



AMBRIDGE AREA MIDDLE SCHOOL

FEBRUARY 2026 MENUS



Leigh Anne Holman CDM, CFPP
 Food Service Director
 724-266-2833 ext. 2395 or 2230
leighanne.holman@ambridge.k12.pa.us

Ambridge Area is a CEP District
 Breakfast and Lunch
 are free to Students.

BREAKFAST

In addition to the daily offering, the following alternate choices are available daily for breakfast. Students may choose the daily feature in addition to fruit and/or juice and milk for a complete breakfast.

OFFERED DAILY
 Asst Cereal

Daily Breakfast Fruit Choice:

- Fresh Fruit
- Dried Fruit
- Fruit Cup
- Asst Juice



WEEK OF FEBRUARY 2-6	MONDAY FEBRUARY 2	TUESDAY FEBRUARY 3	WEDNESDAY FEBRUARY 4	THURSDAY FEBRUARY 5	FRIDAY FEBRUARY 6
BREAKFAST	Breakfast Round	French Toast Sticks	Mini Donuts	Breakfast Pizza	Zee Zee Bar Yogurt
MAIN ENTRÉE LUNCH	Walking Taco w/ Lettuce, Cheese & Salsa	Bridger Burger w/ Cheese on WG Bun w/ Lettuce & Tomato	Pork Chopette w/ Dinner Roll Mashed Potatoes Gravy	Chicken Tenders	Macaroni & Cheese Dinner Roll
ALTERNATE LUNCH	Hot Dog on WG Bun	Hot Dog on WG Bun	Hot Dog on WG Bun	Hot Dog on WG Bun	Hot Dog on WG Bun
VEGGIE CHOICE	Refried Beans Peas Baby Carrots Romaine Salad Celery Sticks	Peas Baby Carrots Romaine Salad Celery Sticks	Peas Baby Carrots Romaine Salad Celery Sticks	Crinkle Cut Fries Peas Baby Carrots Romaine Salad Celery Sticks	Peas Baby Carrots Romaine Salad Celery Sticks
FRUIT CHOICE	Pineapple Tidbits Applesauce Fresh Orange Seasonal Fruit	Pineapple Tidbits Applesauce Fresh Orange Seasonal Fruit	Frozen Fruit Swirl Pineapple Tidbits Applesauce Fresh Orange Seasonal Fruit	Pineapple Tidbits Applesauce Fresh Orange Seasonal Fruit	Pineapple Tidbits Applesauce Fresh Orange Seasonal Fruit
MILK CHOICE	1% White, Lactose Free Chocolate, or Strawberry Milk	1% White, Lactose Free Chocolate, or Strawberry Milk	1% White, Lactose Free Chocolate, or Strawberry Milk	1% White, Lactose Free Chocolate, or Strawberry Milk	1% White, Lactose Free Chocolate, or Strawberry Milk

What is included for Breakfast?

1. Whole Grain Bread Item
2. Meat/Meat Alternative (optional)
3. Fruit and/or Vegetable and/or 100% Juice
4. 1% or Fat Free Milk

Students must pick 3 or 4 of the components of each meal, one of which **MUST** be at least 1/2 cup fruit or juice for a complete meal. If fewer than 3 items are taken or fruit or vegetables are not taken, students will be charged a different, ala carte price, as required by National School Breakfast Program regulations.

WEEK OF FEBRUARY 9-13	MONDAY FEBRUARY 9	TUESDAY FEBRUARY 10	WEDNESDAY FEBRUARY 11	THURSDAY FEBRUARY 12	FRIDAY FEBRUARY 13
BREAKFAST	Hadley Farms Cinnamon Roll	Eggo Mini Pancakes Hard Cooked Egg	Dunkin Sticks	Breakfast Scrambler	Cereal Cup(2oz)
MAIN ENTRÉE LUNCH	Stuffed Mozz Sticks w/ Pizza Sauce	Beef or Chicken Taco on WG Tortilla w/ Lettuce, Cheese, & Salsa	Philly Cheese Steak Hoagie	Mexican Pizza	Popcorn Chicken Heart Shaped Soft Pretzel
ALTERNATE LUNCH	Chili w/ Fritos	Chili w/ Fritos	Chili w/ Fritos	Chili w/ Fritos	Chili w/ Fritos
VEGGIE CHOICE	Mixed Vegetables Baby Carrots Romaine Salad Sliced Cucumbers	Refried Beans Mixed Vegetables Baby Carrots Romaine Salad Sliced Cucumbers	French Fries Mixed Vegetables Baby Carrots Romaine Salad Sliced Cucumbers	Mixed Vegetables Baby Carrots Romaine Salad Sliced Cucumbers	Waffle Fries Mixed Vegetables Baby Carrots Romaine Salad Sliced Cucumbers
FRUIT CHOICE	Canned Mixed Fruit Apple Slices Clementines Seasonal Fruit	Canned Mixed Fruit Apple Slices Clementines Seasonal Fruit	Frozen Fruit Swirl Canned Mixed Fruit Apple Slices Clementines Seasonal Fruit	Canned Mixed Fruit Apple Slices Clementines Seasonal Fruit	Canned Mixed Fruit Apple Slices Clementines Seasonal Fruit
MILK CHOICE	1% White, Lactose Free Chocolate, or Strawberry Milk	1% White, Lactose Free Chocolate, or Strawberry Milk	1% White, Lactose Free Chocolate, or Strawberry Milk	1% White, Lactose Free Chocolate, or Strawberry Milk	1% White, Lactose Free Chocolate, or Strawberry Milk

This institution is an equal opportunity provider. Menu is subject to change.



