

NASSAU
COUNTY



POLICE ACTIVITY LEAGUE
WANTAGH-SEAFORD UNIT

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PAL CALENDAR OF EVENTS AND REGISTRATIONS FOR SPRING 2026

**THERE IS ABSOLUTELY NO REQUESTS FOR COACHES AND FOR A TEAMMATE
IT IS ONE FOR ONE (YOU PUT A FRIEND'S NAME DOWN AND THEY PUT YOU)
DUE TO LIMITED SPACE SOME ACTIVITIES MAY CLOSE BEFORE THE FINAL
REGISTRATION. TRY TO REGISTER AS SOON AS POSSIBLE.**

**No refunds will be issued 14 days after the start of any activity, which includes practices.
Late fees and insurance are not refundable.**

JANUARY

KARATE – Fridays at 7pm at Wantagh Elementary, 1765 Beech St, Wantagh, NY 11793. It is for boys and girls ages 7 to 18. After the initial 10 weeks another session will begin. Registration is ongoing. Cost is \$150.00 for 20 weeks. Highly qualified instructors.

LACROSSE – registration online until 2/15/2026 when a wait list will start with no guarantees to be placed. Register online at www.nassaucountypal.org/units/ncpal-wantagh-seaford/

FEBRUARY

SOCCER SPRING CLINIC – register online from 2/1/2026 until 3/27/26. After 3/28/2026 registration is closed, **NO EXCEPTIONS**. It is for Pre-PK (going into Kdg. 9/2026), Pre-K (going into Kdg. 9/2026) and current KDG and up. **Session dates are Sundays 4/12, 4/19, 4/26, 5/3, 5/17, 5/31, and rain date 6/7.** All at Seaman's Neck Park. Times—PPK:9-9:45a.m. and PK:10-10:45a.m., K:11-12:00p.m., 1st and 2nd grade 12:15-1:30p.m.. Exact times dependent on enrollment for each group and groups can be merged to have different times. Cost is \$95 per player. Register online at www.nassaucountypal.org/units/ncpal-wantagh-seaford/. If unable to register online, visit www.wantaghseafordpal.org or www.facebook.com/WSPALSoccer for more information on how to register.

TRACK – registration online until 2/28/2026 for girls and boys ages 5-13. Held April- June, Thursday practices. Saturday 8:30 a.m. track meets. Cost is \$75 for one, \$135 for two and \$200 max. Register online at www.nassaucountypal.org/units/ncpal-wantagh-seaford/.

The distribution of this flyer by the Seaford School Dist. And the Wantagh school district is a courtesy extended to the activities of this organization. In no way does Seaford or Wantagh Schools sponsor or accept any responsibility for these activities.

IT IS BETTER TO BUILD YOUTH THAN TO MEND ADULTS