

HAPPY  
*Valentine's Day*

# FEBRUARY MIDDLE SCHOOL LUNCH MENU

Student Paid-\$3.35  
Student Reduced -Free  
Adult Lunch- \$5.50

## SERVED DAILY

1% White Milk & 1% Chocolate Milk,  
\*Hamburger, \*Cheeseburger,  
Spicy Chicken Bites, Crispy Chicken  
Sandwich  
\*Assorted Salads,  
\*Fresh Deli Sandwich,  
PBJ Sandwich

## HARVEST OF THE MONTH:

.....

Did you know, mushrooms are most commonly mistaken as vegetables but they are really fungi. Unlike plants, they need very little light to survive and are high in B-vitamins. Try adding sliced mushrooms to your pizza, salad, and steak!

For more information, menus, payment options, [SchoolCafe.com](http://SchoolCafe.com), and more, please visit [elcosd.org](http://elcosd.org) and follow the tabs to Food Services

MON

TUE

WED

THU

FRI

**\*Pizza Sticks with  
Homemade Dipping Sauce  
\*Big Daddy's Pizza  
Romaine Salad  
Fresh Vegetables with Dip  
Assorted Fruit**

2

**\*Chicken Tenders with  
Dutch Waffle  
Tater Tots  
\*Big Daddy's Pizza  
California Blend  
Fresh Vegetables with Dip  
Assorted Fruit**

3

**\*Walking Tacos  
\*Big Daddy's Pizza  
Fiesta Beans  
Mexican Street Corn  
Fresh Vegetables with Dip  
Assorted Fruit  
Fresh Baked Cookie**

4

**\*Penne Pasta with Marinara or  
Alfredo Sauce  
Meatballs or Grilled Chicken  
Garlic Knot  
\*Big Daddy's Pizza  
Tossed Salad  
Fresh Vegetables with Dip  
Assorted Fruit**

5

**\*Justino's Pizza  
Goldfish Crackers  
Caesar Salad  
Fresh Vegetables with Dip  
Assorted Fruit**

6

**\*French Toast Sticks  
Sausage Links  
Hash Brown Patty  
\*Big Daddy's Pizza  
Fresh Vegetables with Dip  
Assorted Fruit**

9

**\*Chicken Bacon Ranch  
Sandwich  
\*Big Daddy's Pizza  
Sweet Potato Fries  
Steamed Green Beans  
Romaine Salad  
Fresh Vegetables with Dip  
Assorted Fruit**

10

**\*Pizza Crunchers  
Seasoned Pasta  
\*Big Daddy's Pizza  
Glazed Carrots  
Fresh Vegetables with Dip  
Assorted Fruit**

11

**\*Macaroni & Cheese  
Steamed Broccoli  
Dinner Roll  
\*Big Daddy's Pizza  
Fresh Vegetables with Dip  
Assorted Fruit  
Mini Ice Cream Sandwich**

12

**Cream of Tomato Soup  
Texas Toast Grilled  
Cheese Sandwich  
\*Big Daddy's Pizza  
Fresh Vegetables with Dip  
Assorted Fruit  
Valentine Cookie**

13

NO  
School  
Today

**\*Hot & Spicy or Regular  
Popcorn Chicken Raider Bowl  
Mashed Potatoes with Gravy  
Steamed Corn  
\*Big Daddy's Pizza  
Romaine Salad  
Fresh Vegetables with Dip  
Assorted Fruit**

17

**Burger Of The Month  
\*Mushroom Swiss Burger  
Potato Wedges  
\*Big Daddy's Pizza  
Steamed Cauliflower  
Fresh Vegetables with Dip  
Assorted Fruit**

18

**\*Breakfast Egg Sandwich with  
Choice of Bacon or Sausage  
Tater Tots  
\*Big Daddy's Pizza  
Fresh Vegetables with Dip  
Assorted Fruit  
Homemade Apple Crisp**

19

**\*Tossed Boneless  
Chicken Wings  
BBQ or Hot Sauce  
Dinner Roll  
\*Big Daddy's Pizza  
Hush Puppies  
Fresh Vegetables with Dip  
Assorted Fruit**

20

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\*Hamburger, \*Cheeseburger,  
\*Spicy Chicken Bites,  
\*Crispy Chicken Sandwich,  
\*Assorted Salads,  
\*Fresh Deli Sandwiches,  
\*PBJ Sandwich

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MON

TUE

WED

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FRI

Select one **\*lunch entrée**, milk, and up to two fruits and two veggies for a complete meal!

**\*Corn Dog Nuggets**  
**Smile Fries**  
**Soft Pretzel Stick**  
**\*Big Daddy's Pizza**  
**Steamed Broccoli**  
**Fresh Vegetables with Dip**  
**Assorted Fruit**

23

**\*General Tso's Chicken**  
**over Steamed Rice**  
**Fortune Cookie**  
**\*Big Daddy's Pizza**  
**Steamed Broccoli**  
**Fresh Vegetables with Dip**  
**Assorted Fruit**

24

**\*Chicken Potstickers**  
**with Teriyaki Sauce**  
**Fried Rice**  
**\*Big Daddy's Pizza**  
**Asian Spinach Salad**  
**Fresh Vegetables with Dip**  
**Assorted Fruit**

25

**\*Cheese Steak Sandwich**  
**Smiley Fries**  
**\*Big Daddy's Pizza**  
**Tossed Salad**  
**Fresh Vegetables with Dip**  
**Assorted Fruit**  
**Fresh Baked Cookie**

26

**\*Nacho Bar\***  
**Choice of Chicken Tinga or**  
**Pork Carnitas**  
**Queso Cheese Sauce**  
**Salsa & Shredded Lettuce**  
**\*Big Daddy's Pizza**  
**Fresh Vegetables with Dip**  
**Assorted Fruit**

27

**\*Pizza Sticks with**  
**Homemade Dipping Sauce**  
**\*Big Daddy's Pizza**  
**Romaine Salad**  
**Fresh Vegetables with Dip**  
**Assorted Fruit**

2

**\*Chicken Tenders with**  
**Curly Fries**  
**Dinner Roll**  
**\*Big Daddy's Pizza**  
**California Blend**  
**Fresh Vegetables with Dip**  
**Assorted Fruit**

3

**\*Walking Tacos**  
**\*Big Daddy's Pizza**  
**Fiesta Beans**  
**Mexican Street Corn**  
**Fresh Vegetables with Dip**  
**Assorted Fruit**

4

**\*Penne Pasta with Marinara or**  
**Alfredo Sauce**  
**Meatballs or Grilled Chicken**  
**Garlic Knot**  
**\*Big Daddy's Pizza**  
**Tossed Salad**  
**Fresh Vegetables with Dip**  
**Assorted Fruit**

5

**\*Hot Dog on Roll**  
**Macaroni & Cheese**  
**\*Big Daddy's Pizza**  
**Glazed Baby Carrots**  
**Fresh Vegetables with Dip**  
**Assorted Fruit**

6

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