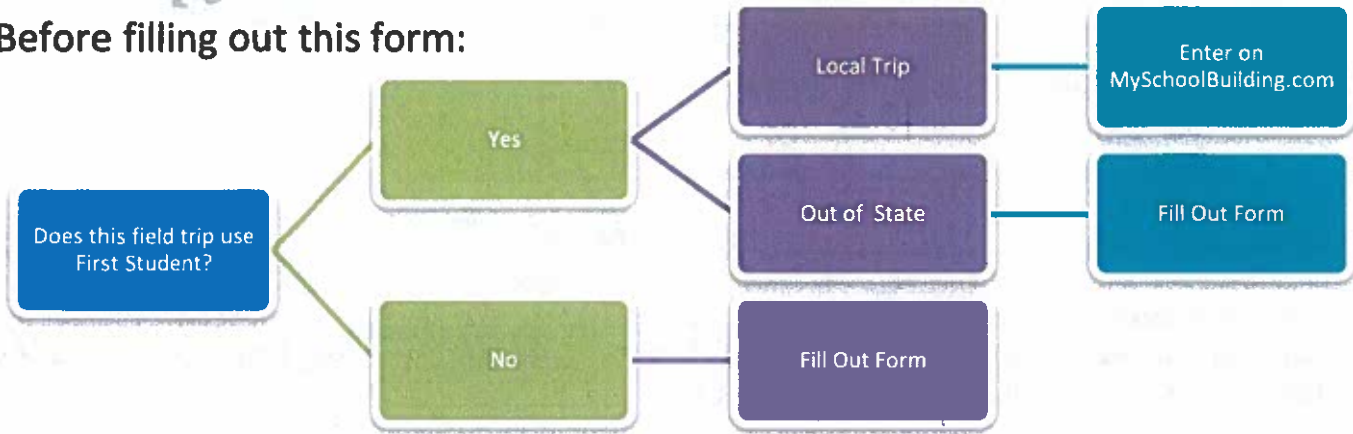




HAMDEN BOARD OF EDUCATION SCHOOL-SPONSORED FIELD TRIP REQUEST FORM

Before filling out this form:



Local field trip requests must be submitted through www.myschoobuilding.com. Trips must still be entered 15 days before the date of trip, for in-state trips. All out-of-state trips must be approved by the board, first through the Curriculum Committee and then the full board at their next meetings (schedule available on hamden.org). www.myschoolbuilding.com is for use with FIRST STUDENT buses ONLY. If transportation other than First Student is required, this form must be completed, approved, and scanned to [Taryn Donnarummo-tdonnarummo@hamden.org](mailto:Taryn.Donnarummo-tdonnarummo@hamden.org) to keep on file at the Board of Education.

Name of Staff Member Requesting Permission: Elisa James / Janine Gaffney

Date Request Submitted to Principal: Jan. 13, 2026

School: Hamden H.S. Subject: Extra-curricular

1. Educational Objective for Trip: See attached

2. Type of Trip: Check the appropriate box(s)

Field Trip: In-State Field Trip: Out-of-State Trips/Exchanges Overnight Extracurricular International

3. Trip Information:

a) Trip Name: Ski & Snowboard Club

b) Trip Date: Feb. 20, 2026

c) Trip Destination: Ski Butternut 380 State Road, Great Barrington, MA, 01230

d) Organization: (Classroom Grade) Grades 9-12

e) Transportation Type: Regular School Bus Wheelchair Bus Coach Bus Walking

f) Name of Carrier: First Student Other: Do Not enter onto Website

Continue on back for signatures →

g) Cost of Transportation: \$ 2000.00 ~ Source of Funds: Families/fund raising

*Account number trip is being paid from (Department) _____

First Student trips requiring payment must be paid for in advance. Send check to First Student Inc, 22157 Network Place, Chicago, IL 60673-1221 with the trip ID number AND/OR quote number you received.

h) Departure/Arrival Time:

- Time Depart from School: 10:00 am
- Time Return to School: 6:00 pm

i) Number of Students: 50+ Number of Adults: 5-

Field Trip 1 teacher plus 1 additional person for every 15 students or part thereof

