

HAPPY
Valentine's Day

FEBRUARY HIGH SCHOOL LUNCH MENU

Student Paid- \$3.35
Student Reduced- Free
Adult Lunch- \$5.50

SERVED DAILY

1% White Milk & 1% Chocolate Milk,
*Assorted Pizza, *Hamburger,
*Cheeseburger, *Fresh Deli
Sandwiches
*Fresh Salads, *PBJ Sandwich

HARVEST OF THE MONTH:

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Did you know, mushrooms are most commonly mistaken as vegetables but they are really fungi. Unlike plants, they need very little light to survive and are high in B-vitamins. Try adding sliced mushrooms to your pizza, salad, and steak!

For more information, menus, payment options, SchoolCafe.com, and more, please visit elcosd.org and follow the tabs to Food Services

MON

TUE

WED

THU

FRI

Select one ***lunch entrée**, milk, and up to two fruits and two veggies for a complete meal!

***Pizza Sticks with
Homemade Dipping Sauce
*Spicy Chicken Bites
*Taco Pizza
Fresh Vegetables with Dip
Romaine Salad
Assorted Fruit**

2

***Raiders App Sampler*
Chicken Tenders, Pretzel Rod
Mozzarella Sticks
Steamed Broccoli
Crispy Chicken Sandwich
*Hawaiian Pizza
Fresh Vegetables with Dip
Assorted Fruit**

3

***Detroit Style
Deep Dish Pepperoni Pizza
Crispy Chicken Sandwich
Potato Wedges
*Chicken Bacon Ranch Pizza
Caesar Salad
Fresh Vegetables with Dip
Assorted Fruit**

4

***Walking Tacos
*Spicy Chicken Bites
*Meat Lovers Pizza
Fiesta Beans
Steamed Rice
Fresh Vegetables with Dip
Assorted Fruit
Fresh Baked Cookie**

5

*** Buffalo Chicken Dip
Tortilla Chips
*Hot Ham & Cheese on
Pretzel Roll
*White Pizza
Fresh Vegetables with Dip
Assorted Fruit**

6

***Chicken Parmesan Sandwich
*Hot Ham and Cheese on
Pretzel Roll
French Fries
*BBQ Chicken Pizza
Fresh Vegetables with Dip
Assorted Fruit**

9

***Pork Carnitas Totchos
Mini Corn on the Cob
Coleslaw
*Hot & Spicy Chicken
Sandwich
*Buffalo Chicken Pizza
Fresh Vegetables with Dip
Valentine Cookie**

10

***Popcorn Chicken Raider Bowl
Mashed Potatoes
Steamed Corn
*Hot Ham & Cheese Sandwich
*Meat Lovers Pizza
Fresh Vegetables with Dip
Assorted Fruit**

11

***Tossed Boneless
Chicken Wings
Dinner Roll
*Meatball Parmesan
Sandwich
*Hawaiian Pizza
Hush Puppies
Fresh Vegetables with Dip**

12

**Burger of the Month
BBQ Bacon Cheeseburger
French Fries
Crispy Chicken Sandwich
*Chicken Bacon Ranch Pizza
Fresh Vegetables with Dip
Assorted Fruit**

13

NO
School
Today

***Homemade Chicken
Quesadilla
Mexican Rice/Fiesta Beans
Chicken Bacon Ranch
Sandwich
*Hot Honey Pepperoni Pizza
Fresh Vegetables with Dip
Assorted Fruit**

17

***Penne Pasta with Marinara or
Alfredo Sauce
Meatballs or Grilled Chicken
*Hot Ham & Cheese
on Pretzel Roll
*Veggie Pizza
Fresh Vegetables with Dip
Assorted Fruit**

18

***Chicken Tenders
with Dutch Waffle
*Cowboy Burger
*Spicy Chicken Pizza
Fresh Vegetables with Dip
Assorted Fruit
Ice Cream Cup**

19

***Mozzarella Sticks with
Homemade Dipping Sauce
Steamed Carrots
Seasoned Pasta
*Spicy Chicken Bites
*Taco Pizza
Fresh Vegetables with Dip
Assorted Fruit**

20

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Nacho Bar
Choice of Chicken Tinga or
Pork Carnitas
Queso Cheese Sauce
Salsa & Shredded Lettuce
French Fry Pizza
Fresh Vegetables with Dip
Assorted Fruit **23**

***Chicken Nuggets
with Dinner Roll**
***Hot Ham & Cheese
on Pretzel Roll**
French Fries
***Meat Lovers Pizza**
Fresh Vegetables with Dip
Assorted Fruit **24**

***Toasted Cheeseburger**
***BBQ Cheddar Chicken Breast**
Sandwich
Coleslaw
French Fries
***White Pizza**
Fresh Vegetables with Dip
Assorted Fruit **25**

***Orange Chicken
over Rice**
Steamed Broccoli
Fortune Cookie
***Spicy Chicken Bites**
***Hawaiian Pizza**
Fresh Vegetables with Dip
Assorted Fruit **26**

***French Bread Pizza**
Tater Tots
Steamed Green Beans
***Crispy Chicken Sandwich**
***Hot Honey Pepperoni Pizza**
Fresh Vegetables with Dip
Assorted Fruit
Homemade Apple Crisp **27**

***Pizza Sticks with
Homemade Dipping Sauce**
***Spicy Chicken Bites**
***Taco Pizza**
Fresh Vegetables with Dip
Romaine Salad
Assorted Fruit **2**

***Tossed Boneless
Chicken Wings**
***Hot Ham & Cheese
on Pretzel Roll**
***BBQ Chicken Pizza**
Hush Puppies
Fresh Vegetables with Dip **3**

***Pulled Pork on Kaiser Roll**
Smashed Baby Baker Potatoes
Baked Beans
***Crispy Chicken Sandwich**
***Taco Pizza**
Fresh Vegetables with Dip
Assorted Fruit **4**

***Walking Tacos**
Fiesta Beans
Steamed Rice
***Spicy Chicken Bites**
***Hawaiian Pizza**
Fresh Vegetables with Dip
Assorted Fruit
Fresh Baked Cookie **5**

***Buffalo Chicken Dip**
Tortilla Chips
***Hot Ham & Cheese on
Pretzel Roll**
***White Pizza**
Fresh Vegetables with Dip
Assorted Fruit **6**

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