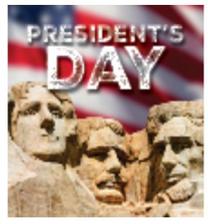


Lunch Menu

HFIS

February
2026

WHITSONS FAMILY OF COMPANIES
WWW.WHITSONS.COM

Monday	Tuesday	Wednesday	Thursday	Friday
<p>2 Homemade Mac & Cheese   Dinner Rolls Steamed Peas Diced Pear Cup Unflavored 1% Milk Fat Free Chocolate Milk</p>	<p>3 Tot Spot's BBQ Chicken Tater Tots  Pear and Pineapple Cup Unflavored 1% Milk Fat Free Chocolate Milk</p>  <p>National Tator Tot Day</p>	<p>4 Yard Bird Classic Chicken Sandwich Spiced Roasted Green Beans w/ Parmesan Oven Baked Fries Mixed Fruit Unflavored 1% Milk Fat Free Chocolate Milk Fat Free Chocolate Milk</p> 	<p>5 Homemade Pasta & Meatballs  Steamed Broccoli Homemade Garlic Bread Mixed Fruit Fat Free Chocolate Milk Unflavored 1% Milk Fat Free Chocolate Milk</p>	<p>6 Cheese Pizza   Pepperoni Pizza   Oven Baked Fries Cinnamon & Honey Roasted Beans Mixed Fruit Unflavored 1% Milk Fat Free Chocolate Milk</p> 
<p>9 Fluffy Whole Grain Pancakes  Sausage Patty Syrup Oven Baked Fries Applesauce Unflavored 1% Milk Fat Free Chocolate Milk</p>	<p>10 Nachos Grande Side of Beans Fiesta Corn Salsa Fresh Orange Cinnamon Applesauce Unflavored 1% Milk Fat Free Chocolate Milk</p>	<p>11 General Tso's Chicken  Brown Rice Sauteed Vegetable Medley Fresh Orange Applesauce Unflavored 1% Milk Fat Free Chocolate Milk</p>	<p>12 Cheesy Stuffed Bread Sticks  Tomato Sauce Oven Baked Fries Applesauce Unflavored 1% Milk Fat Free Chocolate Milk</p> 	<p>13 Muffin Lunch  Bagel Lunch  Fresh Orange Unflavored 1% Milk Fat Free Chocolate Milk Early Release 1/2 Day  Grab and Go  Meals available</p>
<p>16</p> 	<p>17</p> 	<p>18 Buffalo Chicken Sauce & Toss With Celery And Fresh Baby Carrots Oven Baked Fries Fresh Apple Diced Pear Cup</p>	<p>19 Cheeseburger Crispy Potato Puffs Diced Pear Cup Unflavored 1% Milk Fat Free Chocolate Milk Baked Beans</p>	<p>20 Cheese Pizza   Pepperoni Pizza   Sauteed Spinach Diced Pear Cup Unflavored 1% Milk Fat Free Chocolate Milk</p>
<p>23 Homemade Roasted Pepper & Chicken with Pasta  Cheesy Garlic Bread Side Salad Fresh Orange Unflavored 1% Milk Fat Free Chocolate Milk</p> 	<p>24 Walking Taco Yellow Rice Salsa Sriracha Garbanzo Beans Fresh Peach Unflavored 1% Milk Fat Free Chocolate Milk</p>	<p>25 Crispy Chicken Drumstick Vegetable Rice Pilaf Whole Wheat Dinner Roll Spicy Honey Carrots Unflavored 1% Milk Fat Free Chocolate Milk Fresh Orange</p>	<p>26 Bacon, Egg and Cheese Breakfast Sandwich  Fresh Orange Unflavored 1% Milk Fat Free Chocolate Milk</p> <p>Early Release 1/2 Day  Grab and Go Lunches</p>	<p>27 Fluffy Whole Grain Waffles  Fresh Baby Carrots Fresh Banana Unflavored 1% Milk Fat Free Chocolate Milk Syrup</p> <p>Early Release 1/2 Day  Grab and Go Lunches</p>



View this menu on the mobile app, FDMealPlanner, or on the web at www.FDMealPlanner.com.

*Consuming raw or under cooked meat, poultry, seafood, shellfish or eggs may increase your risk of food borne illness, especially if you have certain medical conditions.

**Menu is subject to change, notice posted when available. If you have a food allergy, or intolerance, please notify us.

***In accordance with federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, this institution is prohibited from discriminating on the basis of race, color national origin, sex (including gender identity and sexual orientation), disability, age, or reprisal or retaliation for prior civil rights activity. This institution is an equal opportunity provider.

Lunch Prices

First Meal no cost

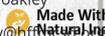
2nd Meal: \$3.25 Adult: \$5.09 + tax
Milk: \$0.85

If you have any questions or would like more information, please contact your Food Service Director

Kathy Coakley



Vegetarian



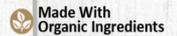
Made With Natural Ingredients



Pork



Smart Choice



Made With Organic Ingredients

Daily Lunch Offerings:

Fresh Vegetable sides

Grab and Go Sandwiches - Turkey/Ham with Or Without Cheese on WG breads, Entree Salads: Chicken Salads, Chef Salads. Garden Salads with Cheese (all served with WG Roll). Fruit Parfait with Granola. A variety of Fresh Fruits and Vegetables available daily.