Exchange Programs 1 teacher plus 1 additional person for every 10 students or part thereof

j) Names of teachers serving as chaperones: Elisa James, Janine Gaffney, Mike Cebula, Caled Turner
Names of others serving as chaperones: TBD

4. Fill all that apply

- a) Total Cost per Student: ~\$ 70.00 What does this cost include? lift ticket/bus
- b) Emergency Contact Name: Elisa James Cell Phone: 803-494-4789
- c) Special Medical Requirements: N/A

SIGNATURES:

Director: _____ Date: _____

* Is this trip connected to the curriculum? Yes No

Principal: [Signature] Date: 1.15.26

Nurse: [Signature] Date: 1/15/26

Assistant Superintendent: _____ Date: _____

Hamden High Ski and Board Club Objectives

Skiing is a wonderful, healthy excursion that promotes outdoor physical activity. We have applied the following Health/PE standards to our trip and have explained how skiing promotes each of these standards. Furthermore, we have also included the Skier's Code of Responsibility as outlined by the National Ski Areas Association.

Standard 3 Demonstrate the ability to practice health-enhancing behaviors to reduce health risks

The intent of this standard is the achievement of self-initiated behaviors that promote a healthy and balanced life. Research confirms that many diseases and injuries can be prevented by avoiding or reducing harmful risk-taking behaviors. Strategies used to maintain and improve positive health behaviors will use knowledge and skills that help students become critical thinkers and problem-solvers. *(A lot of our skiers are new to the club and are eager to learn a new, highly skilled activity. Skiing, even downhill, requires physical stamina.)*

Standard 6 Demonstrate the ability to use decision-making skills to enhance health

This standard involves the ability of the learner to use the process of decision-making to implement and sustain health-enhancing behaviors. This essential, lifelong skill makes it possible for individuals to transfer health knowledge into healthy and balanced living. *(The skiers code demands that skiers always maintain control. Skiers are responsible for knowing their own ability level and not to put themselves or others at risk.)*

Standard 7 Use the goal-setting process to enhance health

This standard involves the ability of the learner to use the goal-setting process to improve health. This essential, life-long skill enables individuals to formulate and implement an effective plan for healthy and balanced living. *(Skiers can't help but to always improve their abilities. When you're out in nature and want to participate, you have to be physically fit in order to do so. Though skiing is an individualist activity, skiers usually ski in group settings which propel people to improve their abilities in order to stay with the group.)*

Standard 11 Participate regularly in physical activity

The intent of this standard is the establishment of patterns of regular participation in meaningful physical activity. This standard connects what is done in the physical education class with the lives of students outside the classroom. Although participation within the physical education class is important, what the student does outside the physical education class is crucial to developing an active, healthy lifestyle that has the potential to help prevent a variety of problems among future generations of adults. Students make use of the skills and knowledge

learned in physical education class as they engage in regular physical activity outside the physical education class. They demonstrate effective self-management skills that enable them to participate in physical activity on a regular basis. (*Skiing often develops into a life-long activity. Our day trip will expose kids to the multitude of opportunities to ski with clubs, groups, and families.*)

Standard 14 Value physical activity for health, enjoyment, challenge, self-expression and/or social interaction

The intent of this standard is development of an awareness of the intrinsic values and benefits of participation in physical activity that provides personal meaning. Physical activity provides opportunities for self-expression and social interaction and can be enjoyable, challenging and fun. These benefits develop self-confidence and promote a positive self-image, thereby enticing people to continue participation in activity throughout the life span. (*Yes, skiing does all of this!*)

Seven Points to Your Responsibility Code

1. Always stay in control, and be able to stop or avoid other people or objects.
2. People ahead of you have the right of way. It is your responsibility to avoid them.
3. You must not stop where you obstruct a trail, or are not visible from above.
4. Whenever starting downhill or merging into a trail, look uphill and yield to others.
5. Always use devices to help prevent runaway equipment.
6. Observe all posted signs and warnings. Keep off closed trails and out of closed areas.
7. Prior to using any lift, you must have the knowledge and ability to load, ride and unload safely.