

February 2026 Head Start Menus

*St. Charles Parish
Public Schools*



Every complete meal we serve comes with your choice of low fat or nonfat milk!

This institution is an equal opportunity provider. Menus are subject to change.

in Winter, Humans are more hungry and crave rich and warm food to battle the cold.



Monday, February 2

Breakfast

Confetti Pancakes
Juice, Milk

Lunch

Popcorn Chicken
Mashed Potatoes
Cinnamon Apples
Milk



Snack

CheX Strawberry Cereal Bag
Milk

Tuesday, February 3

Breakfast

French Toast Sticks
Juice, Milk

Lunch

Chicken Alfredo, Pasta
Broccoli Florets
Pineapple Tidbits
Milk

Snack

Yogurt
Cinnamon Bear Cracker

Wednesday, February 4

Breakfast

Breakfast Pizza
Juice, Milk

Lunch

Chili w/Cheese
Garden Salad, Crackers
Banana Half
Milk

Snack

Mozzarella String Cheese
Orange Wedges

Thursday, February 5

Breakfast

Sausage Biscuit
Juice, Milk

Lunch

Grilled Cheese Sandwich
Tater Tots
Strawberry Cup
Milk

Early Dismissal

Friday, February 6

Breakfast

Cereal
Juice, Milk

Lunch

Hamburger
French Fries
Orange Wedges
Milk

Early Dismissal

Monday, February 9

Breakfast

Waffle
Juice, Milk

Lunch

Chicken Tenders
Broccoli w/Cheese
Peaches
Milk

Snack

Trix Cereal Bar
Milk

Tuesday, February 10

Breakfast

French Toast Sticks
Juice, Milk

Lunch

Orange Chicken, Fried Rice
Edamame Beans
Tropical Fruit
Milk

Snack

Yogurt
Scooby Graham Crackers

Wednesday, February 11

Breakfast

Breakfast Pizza
Juice, Milk

Lunch

Spaghetti w/Meat sauce
Green Beans
Banana Half
Milk

Snack

Rice Krispie Treat
Orange Wedges

Thursday, February 12

Breakfast

Sausage Biscuit
Juice, Milk

Lunch

Gumbo w/Rice
Potato Salad
Pineapple Tidbits
Milk

Snack

Cinnamon Goldfish
Milk

Friday, February 13

Breakfast

Grits
Juice, Milk

Lunch

Grilled Cheese Sandwich
Tater Tots
Orange Wedges
Milk

Snack

Vanilla Chat Snax Grahams
Fruit Cup (Applesauce)



**SUPERBOWL
SUNDAY**



Feb. 14

Local Mardi Gras celebrations

Saturday, Feb. 14
Krewe of Lul

Sunday, Feb. 15
Krewe of
Des Allemands

Tuesday, Feb. 17
Mardi Gras Day

Special Days



Feb 2 | Groundhog Day

Feb 4 | National Homemade Soup Day

Feb 6 | National Chopsticks Day



Feb 14 | Valentines Day

Feb 16 | President's Day 

Feb 17 | National Cabbage Day



Feb 20 | National Muffin Day

Feb 27 | National Chili Day

Feb 28 | National Pancake Day 

Mardi Gras Holiday No School

Monday, February 16 through Friday, February 20



Monday, February 23

Breakfast

Waffle
Juice, Milk

Lunch

Red Beans and Rice
Mustard Greens
Peaches
Milk

Snack

Trix Cereal Bar
Milk

Tuesday, February 24

Breakfast

French Toast Sticks
Juice, Milk

Lunch

Soft Taco w/Cheese
Refried Beans
Apple Wedges
Milk

Snack

Yogurt
Scooby Graham Crackers

Wednesday, February 25

Breakfast

Breakfast Pizza
Juice, Milk

Lunch

Shepherd's Pie
Dinner Roll
Banana Half
Milk

Snack

Rice Krispie Treat
Orange Wedges

Thursday, February 26

Breakfast

Sausage Biscuit
Juice, Milk

Lunch

Turkey Stew w/Rice
Candied Yams
Strawberry Cup
Milk

Snack

Cinnamon Goldfish
Milk

Friday, February 27

Breakfast

Grits
Juice, Milk

Lunch

Cheese Pizza
Garden Salad
Orange Wedges
Milk

Snack

Vanilla Chat Snax Grahams
Fruit Cup (Applesauce)

Monthly celebrations

Pride in Foodservice Week | Feb. 2-6

Random Acts of Kindness Week | Feb. 14-20

Black History Month

International Friendship Month

National Cherry Month

National Sweet Potato Month

National Women Inventors Month

Potato Lovers Month