What is included for lunch?

1. Meat/Meat Alternative
 2. Milk
 3. Vegetable (1/2 cup limit on vegetable juice)
 4. Fruit (1/2 cup limit on fruit juice)
 5. Bread/Bread Alternative
- Students must pick 3, 4, or ALL 5 of the components of each meal, one of which MUST be at least 1/2 cup of fruit or vegetables. If fewer than 3 items are taken or fruit or vegetables are not taken, students will be charged a different, ala carte price, as required by National School Breakfast Program regulations.

What Makes a Great Breakfast?
Select 3 Components!

Be sure to choose between
FRUIT OR FRUIT JUICE

What Makes a Lunch?
Select 3-5 Components

One must be a
FRUIT OR VEGGIE



Online payments and student account management can be found at <https://www.schoolcafe.com/AmbridgeAreaSCHODIST>

- DAILY LUNCH ITEMS**
- CHEF SALAD
 - DELI SANDWICH
 - PIZZA (FRIDAY ONLY)

WEEK OF FEBRUARY 16-20	MONDAY FEBRUARY 16	TUESDAY FEBRUARY 17	WEDNESDAY FEBRUARY 18	THURSDAY FEBRUARY 19	FRIDAY FEBRUARY 20
BREAKFAST		Crumb Cake Hard Cooked Egg	Burst Bread Slice	Chicken Sausage Cheese Stuffed Snack N Waffle	Pop Tart (1ea) Cheese Stick
MAIN ENTRÉE LUNCH	NO	Chicken Nuggets	Cheese or Pepperoni Pizza	Mini Corn Dog Pasta Alfredo	Penne Pasta w/ Meat Sauce Garlic Breadstick
ALTERNATE LUNCH	SCHOOL	Original or Spicy Chicken Patty on WG Bun	Original or Spicy Chicken Patty on WG Bun	Original or Spicy Chicken Patty on WG Bun	Original or Spicy Chicken Patty on WG Bun
VEGGIE CHOICE	PRESIDENTS DAY	Potato Smiles Corn Baby Carrots Romaine Salad Celery Sticks	Corn Baby Carrots Romaine Salad Celery Sticks	Baked Beans Corn Baby Carrots Romaine Salad Celery Sticks	Corn Baby Carrots Romaine Salad Celery Sticks
FRUIT CHOICE		Applesauce Fresh Apple Fresh Orange Seasonal Fruit	Frozen Fruit Swirl Applesauce Fresh Apple Fresh Orange Seasonal Fruit	Applesauce Fresh Apple Fresh Orange Seasonal Fruit	Applesauce Fresh Apple Fresh Orange Seasonal Fruit
MILK CHOICE		1% White, Lactose Free Chocolate, or Strawberry Milk	1% White, Lactose Free Chocolate, or Strawberry Milk	1% White, Lactose Free Chocolate, or Strawberry Milk	1% White, Lactose Free Chocolate, or Strawberry Milk

WEEK OF FEBRUARY 23-27	MONDAY FEBRUARY 23	TUESDAY FEBRUARY 24	WEDNESDAY FEBRUARY 25	THURSDAY FEBRUARY 26	FRIDAY FEBRUARY 27
BREAKFAST	Glazed Oatmeal Breakfast Bun	Stuffed Hashbrown	Asst Muffin (4oz)	Breakfast Bagel Pizza	Glazed Pull-a-Part Donut
MAIN ENTRÉE LUNCH	Nacho Supreme w/ Lettuce, Cheese, Salsa	Chicken Patty on WG Bun	BBQ Rib Patty on WG Bun	Chicken Fajita on WG Tortilla w/ Peppers & Onions	Pierogies w/ Butter Onion Sauce w/ Soft pretzel Rod
ALTERNATE LUNCH	Cheeseburger on WG Bun	Cheeseburger on WG Bun	Cheeseburger on WG Bun	Cheeseburger on WG Bun	Cheeseburger on WG Bun
VEGGIE CHOICE	Refried Beans Broccoli Baby Carrots Romaine Salad Sliced Cucumbers	Curly Fries Broccoli Baby Carrots Romaine Salad Sliced Cucumbers	Potato Pancakes Broccoli Baby Carrots Romaine Salad Sliced Cucumbers	Broccoli Baby Carrots Romaine Salad Sliced Cucumbers	Broccoli Baby Carrots Romaine Salad Sliced Cucumbers
FRUIT CHOICE	Canned Peaches Apple Slices Clementines Seasonal Fruit	Canned Peaches Apple Slices Clementines Seasonal Fruit	Frozen Fruit Swirl Canned Peaches Apple Slices Clementines Seasonal Fruit	Canned Peaches Apple Slices Clementines Seasonal Fruit	Canned Peaches Apple Slices Clementines Seasonal Fruit
MILK CHOICE	1% White, Lactose Free Chocolate, or Strawberry Milk	1% White, Lactose Free Chocolate, or Strawberry Milk	1% White, Lactose Free Chocolate, or Strawberry Milk	1% White, Lactose Free Chocolate, or Strawberry Milk	1% White, Lactose Free Chocolate, or Strawberry Milk



Learn more about the
Child Hunger Hero Award:
Greater Pittsburgh
**community
food bank**



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