice Choice

Lunch

Mini Corn Dogs
Tater Tots
Carrots w/Ranch
Orange Wedges
Jello w/Topping



SUPERBOWL
SUNDAY

FEB. 14
HAPPY
VALENTINES
DAY

Local Mardi Gras celebrations

Saturday, Feb. 14

Krewe of Lul

Sunday, Feb. 15

Krewe of
Des Allemands

Tuesday, Feb. 17

Mardi Gras Day

Special Days



Feb 2 | Groundhog Day

Feb 4 | National Homemade Soup Day

Feb 6 | National Chopsticks Day

♥ Feb 14 | Valentines Day

Feb 16 | President's Day 

Feb 17 | National Cabbage Day

 Feb 20 | National Muffin Day

Feb 27 | National Chili Day

Feb 28 | National Pancake Day 

Mardi Gras Holiday No School

Monday, February 16 through Friday, February 20



Monday, February 23

Breakfast

Grits w/Sausage
Cereal w/Graham Crackers
Yogurt w/Tiger Bites
Fruit or Juice Choice

Lunch

Red Beans w/Steamed Rice
Steamed Carrots
Seasoned Mustard Greens
Cornbread
Peaches

Tuesday, February 24

Breakfast

Chicken Biscuit
Cereal w/Graham Crackers
Yogurt w/Tiger Bites
Fruit or Juice Choice

Lunch

Tacos w/Cheese
Steamed Corn
Refried Beans
Salsa
Apple Wedges

Wednesday, February 25

Breakfast

Cinnamon Roll
Cereal w/Graham Crackers
Yogurt w/Tiger Bites
Fruit or Juice Choice

Lunch

Shepherd's Pie
Broccoli Florets
Dinner Roll
Banana

Thursday, February 26

Breakfast

Sausage Biscuit
Cereal w/Graham Crackers
Yogurt w/Tiger Bites
Fruit or Juice Choice

Lunch

Turkey Stew
Steamed Rice
Candied Sweet Potatoes
Steamed Cabbage
Strawberry Cup

Friday, February 27

Breakfast

Donut
Cereal w/Graham Crackers
Yogurt w/Tiger Bites
Fruit or Juice Choice

Lunch

Pastalaya
Green Beans
Garden Salad
Fresh Orange Wedges
Cookie

Monthly celebrations

Pride in Foodservice Week | Feb. 2-6

Random Acts of Kindness Week | Feb. 14-20

Black History Month

International Friendship Month

National Cherry Month

National Sweet Potato Month

National Women Inventors Month

Potato Lovers Month