



FEBRUARY INTERMEDIATE LUNCH MENU

Student Lunch- \$3.15
 Student Reduced- Free
 Adult Lunch - \$5.50



SERVED DAILY
 1% White Milk & 1% Chocolate Milk
 *Yogurt Meal with String Cheese,
 *Assorted Salads,
 *Fresh Deli Sandwich,
 *PBJ Sandwich

HARVEST OF THE MONTH

 Did you know, mushrooms are most commonly mistaken as vegetables but they are really fungi. Unlike plants, they need very little light to survive and are high in B-vitamins. Try adding sliced mushrooms to your pizza, salad, and steak!

For more information, menus, payment options, SchoolCafe.com, and more, please visit elcosd.org and follow the tabs to Food Services

MON TUE WED THU FRI
 Select one *lunch entrée, milk, and up to two fruits and two veggies for a complete meal!

***Sweet & Sour Chicken over Steamed Rice**
***Stuffed Crust Pizza**
 Steamed Broccoli
 Fresh Vegetables with Dip
 Assorted Fruit **2**

***Mickey's White Pizza**
 Hot Dog on Roll
 Smile Fries
 Romaine Salad
 Fresh Vegetables with Dip
 Assorted Fruit **3**

***Chicken Nuggets Dinner Roll**
***Cheese Pizza**
 Mashed Potatoes
 Steamed Green Beans
 Fresh Vegetables with Dip
 Assorted Fruit **4**

***Rotini & Meatballs with Marinara Sauce**
***French Bread Pizza**
 Garlic Knot
 Romaine Salad
 Fresh Vegetables with Dip
 Assorted Fruit **5**

***Pizza Sticks with Marinara Sauce**
***Hot Dog on Bun**
 Seasoned Pasta
 Fresh Vegetables with Dip
 Assorted Fruit
 Assorted Ice Cream **6**

***Cheeseburger or Bacon Cheeseburger on Bun**
***Hot Dog on Bun**
 Sweet Potato Fries
 Baked Beans
 Fresh Vegetables with Dip
 Assorted Fruit
 Fresh Baked Cookie **9**

***Mozzarella Sticks with Marinara Sauce**
 Garlic Knot
 Cheeseburger on Bun
 Side Salad
 Steamed Carrots
 Fresh Vegetables with Dip
 Assorted Fruit **10**

***Hot Ham & Cheese on Pretzel Roll**
***French Bread Pizza**
 Steamed Green Beans
 Romaine Salad
 Fresh Vegetables with Dip
 Assorted Fruit **11**

***Corn Dog Nuggets with Cornbread**
***Cheese Pizza**
 Baked Beans
 Fresh Vegetables with Dip
 Assorted Fruit **12**

EARLY DISMISSAL
NO LUNCH SERVICE **13**

NO School Today

***Stuffed Crust Pizza**
***Chicken Nuggets with Dinner Roll**
 Romaine Salad
 Fresh Vegetables with Dip
 Assorted Fruit **17**

***Popcorn Chicken Raider Bowl**
 Dinner Roll
***Cheeseburger on Bun**
 Mashed Potatoes
 Steamed Corn
 Fresh Vegetables with Dip
 Assorted Fruit **18**

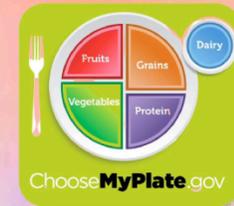
***Chicken Tenders with Dutch Waffle**
***Cheese Pizza**
 Spinach Salad
 Fresh Vegetables with Dip
 Assorted Fruit **19**

***Pizza Sticks with Marinara Sauce**
***Hot Dog on Bun**
 Seasoned Pasta
 Fresh Vegetables with Dip
 Assorted Fruit
 Homemade Apple Crisp **20**



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 *Yogurt Meal with String Cheese,
 *Assorted Salads,
 *Fresh Deli Sandwich,
 *PBJ Sandwich

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***Hot Dog on Bun**
***Cheesburger on Bun**
 Smile Fries
 Baked Beans
 Fresh Vegetables with Dip
 Assorted Fruit
 Fresh Baked Cookie **23**

***Chicken Nuggets with Scooby Snacks**
***Hot Dog on Bun**
 Mashed Potatoes
 Steamed Corn
 Fresh Vegetables with Dip
 Assorted Fruit **24**

***French Toast Sticks with Syrup**
 Sausage Links
***Cheese Pizza**
 Hash Brown Patty
 Fresh Vegetables with Dip
 Assorted Fruit **25**

***Crispy Chicken Sandwich**
***Cheese Pizza**
 French Fries
 Fresh Vegetables with Dip
 Assorted Fruit **26**

***Pepperoni or Cheese Pizza**
***Cheesburger on Bun**
 Glazed Carrots
 Romaine Salad
 Fresh Vegetables with Dip
 Assorted fruit **27**

***Orange Chicken over Steamed Rice**
***Stuffed Crust Pizza**
 Steamed Broccoli
 Fresh Vegetables with Dip
 Assorted Fruit **2**

***Pillsbury Cinnamon Roll**
 Yogurt Cup & String Cheese
***Cheese Pizza**
 Smile Fries
 Fresh Vegetables with Dip
 Assorted Fruit **3**

***Chicken Nuggets Dinner Roll**
***Cheese Pizza**
 Mashed Potatoes
 Steamed Green Beans
 Fresh Vegetables with Dip
 Assorted Fruit **4**

***Rotini & Meatballs with Marinara Sauce**
***French Bread Pizza**
 Garlic Knot
 Romaine Salad
 Fresh Vegetables with Dip
 Assorted Fruit **5**

***Pizza Sticks with Marinara Sauce**
***Hot Dog on Bun**
 Seasoned Pasta
 Fresh Vegetables with Dip
 Assorted Fruit **6**