

Breakfast Menu

James I. O'Neill HS

February 2026

WHITSONS FAMILY OF COMPANIES
WWW.WHITSONS.COM

Monday

Tuesday

Wednesday

Thursday

Friday

2 Egg and Cheese Sandwich 
100% Apple Juice
Unflavored 1% Milk
Fat Free Chocolate Milk
Diced Peaches
Mini Cinnamon Pull Apart Roll 

3 Egg and Cheese Sandwich 
Unflavored 1% Milk
Fat Free Chocolate Milk
100% Apple Juice
Diced Pear Cup
WW Honey Bun 

4 WG Donut 
Egg and Cheese Sandwich 
Unflavored 1% Milk
Fat Free Chocolate Milk
100% Apple Juice
Diced Pear Cup

5 Egg and Cheese Sandwich 
100% Apple Juice
Unflavored 1% Milk
Spicy Country Breakfast Bowl
warm potatoes with eggs, cheese and salsa  

6 Egg and Cheese Sandwich 
100% Apple Juice
Unflavored 1% Milk
Sausage, Egg & Cheese Burrito*
sausage, egg, cheese and peppers wrapped inside a flour tortilla 

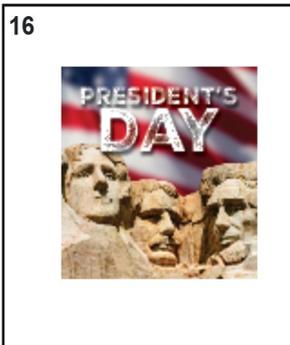
9 Maple Mini Waffles 
Egg and Cheese Sandwich 
Fresh Apple
100% Apple Juice
Fat Free Chocolate Milk
Unflavored 1% Milk
Mixed Fruit

10 Sausage, Egg and Cheese Sandwich
Unflavored 1% Milk
100% Apple Juice
Overnight Oatmeal *oatmeal mixed with yogurt, milk, strawberries and blueberries*  

11 Egg and Cheese Sandwich 
WW Honey Bun 
100% Apple Juice
Fresh Apple
Unflavored 1% Milk
Fat Free Chocolate Milk
Mixed Fruit

12 Egg and Cheese Sandwich 
Chocolate Glazed Donut with Cereal Topping 
100% Apple Juice
Unflavored 1% Milk
Fat Free Chocolate Milk
Mixed Fruit

13 Egg and Cheese Sandwich 
Fresh Orange
100% Apple Juice
Unflavored 1% Milk
Fat Free Chocolate Milk
Mixed Fruit



18 Egg and Cheese Sandwich 
Sausage, Egg and Cheese Sandwich
100% Apple Juice
Unflavored 1% Milk
Fat Free Chocolate Milk
Diced Peaches

19 WW Honey Bun 
Egg and Cheese Sandwich 
Unflavored 1% Milk
Fat Free Chocolate Milk
100% Apple Juice
Diced Peaches



23 Cinnamon French Toast 
Egg and Cheese Sandwich 
Unflavored 1% Milk
Fat Free Chocolate Milk
100% Apple Juice

24 Maple Mini Waffles 
Egg and Cheese Sandwich 
Fresh Orange
Unflavored 1% Milk
Fat Free Chocolate Milk
100% Apple Juice

25 Bacon, Egg and Cheese Breakfast Sandwich 
Sausage, Egg and Cheese Sandwich
Unflavored 1% Milk
Fat Free Chocolate Milk
100% Apple Juice

26 Egg and Cheese Sandwich 
Fresh Apple
Unflavored 1% Milk
Fat Free Chocolate Milk
100% Apple Juice
Strawberry Mini Bagel 
National Strawberry Day

27 Egg and Cheese Sandwich 
Or Maple Mini Waffles 
Fresh Orange
100% Apple Juice
Unflavored 1% Milk
Fat Free Chocolate Milk
Mixed Fruit

View this menu on the mobile app, FDMealPlanner, or on the web at www.FDMealPlanner.com.

*Consuming raw or under cooked meat, poultry, seafood, shellfish or eggs may increase your risk of food borne illness, especially if you have certain medical conditions.

**Menu is subject to change, notice posted when available. If you have a food allergy, or intolerance, please notify us.

***In accordance with federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, this institution is prohibited from discriminating on the basis of race, color national origin, sex (including gender identity and sexual orientation), disability, age, or reprisal or retaliation for prior civil rights activity. This institution is an equal opportunity provider.

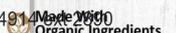
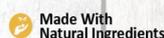
Breakfast Prices

1st Meal no charge
2nd \$2.75
Adult Breakfast: \$4.00
(+Tax = \$4.24)
Extra Milk \$0.85

Available Daily

Assorted WG Cereal ~ Cereal Bars ~ Muffins~
Bagels ~ Egg Sandwiches - Milk and
Fruit / Fruit Juices.
String Cheese ~ Graham Cracker ~ Yogurt

If you have any questions or would like additional information regarding this menu please contact your food service



Director Kathy Calkins at 845-446-4814